

COVID-19
Community of
Practice for Ontario
Family Physicians



April 9, 2021

Dr. Onye Nnorom
Dr. Daniel Warshafsky
Dr. Liz Muggah
Dr. David Kaplan

Changing the Way We Work
**Building vaccine confidence in the Black
community, evolving guidance, and more**



Family & Community Medicine
UNIVERSITY OF TORONTO

Ontario College of
Family Physicians



The COVID-19 Vaccine: Building vaccine confidence in the Black community, evolving guidance, and more

Moderator: Dr. Tara Kiran

Fidani Chair, Improvement and Innovation

Department of Family and Community Medicine, University of Toronto

Panelists:

- Dr. Onye Nnorom, Toronto, ON
- Dr. Daniel Warshafsky, Toronto, ON
- Dr. Liz Muggah, Ottawa, ON
- Dr. David Kaplan, Toronto, ON

This one-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 1 Mainpro+ credits.

The COVID-19 Community of Practice for Ontario Family Physician includes a series of planned webinars. Each session is worth 1 Mainpro+ credits, for up to a total of 26 credits.

Land Acknowledgement

We acknowledge that the lands on which we are hosting this meeting include the traditional territories of many nations.

The OCFP and DFCM recognize that the many injustices experienced by the Indigenous Peoples of what we now call Canada continue to affect their health and well-being. The OCFP and DFCM respect that Indigenous people have rich cultural and traditional practices that have been known to improve health outcomes.

I invite all of us to reflect on the territories you are calling in from as we commit ourselves to gaining knowledge; forging a new, culturally safe relationship; and contributing to reconciliation.

“The pilot won’t let you on the plane if you’re not dressed for survival”: This Toronto doctor travelled to Northern Ontario to vaccinate people in fly-in Indigenous reserves



Suzanne Shoush, a long-time family physician at St. Michael's Hospital, was selected to take part in Ornge's Operation Remote Immunity initiative, joining staff and physicians to vaccinate members of 31 First Nations communities in Northern Ontario. Here's what the experience was like.

Changing the way we work

A community of practice for family physicians during COVID-19

At the conclusion of this series participants will be able to:

- Identify the current best practices for delivery of primary care within the context of COVID-19 and how to incorporate into practice.
- Describe point-of-care resources and tools available to guide decision making and plan of care.
- Connect with a community of family physicians to identify practical solutions for their primary care practice under current conditions.

Previous webinars & related resources:

<https://www.dfcu.utoronto.ca/covid-19-community-practice/past-sessions>

Disclosure of Financial Support

This CPD program has received in-kind support from the Ontario College of Family Physicians and the Department of Family and Community Medicine, University of Toronto in the form of logistical and promotional support.

Potential for conflict(s) of interest:

N/A

Mitigating Potential Bias

- The Scientific Planning Committee has full control over the choice of topics/speakers.
- Content has been developed according to the standards and expectations of the Mainpro+ certification program.
- The program content was reviewed by a three-member national/scientific planning committee.

Planning Committee: Dr. Tara Kiran, Patricia O'Brien (DCFM), Leanne Clarke (OCFP), Susan Taylor (OCFP) and Mina Viscardi-Johnson (OCFP), Liz Muggah (OCFP)



Dr. Onye Nnorom – Panelist

Twitter: @ @OnyeActiveMD

Family Physician and Public Health and Preventive Medicine Specialist, University of Toronto and President, Black Physicians' Association



Dr. David Kaplan – Panelist

Twitter: @davidkaplanmd

Family Physician, North York Family Health Team and Chief, Clinical Quality, Ontario Health - Quality



Dr. Daniel Warshafsky– Panelist

Senior Medical Consultant at the Office of the Chief Medical Officer of Health



Dr. Liz Muggah – Panelist

Twitter: @OCFP_President

OCFP President, Family Physician, Bruyère Family Health Team

Speaker Disclosure

- Faculty Name: **Dr. Onye Nnorom**
- Relationships with financial sponsors: N/A
 - Grants/Research Support: Patient-Centred Outcomes Research Institute (PCORI)
 - Speakers Bureau/Honoraria: Ontario College of Family Physicians
 - Others: N/A

