



Workshops

Afternoon - 2:30 p.m. - 4:00 p.m.

Workshops are to be selected at registration on our Eventbrite ticket page. Please ensure that you select the correct workshop on Eventbrite in the morning and the afternoon.

TITLE	PRESENTER	DESCRIPTION
Research and Advocacy III: Oral Presentations	Multiple	<ol style="list-style-type: none">1. 2:30-2:45 Tony D'Urzo - Lung function and clinical features among patients with and without airway hyper-reactivity and symptoms compatible with asthma in primary care.2. 2:45-3:00 Anne Rucchetto - Evaluating the implementation and impact of an online tool used within primary care to improve the income security of patients with complex health and social needs in Ontario and Manitoba.3. 3:00-3:15 Rajesh Girdhari - How and why do DFCM physicians use email with patients?4. 3:15-3:30 Rosemarie Lall - Proactive and opportunistic management of diabetics: Improving Care by Redesigning Clinic Flow.5. 3:30-3:45 Lisa DelGiudice – A Pilot Study to INTEGRATE Palliative Care Skills Into Primary Care Practice.6. 3:45-4:00 Rose Wang – Evaluating the Income Security Health Promotion service: A survey on patient experience.
Research and Advocacy IV: Oral Presentations	Multiple	<ol style="list-style-type: none">1. 2:30-2:45 Peter Selby - The COMBAT Study: Personalized patient alerts and care pathways to prompt prevention interventions for combined alcohol and tobacco users in primary care.2. 2:45-3:00 Mary Ann O'Brien - BETTER Health Durham: Community engagement in a cluster RCT of a prevention practitioner intervention in low-income neighbourhoods.3. 3:00-3:15 Payal Agarwal - Practical Apps: A Framework to Assess the Quality of Mobile Health Apps for Chronic Disease Management.



4. **3:15-3:30 Deanna Telner** - Exploring the primary care experiences of patients with eating disorders: a thematic analysis.
 5. **3:30-3:45 Kim Radford** – Addressing Precarious Employment in Family Medicine: A Mixed-Methods Pilot Study.
 6. **3:45-4:00 Navsheer Toor** – A qualitative study to determine how Family Medicine residents experience house calls during postgraduate training
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Family Doctor Leadership II: Academic Leadership: equity, diversity, and mentorship

David White
Onye Nnorom
James Owen
Sharon Straus

This workshop focuses on advancing academic leadership by promoting equity and diversity among our faculty, with an emphasis on the role of mentorship. The format will be interactive, combining research findings and practical examples to identify principles and effective practices.

Global Health & Social Accountability II:

Taking steps towards improving Indigenous Health: Knowledge and Reflection

Katherine Rouleau

Our individual and collective awareness of the scandalous health disparities that prevail between the indigenous and general Canadian population have increased since the release of the Truth and Reconciliation Commission. While the number of indigenous patients in our practices may not be high, it is increasingly recognized that a deeper understanding of the underpinnings of the current adverse health outcomes in indigenous communities, for all Canadians and particularly for health providers, is needed in order to enable healing and the attainment of optimal health for all.

In this workshop, we will work with Indigenous leaders and allies to deepen our knowledge and understanding of the socio-cultural and political issues that have shaped the current state of indigenous health in Canada. We will reflect on how we may engage further individually and as a Department.

How Do I Become an Assistant Professor?

Marie Leverman
Tony D'Urzo
Naz Lalani

Are you interested (or even curious) about promotion from Lecturer to Assistant Professor? This workshop will outline the steps, process and criteria for promotion. We will assess your body of work around teaching effectiveness, creative professional activity or research in order to match the criteria for



promotion. This workshop will use a combination of methods including interactive lecture, small group discussion, four informational videos and individual assessment. Each participant will leave with fundamental information that they can immediately apply to preparing their own application.

Teaching the New
Standards and Tools for
OA Management

Julia Alleyne

Osteoarthritis is an overlooked chronic condition that affects many of our patients and limits their quality of life. There are game-changing initiatives across the country that are setting best practice standards aimed at primary care. The College of Family Physicians released the OA tool in 2017 and Health Quality Ontario is releasing new quality standards in the Spring of 2018. This workshop will provide educators with an overview for integrating practical assessment and appropriate management into resident teaching through role modelling. The use of clinical decision making will be highlighted as a teaching strategy that can be incorporated into patient visits regardless of the primary reason for care. The workshop will be divided into 3 sections; Making standards and guidelines simple, Role modelling the OA tool & Case-based clinical-decision in complex patients. Dr. Julia Alleyne will be sharing her insights as the clinical lead on the OA Tool and co-chair of the HQO standards.

