

# QUICK FACTS: GREATER TORONTO AREA STREAM

## University of Toronto Family Medicine Residency Program

FM: Family Medicine · FM Obs: Family Medicine Obstetrics · FMTU: Family Medicine Teaching Unit · PGY1/2: Postgraduate Year 1/2 · ER: Emergency Medicine · Obs/Gyn: Obstetrics & Gynecology  
 CTU: Clinical Teaching Unit (Internal Medicine - Team) · (G)IM: General Internal Medicine · MSK: Musculoskeletal Medicine (Sports Medicine) · FIS: Family Inpatient Service (Internal Medicine) · Neuro: Neurology

	Markham Stouffville Hospital	Mount Sinai Hospital	North York General Hospital	St Joseph's Health Centre	St Michael's	Sunnybrook Health Sciences Centre	Scarborough and Rouge Hospital	Toronto East Health Network	Toronto Western Hospital	Trillium Health Partners: Credit Valley Hospital	Trillium Health Partners: Mississauga Hospital	Women's College Hospital
<b>Curriculum Format</b>	Horizontal	Horizontal	Block	Block	Block; Horizontal Option in PGY2	Block	Block	Block	Horizontal	Horizontal	Horizontal	Block
<b>FM Structure</b>	Hospital Based FMTU	Hospital Based FMTU	Community Offices FM	Hospital Based FMTU	Hospital Based FMTU	Hospital Based FMTU	Community Offices FM	Hospital Based FMTU/Community FM	Hospital Based FMTU	Hospital Based FMTU	Hospital Based FMTU	Hospital Based FMTU
<b>FM Clinical Experience</b>	Resident Practice	Resident Practice	Preceptor Based	Residents practice from patients of the home clinic	Resident Practice with other patients from same clinic	Resident Practice, (from main preceptors practice)	Preceptor Based with resident practice	Resident Practice	Resident Practice	Resident Practice with Staff Physician overflow patients	Resident Practice with Staff Physician overflow patients	Resident Practice
<b>Elective/ Selective Time PGY1, PGY2</b>	2 blocks, 7 blocks	1 block, 7 blocks	2 blocks, 4 blocks	2 blocks, 3 blocks	1.5 block, 6 blocks	1 block, 7 blocks	1 block, 4 blocks	1 block, 2 blocks & 1 day/week selective on FM	4 blocks, 7 blocks	3 blocks, 4 blocks	3 blocks, 5 blocks	2 blocks, 4 blocks