- Faculty Name: **Dr. David Kaplan**
- Relationships with financial sponsors:
 - Grants/Research Support: N/A
 - Speakers Bureau/Honoraria: Ontario College of Family Physicians
 - Others: Ontario Health (employee)

- Faculty Name: **Dr. Daniel Warshafsky**
- Relationships with financial sponsors: N/A
 - Grants/Research Support: N/A
 - Speakers Bureau/Honoraria: N/A
 - Others: N/A

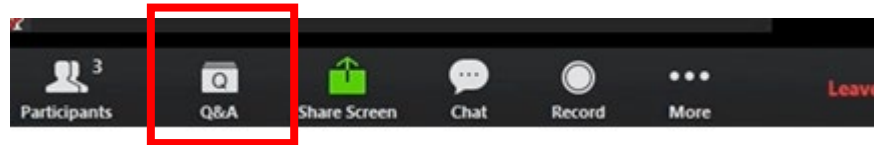
Speaker Disclosure

- Faculty Name: **Dr. Liz Muggah**
- Relationships with financial sponsors:
 - Grants/Research Support: N/A
 - Speakers Bureau/Honoraria: Ontario College of Family Physicians
 - Others: N/A

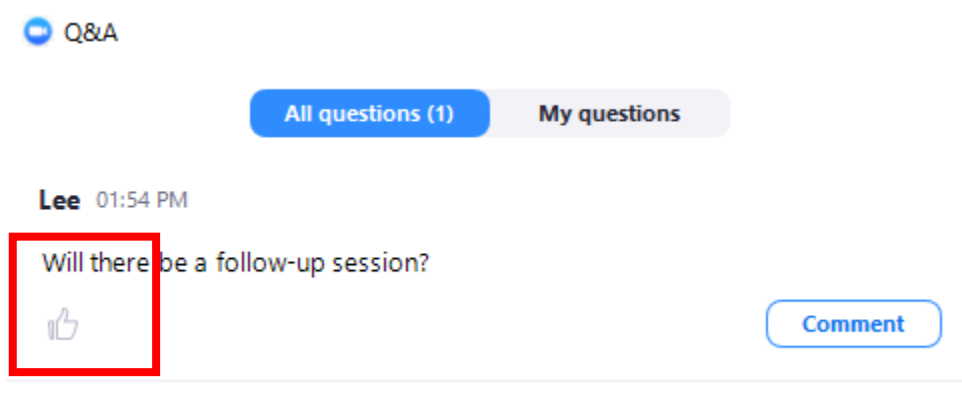
- Faculty Name: **Dr. Tara Kiran**
- Relationships with financial sponsors:
 - Grants/Research Support: St. Michael's Hospital, University of Toronto, Health Quality Ontario, Canadian Institute for Health Research, Toronto Central LHIN, Toronto Central Regional Cancer Program, Gilead Sciences Inc.
 - Speakers Bureau/Honoraria: N/A
 - Others: N/A

How to Participate

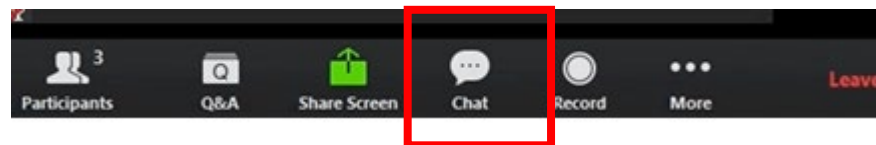
- All questions should be asked using the Q&A function at the bottom of your screen.



- Press the thumbs up button to upvote another guests questions. Upvote a question if you want to ask a similar question or want to see a guest's question go to the top and catch the panels attention.



- Please use the chat box for networking purposes only.