Opioid Crisis Simulation
Workshop

Edward Xie

Jennifer Hulm
Hasan Sheik
Rabia Ban
Thomas Piott

Opioid abuse is widespread and commonly managed by family physicians. The health and social impacts are profound and have reached "crisis level" with rising mortality from overdoses. Within this simulation workshop, participants will assume stakeholder roles to address individual and systemic policy responses to the opioid crisis.

The goal of this simulation is for participants to collaboratively achieve consensus on resource allocation and policy response to the opioid crisis in a mid-sized city. Specific learning objectives aim to build capacity in advocacy, health policy and planning.

This workshop introduces a novel method of simulation education for public health and primary care that is supported by evidence from other fields.



It addresses the CanMEDS-FM roles of family medicine expert, communicator, collaborator, leader, and health advocate.

Public Health and Family
Medicine – Systems and
Synergies

Barry Pakes
Ross Upshur
Onye Nnorom
Alex Summers

This workshop will provide participants with an understanding of the roles of various levels of the public health system and how these interfaces and are relevant to family medicine practice, research and education. The presenters will describe and explore overlapping competencies and synergies between public health and family medicine. During the second half of the workshop participants will apply public health frameworks and tools to address a population-level family medicine problem and identify areas in which primary care can work with public health agencies to improve communication, integration, and complementarity.

Dermoscopy - A skin triage
tool for Family Physicians

Darshini Persaude

The Triage Amalgamated Dermoscopic Algorithm (TADA) utilizes Dermoscopy to triage skin lesions for biopsy or specialist referral. Several studies have demonstrated that dermoscopy can improve the primary care providers' ability to accurately identify malignant skin lesions. The goal of this workshop is to provide a framework for further teaching and learning of Dermoscopy in Family Medicine.

Fostering the New
Revolution in Canadian
Medical Education "A
Humanities Toolkit." How
to Teach Family Medical
Learners Using Visual Arts,
Literary Texts and Film
Clips

Jessica Munro

There is a growing body of research that suggests that exposing medical trainees to the humanities (including literature, film, poetry, and visual arts) fosters enhanced critical reflection and empathy in physician-patient encounters. Furthermore, such exposure celebrates the subjective and emotional facets of learning alongside more conventional scientific/evidence-based approaches.

Implementing mifepristone
medical abortion into
academic family medicine
practice

Sarah Warden
Inna Genkin
Sheila Dunn

Approximately one-third of Canadian women seek abortion care during their lifetime. The recent approval of mifepristone in Canada presents an opportunity for primary care practitioners to extend their reproductive health services to include medical



abortion care. Reproductive health training during residency is associated with subsequent intention to provide services. This workshop will review the pharmacology and action of mifepristone/misoprostol, the process of medical abortion and practice-based considerations for successful integration of mifepristone abortion in academic family practice. Case-based discussions will illustrate management of common questions and concerns.

Supporting Safe Opioid
Prescribing in a
Community Teaching
Clinic

Maya Maliakkal
Jadie Stone

A safe opioid prescribing education initiative at Markham FMTU was developed and included: one-on-one mentoring, implementing EMR tools, an education seminar, providing a “prescriber report card” based on chart review data and making available self-directed learning resources. Together with chart review data, an approach to safe prescribing was discussed with all clinic prescribers which emphasized medication reconciliation, greater use of signed opioid agreement and urine drug screening, and continuity of care. Effectiveness of the education intervention will also be discussed.

Value proposition design in
health service
development

Onil Bhattacharyya
Vess Stamenova
Kate Mossman

Digital health solutions have enormous promise but, in practice, do not often achieve the expected results. These tools should enable changes to the model of care, but this is largely dependent on the context and the specific needs of the patients, healthcare professionals, and administrators which are often not well understood before implementation. Identifying how a digital health solution brings value to various users is best done through iterative testing in the context of implementation. Value proposition design is a methodology used by startup companies to understand how a business solution addresses the needs of customers and is well suited to the development of new models of care.

An Introduction to
Community and System
Level Advocacy

Samantha Green

It is well recognized that social determinants such as race, income, and ability are predominant drivers of health inequities. Family physicians are uniquely positioned to identify and respond to these inequities with a trusted voice through advocacy. Family



physicians regularly act as health advocates for individual patients; yet this CanMEDS-FM role also bestows a responsibility to advocate for changes that will promote the health of communities, especially those that are more vulnerable. These broader advocacy efforts aimed at systems can seem outside the scope of physician training since medical school and residency curricula are inconsistent and often inadequate. In this session, participants will explore the role of meso- and macro-level advocacy in family medicine using specific case examples. Participants will gain tangible tools for embarking on community- and system-level advocacy. Participants will leave with a framework for addressing health inequities in their communities.
