



Workshops

Morning - 9:45 a.m. - 11:15 a.m.

Workshops are to be selected at registration on our Eventbrite ticket page. Please ensure that you select the correct workshop on Eventbrite in the morning and the afternoon.

TITLE	PRESENTER	DESCRIPTION
Research and Advocacy I: Oral Presentations	Multiple	9:45-10:00: Sheila Dunn - Addressing Barriers to Implementation of Mifepristone Abortion Practice in Canada: A National Implementation Research Study.
		10:00-10:15: Benjamin Kaasa - Barriers and Facilitators in Primary Care Follow-Up upon Hospital Discharge: Patients' and Caregivers' Perspectives.
		10:15-10:30: Anita Srivastava - Buprenorphine in the emergency department (BED): a pilot RCT to address the opioid crisis.
		10:30-10:45: Rami Shoucra - Family Physician Perspectives on Medical-Legal Partnership: A Cross-Sectional Survey.
		10:45-11:00: Mary Romaniuk – Improving Cancer Screening Rates in Marginalized Populations by Using QI tools.
		11:00 – 11:15: Melissa Nutik – Looking back to move forward in curriculum renewal. A critical discourse analysis of generalism in undergraduate medical education.
Research and Advocacy II: How UTOPIAN is Working	Michelle Greiver	The workshop will describe the current state of the University of Toronto Practice-Based Research Network. It will provide examples of how the network operates, what resources it offers to sites and physicians, and how the support from UTOPIAN is used in current projects.



Education and
Scholarship I: We are
newly engaged scholars
in education. Ask Us
Anything!

Risa Freeman

This interactive workshop will introduce a panel of our clinician educators and researchers in medical education who are engaged in education scholarship projects in the DFCM. The panellists will provide short presentations on how they began their journeys into education scholarship from their positions as teachers and leaders in the DFCM. Participants will be able to ask their own questions about engaging in education scholarship projects. Ask us anything!

Family Doctor Leadership
I: Advancing Academic
Leadership: Strategies for
success

David White
Gillian Hawker
Stu Murdoch

This workshop focuses on strategies for advancing academic leadership throughout DFCM, and more broadly our discipline. There will be an emphasis on the importance of teams and broad leadership development in a highly distributed academic enterprise. The format will be interactive, combining research findings and practical examples to identify principles and effective practices.

Global Health & Social
Accountability I: Caring
in the context of adverse
social determinants of
health: Working together
to do better!

Katherine Rouleau

This workshop seeks to answer the question: If the Central DFCM, as a resource to the local, national and international community, were to meaningfully contribute to addressing the health needs of those facing adverse social determinants of health (ASDOH), what should we do together?

Local and international promising practices in the care of those affected by ASDOH will be presented. We will then engage participants in identifying 1-3 concrete department-wide projects to advance this work through the integration of education, research, QI, clinical care and advocacy. We need those of you prepared to share your experience, expertise, passion, creativity and imagination.

Rashes that Kill:
Emergency Dermatology

George Porfiris

Develop an approach to the unknown rash using the morphologic features of the rash. Come up with red flags for rashes. Using cases, going through the



differential and treatment of various dermatological conditions

Evidence-Based Medical
Cannabis Opioid
Reduction
Program: MCORP

Kevin Rod

Opioid crisis is taking lives and the search for solutions continues. Medical Cannabis has been used now for a few years and the College of Family Physicians of Canada has provided a framework for prescribing. There is some evidence available that proper use of medical cannabis may be helpful in opioid dose reduction however most of opioid reduction programs would need a mental health or wellness component as well. MCORP combines the opioid reduction based on the last opioid guideline recommendations, CFPC guided medical cannabis recommendations and the use of a novel online mental wellness support technology to assist opioid reduction.

Making Patient Care
Safer - Teaching Tips for
Faculty Working with
Residents

Sam Tirkos
Stephanie Godard
Roarke Copeland
Margarita Antoniadou
Thuy-Nga Pham

Open Patient Safety discussions and systematic Incident Analysis has yet to be fully adopted into primary care. At the Toronto East Health Network and St Michael's Hospital teaching clinics, we launched an incident analysis system with our learners and developed a case-based faculty development workshop on how to have meaningful conversations about patient safety.