Dr. Onye Nnorom – Panelist

Twitter: @ @OnyeActiveMD

Family Physician and Public Health and Preventive Medicine Specialist, University of Toronto and President, Black Physicians' Association



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Canada's Black population



- 3rd largest “visible minority”
- 8% of Torontonians
- NOT “African Americans”
- **43% Canadian-born**
 - 8.9% are third generation or more

Statistics Canada. Immigration and Ethnocultural Diversity in Canada; 2016. Available from: <https://www12.statcan.gc.ca/nhs-enm/2011/as-sa/99-010-x/99-010-x2011001-eng.cfm>

Race-based data & Covid-19

- Year In Review report by Statistics Canada, “**Black people in particular have been far more likely to succumb to the virus than members of other groups.**”
- Communities with racialized women have higher COVID-19 death rates than communities with predominantly white women
- According to a report by the Public Health Agency of Canada, vaccine hesitancy is highest amongst the Black population with **only 34% of Black Canadians stating they would be willing to take the COVID-19 vaccine in November 2020**

Anti-Black Racism

“Prejudice, attitudes, beliefs, stereotyping and **discrimination** that is directed at people of African descent and is **rooted in their unique history and experience of enslavement**. Anti-Black racism is deeply **entrenched in Canadian institutions, policies and practices**, such that anti-Black racism is either functionally normalized or rendered invisible to the larger white society. Anti-Black racism is **manifested in the legacy of the current social, economic, and political marginalization of African Canadians in society...**” (Ontario Anti-Racism Directorate)



Not just History (“Tuskegee”): Systemic racism throughout the life course



Childhood



Adolescence



Adulthood

Systemic Anti-Black Racism

Child Development

Ontario: 40% more likely to be investigated by child-welfare services (Ontario Child Welfare Services, 2013)

Education

Toronto: Twice as likely to drop out of school (TDSB, 2011)

Social Environment

Canada: over-represented in correctional institutions (Owusu-Bempah et al, 2014)

Employment

Montreal: For Blacks with a graduate degree, unemployment rate 13.4% vs. non-Black high school dropouts 12% (Torczymer, 2010)

Income

Canada: Blacks earn 75.6 cents for every dollar a non-racialized person earns (Wellesley Institute, 2011)