<b>PGY1 Core Rotations</b>	2 ER 1 Obs/Gyn 1 Pediatrics 2 Medicine 1 Hospitalist 1 Geriatrics 1 MSK 1 Surgery 1 Mental Health 2 Elective	2 ER 2 FM Obs 1 Women's Health 1 Pediatrics ER 1 Community Pediatrics 2 Internal Medicine 1 Palliative 1 Geriatrics 1 MSK 1 Elective	4 FM 1 ER 1 Obs/Gyn 1 Pediatrics 1 Surgery 1 Medicine 1 Hospitalist 1 Psychiatry 2 Elective	4 FM (with FM Obs, Addictions, Palliative) 1 ER 1 Obs/Gyn 1 Pediatrics 1 Obs 1 Pediatrics 2 Medicine (1x CTU at TGH) 1 Psychiatry 2 Selectives 0.5 Addictions 0.5 Palliative	2 FM 0.5 FM Obs 1 ER 1 Obs/Gyn 1 Pediatrics 2 Medicine 1 Geriatrics 1 Surgery 2 Inner City 1.5 Elective	5 FM 1 ER 1 Obs/Gyn 1 Pediatrics 1 Internal Medicine 1 Palliative 1 Geriatrics 1 Psychiatry	3 FM 1 ER 1 Obs/Gyn 1 Pediatrics 1 FM Inpatient/ Geriatrics 1 GIM 1 Medicine Subspecialty Clinics 1 Surgery 1 MSK 1 Psychiatry 1 Elective	5 FM (with FM Obs) 1 ER 1 Obs/Gyn 1 Pediatrics 1 Pediatrics 1 Geriatrics 1 Hospitalist 1 Surgery 1 Psychiatry 1 Elective	1 FM-Enriched 1 ER 2 Obs 1 Pediatrics ER 1 GIM 1 FIS 1 Palliative Care 1 Psychiatry 4 Elective	2 ER 2 Obs 2 Pediatrics 1 FM Hospitalist 1 CTU 1 Mental Health 1 Derm/MSK	2 ER 1 Obs 2 Pediatrics 2 CTU 1 Neuro/MSK 1 Surgery/ Procedures 1 Psychiatry 3 Elective	4 FM 1 ER 1 Obs 1 Pediatrics ER 1 IM 1 Geriatrics 1 Palliative care 1 Psychiatry 2 Electives
<b>PGY2 Core Rotations</b>	1 ER 1 Obs/Gyn Selective 1 Pediatrics Selective 1 Ambulatory Medicine Core 1 Ambulatory Medicine Selective 1 Palliative Care 1 Health Equity Selective 4 Electives	1 ER 1 Obs 1 Endocrinology 1 Cardiology 2 TP 7 Electives	2 FM 1 ER 1 Obs/Gyn 1 Pediatrics 1 Geriatrics 1 Palliative 4 Electives	2 FM (with FM Obs) 1 ER 1 Women's Health 1 Pediatrics 1 MSK 1 Geriatrics 1 Medicine 3 Electives	2 FM 1 Women's Health 1 Medicine Selective 1 Palliative Care 1 Psychiatry	2 FM 1 ER 1 MSK 4 Selective (IM, Gynecology, Pediatrics, Surgery) 7 Electives	3 FM 1 ER 1 Pediatrics Subspecialty Clinics, 1 GIM 1 Palliative Care 4 Electives	3 FM 1 ER 1 Obs/Gyn 1 Pediatrics 1 Medicine 1 Geriatrics 1 Palliative 2 Electives	1 Pediatrics 1 Mom/Newborn 1 FIS 1 MSK 7 Electives	1 Pediatrics 1 FM Hospitalist 1 CTU 1 Geriatrics 1 Palliative 1 Medicine Subspecialty Clinics 4 Electives 1 ER	1 ER 1 Women's Health 1 Pediatrics 1 CTU 1 Geriatrics 1 Palliative 5 Electives	2 FM (with low risk Obs) 2 TP 1 ER 1 Surgery 1 Women's Health 1 Medicine 1 Pediatrics 4 Electives
2 Teaching Practice (Community based Family Medicine experience) – <b>Access to car is required</b>												