The aim is to normalize incident analysis from a system perspective to create meaningful dialogue around harmful or near-miss events for family medicine trainees and faculty, to ultimately improve patient care. By adopting a systematic and consistent process across all teaching clinics, the topic of patient safety and incident analysis should become engrained in medical education to promote a culture of safety.

Co-designing the Patient
Medical Home in Your
Neighbourhood

Jocelyn Charles
Yoel Abells
Curtis Handford
Pauline Pariser

Our department strives to advance the discipline of family medicine and improve health for our diverse and underserved communities both locally and globally. Toronto is a city of very diverse economic



and cultural neighbourhoods with variable access to primary care, particularly comprehensive primary care. Six members of our department are working with primary care physicians throughout Toronto to engage as many primary care providers as possible and together co-design better integrated primary care that is responsive to the needs of the local populations and ensures equitable access to care and services close to home. Our goal is to achieve our CFPC's vision of a sustainable future for health care in Canada through strong primary care using the internationally recognized Patient's Medical Home (PMH) model. This workshop will engage participants in their local geographic practice areas to inform this co-design process using detailed Toronto neighbourhood data.

Portraying Social
Identities in the Medical
Curriculum and Clinical
Teaching

Elise Jackson
Inna Berditschevskaia
Jana Lazor
Rebecca Stoller
Danielle Manis
Mariam Naguib
Kaiwen Song

In response to concerns about how various social identities are portrayed in the medical curriculum, a group of MD students at the University of Toronto, along with Office of Faculty Development, MD Program, created a resource to address this issue. A novel primer was designed to help medical educators and learners consider the portrayal of different social identities in their teaching.

Office Emergencies: Are
you Ready?

Gurpreet Mand
Monica Nijhawan
Joanne Maznick
Eva Chen

This will be a 90-minute workshop on best practices for managing office emergencies. The current guidelines for recommendations on required office supplies/equipment will be reviewed. Participants will have the opportunity to work in groups to work through 3-4 office emergency scenarios (examples: anaphylaxis, cardiac arrest, chest pain and seizures). Various teaching methods will be utilized to review Basic Life Support methods in the ambulatory setting. This may include: group discussion, practical skills with simulation, and review of medications and AED use. The focus will be process-based learning in an Interprofessional environment. This is not a BLS certificate program.



The ABC's by XYZ:
Intergenerational
Teaching and Learning

Vanessa Rambihar
Erin Bearss
Milena Forte

This interactive workshop will feature a dynamic panel of faculty spanning Boomers, Gen X, Y (and maybe Z). We will focus on the most effective ways to promote effective Teaching and Learning in Intergenerational learning environments with a focus on Millennial learners and faculty.

Mind-Body Fitness Basics
for the Absolute Beginner

Sarah Kim

This workshop is aimed at individuals with sedentary jobs, little time and perhaps confidence to attend fitness classes or go to the gym. Participants will be led through a series of exercises that can easily be integrated into any day. This program is accessible and it is encouraged to be shared with patients. Participants can expect to leave feeling calmer, refocused and refreshed. Learn simple steps to achieving improved fitness of both body and mind. The ultimate goal is to get everyone moving more, reducing stress and gaining greater comfort to incorporate regular exercise and mindfulness as a part of daily life.

A Case-Based Approach
to Cancer Screening and
Surveillance in Ontario

Lisa Del Giudice
Ed Kucharski

Using a case-based approach, this workshop will provide evidence-based updates on cancer screening as well as screening/surveillance after an abnormal screening result. Updates for cancer screening guidelines and upcoming changes in screening processes in Ontario will be discussed. Emphasis will be placed on fecal immunochemical testing, human papilloma virus testing, high-risk low dose CT for lung cancer and indications for annual mammography. Each case will start with routine screening and follow scenarios through an abnormal screening result. Guidelines for ongoing surveillance in primary care after work-up of an abnormal result (e.g. post-colposcopy, post-colonoscopy) will be presented. Updated evidence will be used to clarify inconsistencies in current practices.



Family & Community Medicine
UNIVERSITY OF TORONTO