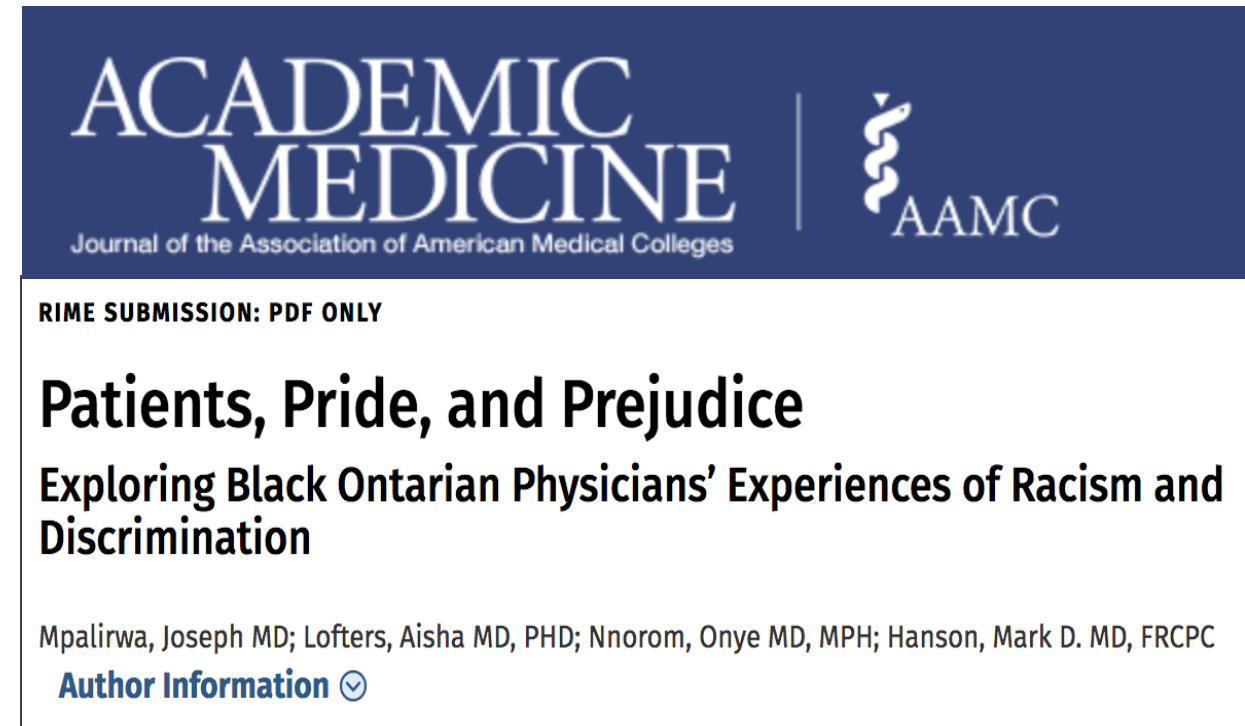
Impacts in primary care - distrust

- Provider biases
 - Provider: Assumptions, microaggressions
 - Patient “resistance” to follow-up, treatment, your care
- Lack of awareness by provider
 - Lack of understanding of patient’s journey challenges can lead to invalidation, denial/minimization of experience, victim blaming
 - Patient not feeling safe to share information that impacts their health & wellbeing

Anti-Black racism in healthcare leads to distrust of providers and the system

BPAO Research

- Resident research project Dr. Joseph Mpalirwa
- Anonymous online survey of Black physicians and trainees in Ontario
- Administered through the BPAO listserv
- Survey data received was analyzed and key themes described
- 46 participants

The image shows the cover of the journal 'Academic Medicine', which is the journal of the Association of American Medical Colleges (AAMC). The cover has a dark blue header with the journal title in white serif font. Below the title, it says 'Journal of the Association of American Medical Colleges'. To the right of the title is the AAMC logo, which consists of a stylized white caduceus symbol above the letters 'AAMC'. Below the header, the text 'RIME SUBMISSION: PDF ONLY' is displayed in a smaller, bold, black font. The main title of the article, 'Patients, Pride, and Prejudice', is in a large, bold, black font. Below it, the subtitle 'Exploring Black Ontarian Physicians' Experiences of Racism and Discrimination' is in a slightly smaller, bold, black font. At the bottom, the authors' names are listed: 'Mpalirwa, Joseph MD; Lofters, Aisha MD, PHD; Nnorom, Onye MD, MPH; Hanson, Mark D. MD, FRCPC'. Below the authors' names is a blue link labeled 'Author Information' with a small blue checkmark icon.

Mpalirwa J, Lofters A, Nnorom O, Hanson M. Patients, Pride & Prejudice: Exploring Black Ontarian Physicians' Experiences of Racism and Discrimination. 2019. Submitted to Academic Medicine RIME.



Mpalirwa J, Lofters A, Nnorom O, Hanson M. Patients, Pride & Prejudice: Exploring Black Ontarian Physicians' Experiences of Racism and Discrimination. 2019. Submitted to Academic Medicine RIME.



BPAO

Black Physicians' Association of Ontario

**BLACK
HEALTH AND
VACCINE
INITIATIVE**

Black Physicians' Association of Ontario

Black Health and Vaccine initiative

Black Physicians' Association of Ontario



Vision

- We envision a province where Black Ontarians are equitably represented in the field of medicine and racialized health disparities are eliminated.