## CONTINUED - Quick Facts: *GTA Stream* – U of T Family Medicine Residency Program

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<b>Transportation</b>	Car recommended	Public Transit	Public transit Car recommended for most clinics	Public Transit	Public transit, Bike, most clinics/teaching with walking distance from each other	Car recommended but accessible by Public Transit	Car recommended but accessible by Public Transit for most clinics	Public Transit Car recommended if placed at Flemingdon site	Public Transit	Car recommended	Car recommended	Public transit. Bike, shuttle to Sunnybrook
<b>Site Highlights</b>	<ul style="list-style-type: none"> <li>- FM is the only residency program based in the hospital leading to a 1:1 ratio with staff</li> <li>- Strong Global Health/ vulnerable population health focus and exposure</li> <li>- Exposure to comprehensive family medicine including FM OB, Hospitalist, Palliative, Rehab and home visits</li> <li>- Great exposure to bread &amp; butter cases in all your rotations. Especially ER.</li> <li>- Growing Research program with a leading expert in QI and Patient Safety</li> </ul>	<ul style="list-style-type: none"> <li>- Inherit your own resident practice with increased responsibility and continuity of care, representative of future practice</li> <li>- Family Medicine Obs rotation offers opportunity to deliver your own patients with independence, 1:1 learning and continuity of care</li> <li>- No Surgery rotation</li> </ul>	<ul style="list-style-type: none"> <li>- Large center within GTA with a community hospital feel; minimal service component, overnight call and learner focused scheduling</li> <li>- FM Residents are the only permanent residents in hospital, typically 1:1 with staff</li> <li>- One of the most highly rated and busiest EDs in the city. Variety of cases, innovative shift structure, and always 1:1 with staff eager to teach</li> <li>- Strong Obs exposure</li> </ul>	<ul style="list-style-type: none"> <li>- FM residents primarily based out of hospital, with Medicine, Obs, and Psychiatry residents rotating through the hospital, therefore good mix of 1:1 learning with specialists, and team-based learning with senior residents</li> <li>- Flexible PGY2 with opportunity to arrange both core and elective rotations outside of St. Joseph's, to tailor your year to your learning needs</li> <li>- Good exposure on FM rotation to addictions, palliative, family Obs, mental health issues, marginalized populations</li> </ul>	<ul style="list-style-type: none"> <li>- Self-Scheduled PGY2 year with opportunity for Horizontal or Block program based on residents individual learning needs</li> <li>- Strong focus and exposure to inner city health, marginalized populations, advocacy, HIV &amp; LGBTQ health</li> <li>- Resident led Evidenced Based Medicine Rounds</li> <li>- Addiction Medicine Clinic</li> <li>- Award winning Teaching, Administration, and Residents</li> <li>- Strong emphasis on Resident Wellness</li> </ul>	<ul style="list-style-type: none"> <li>- Procedure Clinics three times monthly</li> <li>- Exposure to unique and special programs including: house-calls program, adolescent outreach, shared-care with Psychiatry, Diabetes Education</li> <li>- Excellent Academic Half Day Workshops</li> <li>- Strong FM OB exposure</li> <li>- History of success in helping residents to achieve PGY3 placements</li> </ul>	<ul style="list-style-type: none"> <li>- FM is the only residency program based in the hospital; residents work 1:1 with staff and have strong hands on opportunities</li> <li>- Diverse patient population: Scarborough is one of the most ethnically diverse communities in the world which helps teach you to encounter and manage unique pathologies, presentations and challenges</li> <li>- Comprehensive CFPC exam Preparation with multiple sessions on evidence –based medicine, review sessions and Simulated Office Oral practice</li> </ul>	<ul style="list-style-type: none"> <li>- Strong Obs/Family Obs experience: extremely hands on with ability to do the majority of perineal repairs and first assist</li> <li>- Excellent ER program: staff keen to teach and offer independence</li> <li>- FM residents make up majority of residents at TEHN so rotations are tailored to FM and there is strong academic teaching</li> <li>- Call is often 1:1 with supportive staff, excellent teaching support, and opportunities for procedures</li> </ul>	<ul style="list-style-type: none"> <li>- Ample elective time to develop competency in comprehensive enhanced skills</li> <li>- Horizontal program allows for continuity with patients and a graduated sense of responsibility and practice management</li> <li>- Partners in Care course in PGY1 and SOO preparation course in PGY2 help prepare for certification exams</li> </ul>	<ul style="list-style-type: none"> <li>- FM is still the only residency program based out of CVH allowing development of relationships with specialists and family physicians over time and 1:1 learning from staff in a collegial environment</li> <li>- Great teaching staff in FMTU staff who are keen to teach with well-organized academic half days built around 99 topics for FM</li> <li>- Ample teaching opportunities for residents with Mississauga Academy of Medicine (U of T) students e.g. PBLs, clinical skills, Portfolio, core and elective clerks, etc.</li> </ul>	<ul style="list-style-type: none"> <li>- FM residents are the only full time residents in hospital therefore 1:1 with staff, all consultants very friendly and keen teachers</li> <li>- ER rotation is high volume with great teachers and many learning opportunities</li> <li>- Flexible program geared towards resident's unique learning interests</li> </ul>	<ul style="list-style-type: none"> <li>- Access to great ambulatory clinics at Women's College Hospital, including BCBC and Crossroads</li> <li>- FM Residents are the only permanent residents in hospital</li> <li>- Very flexible second year thus able to meet educational objectives</li> <li>- Good exposure to both Obs &amp; Women's Health with many deliveries</li> </ul>

