

## Changing the Way We Work (COVID-19) Community of Practice for Ontario Family Physicians – March 22, 2024

### Infectious Disease Updates and Management of Menopause

*\*Resources are current as of March 22, 2024 – subject to change due to frequently updated guidance.*

Community of Practice past sessions and resources: <https://www.dfcm.utoronto.ca/covid-19-community-practice>

#### **Infectious Disease Update**

- Ontario College of Family Physicians: Measles <https://ontariofamilyphysicians.ca/wp-content/uploads/2024/03/measles-Final-2.pdf>
- Infectious Disease Protocol: Case Definitions and Disease Specific Information: Measles [www.ontario.ca/files/2024-03/moh-measles-appendix-en-2024-03-19.pdf](http://www.ontario.ca/files/2024-03/moh-measles-appendix-en-2024-03-19.pdf)
- Toronto Health Measles for Health Professionals [www.toronto.ca/community-people/health-wellness-care/information-for-healthcare-professionals/communicable-disease-info-for-health-professionals/measles-info-for-health-professionals/](http://www.toronto.ca/community-people/health-wellness-care/information-for-healthcare-professionals/communicable-disease-info-for-health-professionals/measles-info-for-health-professionals/)
- Measles vaccines: Canadian Immunization Guide [www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-12-measles-vaccine.html#p4c11a10e](http://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-12-measles-vaccine.html#p4c11a10e)
- Measles Testing [www.publichealthontario.ca/en/Diseases-and-Conditions/Infectious-Diseases/Vaccine-Preventable-Diseases/Measles](http://www.publichealthontario.ca/en/Diseases-and-Conditions/Infectious-Diseases/Vaccine-Preventable-Diseases/Measles)
- Ministry of Health: Information on mpox disease, vaccination and treatment [www.ontario.ca/page/mpox-monkeypox](http://www.ontario.ca/page/mpox-monkeypox)
- Public Health Ontario: Mpox <https://www.publichealthontario.ca/en/Diseases-and-Conditions/Infectious-Diseases/Vector-Borne-Zoonotic-Diseases/Mpox>
- Respiratory Virus Tool [www.publichealthontario.ca/en/Data-and-Analysis/Infectious-Disease/Respiratory-Virus-Tool](http://www.publichealthontario.ca/en/Data-and-Analysis/Infectious-Disease/Respiratory-Virus-Tool)
- CanTreat COVID – to refer your patients (patients may self-refer):
  - Phone: 1-888-888-3308 (Monday - Friday, 8 am to 6 pm ET)
  - Email: [info@CanTreatCOVID.org](mailto:info@CanTreatCOVID.org)
  - Website: [www.CanTreatCOVID.org/contact](http://www.CanTreatCOVID.org/contact)
  - FAQs: [www.dfcm.utoronto.ca/sites/default/files/inline-files/CanTreatCOVID%20Study%20Info%20FAQ.pdf](http://www.dfcm.utoronto.ca/sites/default/files/inline-files/CanTreatCOVID%20Study%20Info%20FAQ.pdf)
- COVID-19 Therapeutic Support Line [www.opatoday.com/covid19support/](http://www.opatoday.com/covid19support/)
- SHN VaxFacts [www.shn.ca/vaxfacts/](http://www.shn.ca/vaxfacts/)

#### **Management of Menopause**

- Menopause Management Tool <https://mq6.ca/>
- An efficient tool for the primary care management of menopause [www.cfp.ca/content/cfp/63/4/295.full.pdf](http://www.cfp.ca/content/cfp/63/4/295.full.pdf)
- Journal of Obstetrics and Gynaecology: Managing Menopause [www.jogc.com/article/S1701-2163\(15\)30487-4/fulltext](http://www.jogc.com/article/S1701-2163(15)30487-4/fulltext)

#### **Support for Family Physicians – Ontario College of Family Physicians**

- OCFP Supports for Family Doctors, including Writing Sick Notes and Continuity of Care Resources [www.ontariofamilyphysicians.ca/supports-for-family-doctors/](http://www.ontariofamilyphysicians.ca/supports-for-family-doctors/)
- OCFP Respiratory Illness Season Resources [stayhealthyontario.ca](http://stayhealthyontario.ca)