Mission

- To cultivate an active and engaged network of training and practising Black physicians
- To provide opportunities for professional development
- To improve health outcomes for Black Ontarians



BPAO's Black Health and Vaccine Initiative

Advocate

1. Prioritize Black communities:

- Testing, Vaccines, Recovery
- 2. Recognition of impact of ABR and collection of race-based data

Position Statement

Educate

Respectful and culturally appropriate facts on COVID-19 vaccine

Webinars, social media

Vaccinate

Culturally safe environments for vaccination

Network of Black vaccinators

Network of Black Vaccinators

Establishing a network of Black vaccinators:

- In partnership with hospitals, Black community organizations, and local public health units, the BPAO has begun soliciting Black physicians and health professionals to act as vaccinators and educators at vaccine clinics in Black communities across Ontario
- Immunization clinics and mobile clinics in Black communities, starting with the TAIBU Community Health Centre in Scarborough, will launch in April 2021. This will be the initial pilot before provincial roll-out

Black Canadian Success Case: TAIBU CHC

- Flu Vaccine rates: 9% to 58% over time

Figure: Thirty most common words in refusal statements (size reflects frequency)



Advice for Distrust: Use **LEAP** discussion approach

1.Listen - to patient concerns (unlikely to explicitly mention racism)

2.Empower - reassure the patient in a non-judgemental way that it is their choice. Do not be coercive/impatient. Respect self-determination.

3.Acknowledge - acknowledge the historical and present day lived experiences that have led to distrust of government/healthcare/research. These are often rooted in systemic racism but there may be other factors contributing to distrust

4.Provide - facts (dispel Myths); and/or offer resources (provide general and culturally relevant); and/or administer the vaccine if patient consents

Resources

Diversity and COVID-19 vaccine resources:

<https://www.ontario.ca/page/covid-19-communication-resources>

Black community & COVID-19 vaccine resources:

Black Physicians' Association of Ontario (Vaccine page available next week): <https://bpao.org/>

Position statement: https://bpao.org/wp-content/uploads/2021/03/FINAL_BHA-BPAO-BNI-BOF-Black-Health-COVID-19-Vaccines-Position-Statement-March-12-2021_For-Release.pdf

Black Health Alliance - health promotion resources: <https://blackhealthalliance.ca/covid-19/>

Black Scientific Experts on Vaccine Health Equity: <https://www.toronto.ca/news/black-scientists-task-force-on-vaccine-equity/>

TAIBU Community Health Centre: <https://taibuchc.ca/en/covid-19-info/>

Race-based data collection: <https://blackhealthequity.ca/>

Racism & Medicine in Canada: <https://www.dronnorom.com/reports-and-research>



**Ontario
Health**

RESOURCE TOOLKIT:

***COVID@Home* Monitoring for Primary Care**

Implementing home monitoring for COVID-19 patients
through primary care

Outpatient, primary care, and home and community care settings

- Resource toolkit: COVID@Home Monitoring for Primary Care
 - **Implementing home monitoring for COVID-19 patients through primary care** (March 17, 2021)
 - **Questions to ask your oxygen provider** (March 17, 2021)
- **Recommendations for regional health care delivery: Outpatient care, primary care, and home and community care** (June 8, 2020)

Planning guidance for immunization clinics for COVID-19 vaccines



MENU ▾

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Planning guidance for immunization clinics for COVID-19 vaccines

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 - [Human resources](#)
 - [Infection prevention and control](#)
 - [Communications](#)
 - [Date management](#)
 - [Supplies](#)
- [Clinic operations](#)
 - [Immunization clinic set-up and flow](#)
 - [Pre-immunization processes](#)
 - [Immunization processes](#)
 - [Post-immunization waiting period](#)
 - [Management of adverse events](#)

• [Decontamination activities](#)

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/guidance-documents/planning-immunization-clinics-covid-19-vaccines.html>

COVID-19 Vaccine Clinic Operations Planning Checklist

Ministry of Health

COVID-19 Vaccine Clinic Operations Planning Checklist

Version 2.0 - December 30, 2020

Highlights of changes

- Added Moderna COVID-19 Product Monograph (page 1)
- Hyperlinks updated throughout including PHAC links and the Ontario AEFI form

This guidance provides basic information only. It is not intended to take the place of medical advice, diagnosis or treatment.