**MORE DETAILS: <http://www.dfcu.utoronto.ca/why-apply-residency-program-overview>**

# QUICK FACTS: *BARRIE or NEWMARKET and RURAL STREAMS*

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	BARRIE or NEWMARKET STREAM		RURAL STREAM			
	Royal Victoria Regional Health Centre	Southlake Regional Health Centre	Midland	Orillia	Port Perry	Orangeville/Grand Valley
<b>Curriculum Format</b>	Horizontal		Horizontal			
<b>FM Structure</b>	Hospital Based FMTU		Community Preceptors			
<b>FM Clinical Experience</b>	Resident practice. Roster of ~175 pts + other residents' pts with acute issues	Resident practice. Roster of 150-200 pts + Staff Physicians patients with acute issues	Preceptor based			
<b>Elective/Selective Time PGY1, PGY2</b>	2 blocks, 3 blocks	2 blocks, 4 blocks and 2 weeks selective	2 blocks, Flexible	2 blocks, Flexible	1 block, Flexible	1 block, Flexible
<b>PGY1 Core Rotations</b>	2 ER 2 Obstetrics 2 Pediatrics 2 Internal Medicine 1 Surgery 1 MSK 1 Mental Health 2 Electives	1 Pediatrics 1 ER 1 Palliative Care 2 Medicine Ambulatory Consults, Medicine Acute Care Units 1.5 MSK 1.5 Obs 1 Surgery: (3 wks. General, 1 wk. Cardiac) 2 weeks Urology, 2 weeks ENT 1 Mental Health	<b>North York General Hospital</b>  4 FM 1 ER 1 Obs/Gyn 1 Pediatrics 1 Surgery		<b>Toronto East General Hospital</b>  4 FM (with FM Obs) 1 ER 1 Obs/Gyn 1 Pediatrics 1 Medicine	
<b>PGY2 Core Rotations</b>	1 ICU 1 ER 1 Hospitalist, 1 Public Health 2 Geriatrics 1 Palliative Care 1 Oncology 3 Electives	1 ER 1 FM Inpatient 1 Mental Health 1 Obs 1.5 Medicine Ambulatory Consults, Cardiology 2 weeks Plastics 2 weeks Oncology	OB, ER Shifts, Inpatient Care, GP Anesthesia, Group/Solo Practice options, Nursing Home Care  <b>Specialist Preceptors:</b> Internal Med, General Surgery, Obs/Gyn, Ophthalmology	OB, ER Shifts, Inpatient Care, GP Anesthesia, Group/Solo Practice Options, Nursing Home Care  <b>Specialist Preceptors:</b> Pediatrics, General Surgery, Urology, Ophthalmology, Dermatology, Internal Medicine, Radiology, ENT, Ortho, Plastics	OB, ER Shifts, Inpatient Care, GP Anesthesia, Group/Solo Practice options, Nursing Home Care Group Practice  <b>Specialist Preceptors:</b> Internal Medicine, General Surgery, Radiology	OB, ER Shifts, Inpatient Care, GP Anesthesia, Group/Solo Practice options, Nursing Home Care <b>Specialist Preceptors:</b> Plastic Surgery, Methadone, Hep C Clinic  <b>Orangeville:</b> ER shifts, OB, FM clinic, Inpatient if part of preceptor's practice, selective subspecialty clinics
	2 Teaching Practice (Community based Family Medicine Experience)					
<b>Population</b>	approximately 140,000	approximately 85,000	16,000	30,000	7,500 Sunderland 1000	Orangeville: 27,000, GV: 1,600
<b>Site Highlights</b>	<ul style="list-style-type: none"> <li>- Independence + responsibility: As the primary care provider both in FM clinic and specialty rotations, you provide good continuity of care + learn how to independently + confidently manage patients. FM Obs offers opportunity to deliver your own pts.</li> <li>- Strong supervisors with great 1 on 1 learning opportunities. FM is only core residency program therefore, little competition for learning experiences. All rotations are based out of RVH enabling residents to build relationships with local specialist.</li> <li>- Large regional health care center with a community hospital feel. Minimal service component on call with focus on learning opportunities</li> <li>- tight-knit group of residents with many organized social activities</li> </ul>	<ul style="list-style-type: none"> <li>- Responsible for a roster of patients which allows you to provide good continuity of care and learn how to manage patients independently</li> <li>- FM is the only residency program based out of the hospital which allows you to work 1 on 1 with staff who are enthusiastic to teach. Learner centered hospital with ability to build good relationships with consultants and local specialists who are keen on having learners</li> <li>- Lots of elective time to pursue special interests</li> </ul>	<ul style="list-style-type: none"> <li>- Exposure to comprehensive Family Medicine</li> <li>- Flexible program very responsive to your educational needs with the option of building your own second year through elective time</li> <li>- Small program reacts quickly to feedback to make changes.</li> <li>- Exposure to ED with high volumes and strong exposure to develop procedural skills as staff will call you to do procedures or see interesting cases</li> </ul>	<ul style="list-style-type: none"> <li>- Flexibility in second year with ability to "build your own curriculum" by choosing timing and location of many electives</li> <li>- plentiful and diverse ER experiences</li> <li>- abundant recreational and outdoor activities and great community support</li> </ul>	<ul style="list-style-type: none"> <li>- Lots of independence to allow for competency and confidence</li> <li>- Flexible program which can be directed to learners objectives and educational needs</li> <li>- One to two residents in town allowing for exposure to broad range and diversity of experienced FM preceptors</li> </ul>	<ul style="list-style-type: none"> <li>- Lots of independence and flexibility as you create your own schedule</li> <li>- Great exposure to ER</li> <li>- Very few other learners, so 1:1 ability to work with very friendly and keen staff &amp; preceptors</li> </ul>