Please check the Ministry of Health (MOH) [COVID-19 website](#) regularly for updates to this document.

This document is to support local planning as well as the successful operationalization of COVID-19 vaccination clinics in Ontario for all Ontarians, including considerations for vulnerable populations.

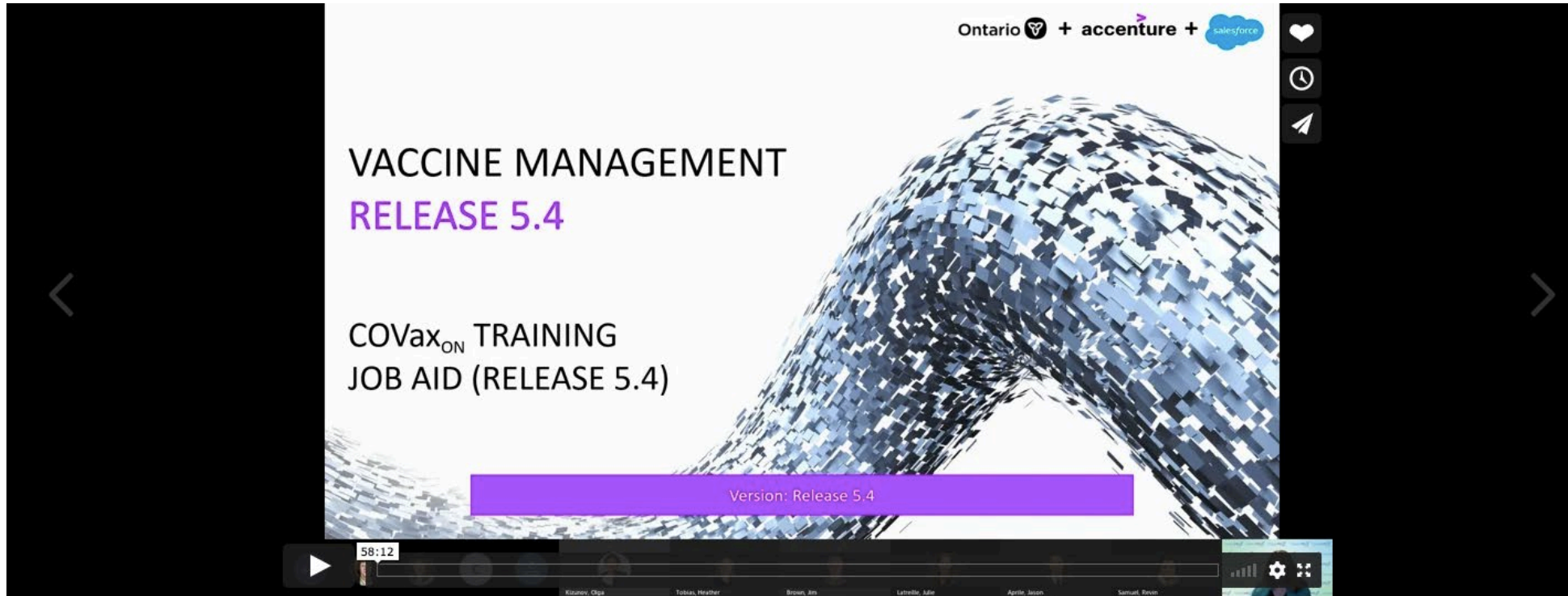
Additional resources that you may wish to review (once available) include:

- [Planning Guidance for Immunization Clinics for COVID-19 Vaccines](#)
- [Planning Guidance for Administration of COVID-19 Vaccines](#)
- National Advisory Committee on Immunization (NACI) Statement: [Recommendations on the use of COVID-19 vaccine\(s\)](#)
- [Pfizer-BioNTech COVID-19 \(COVID-19 mRNA Vaccine\) Product Monograph](#)
- [Moderna COVID-19 \(COVID-19 mRNA Vaccine\) Product Monograph](#)

Clinic Operations Planning Checklist

Item	Comments
<p>Leadership & Coordination</p> <ul style="list-style-type: none">• Clinic plan has been created that identifies one person who will be in charge in your organization for the rollout of the clinic, what partnerships are required to run the clinic, and the plan delegates roles and responsibilities within the set up and running of the clinic <p>See PHAC guidance on Leadership & Coordination</p>	
<p>Immunization Campaign and Clinic Parameters</p> <ul style="list-style-type: none">• Clinic volume capacity has been analyzed for first and second dose administration. Staffing models and allocation plan for doses based on the Provincial Prioritization Framework have been created <p>See PHAC guidance on Immunization Campaign & Clinic Planning Parameters</p>	
<p>Immunization Clinic Site Identification</p> <ul style="list-style-type: none">• Plan for an accessible clinic location is completed including analysis of anticipated challenges (e.g., storage space, waiting areas/increment weather) (see PHAC guidance on Immunization Clinic Site Identification)• Maintenance of critical facilities has been assessed including plans for back up power/alternate storage site if critical facilities malfunction• Security protocols are in place (e.g., to manage clinic attendees, ensure safety of clinic staff, secure storage of vaccines at the clinic site)	

COVaxON Training



Clinical Workflow Training (Session 1) - March 16, 2021

1 week ago | More

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Clinical Workflow ...
OntarioMD

<https://vimeo.com/524273314>

Primary Care COVID-19 Immunization Toolkit

COVID-19 Immunization Toolkit
A Toolkit for Primary Care Clinics

HOME PODCAST ABOUT

INFORM AND IDENTIFY ▾ PLAN YOUR CLINIC ▾ RUN YOUR CLINIC ▾ FOLLOW UP ▾

Primary Care COVID-19 Immunization Toolkit

Look through the following sections of the Toolkit:

CURRENT IMMUNIZATION STATUS IN CANADA:

Distributed Vaccines: 3082480
Administered Vaccines: 2543253

This toolkit is here to help primary care clinics plan as they support the COVID-19 immunization effort.

While we expect the initial vaccines will be available in limited supply and will be provided first to highest risk individuals and to healthcare workers, this toolkit will help prepare for the next phases when primary and community care will have its role in the COVID-19 immunization effort.

INFORM AND IDENTIFY ELIGIBLE PATIENTS

- [COVID Information & Vaccine Status](#)
- [Engage Vaccine Hesitant Patients](#)
- [Update Your Patients](#)
- [Identify Eligible Patients](#)
- [Focus on Key Populations](#)

PLAN YOUR IMMUNIZATION CLINIC

- [Determine Your Capacity for Immunization Clinics](#)
- [Prepare For Your Immunization Clinic](#)
- [Book Patients and Provide Pre-Clinic Orientation](#)

RUN YOUR IMMUNIZATION CLINIC

- [Before the Start of Your Immunization Clinic](#)
- [Patient Flow in Your Immunization Clinic](#)

<https://covidtoolkit.ca/>

Vaccine rollout

When you can get the vaccine

Ontario has a [three-phase plan](#) that prioritizes vaccines for those at greatest risk of severe illness and those who care for them. We are currently completing [Phase 1](#) of the plan.

Phase 1

High-risk populations
(approximately 1.8 million people)

December 2020 – March 2021

- Congregate living for seniors
- Health care workers
- Adults in First Nations, Métis and Inuit populations
- Adult chronic home care recipients
- Adults over 80 years old

Distribution through:

hospital site clinics, mobile teams, site-specific clinics, mass vaccination clinics

Phase 2

Mass deliveries of vaccines
(approximately 9 million people)

April 2021 – July 2021

- Adults aged 60-79, in 5-year increments
- High-risk congregate settings (shelters, community living)
- Individuals with high-risk chronic conditions and their caregivers
- Frontline essential workers
- At-risk populations

Distribution through:

mass vaccination clinics, pharmacies, primary care, site-specific clinics, mobile teams, mobile sites, public health units

Phase 3

Steady state

August onwards

- General population

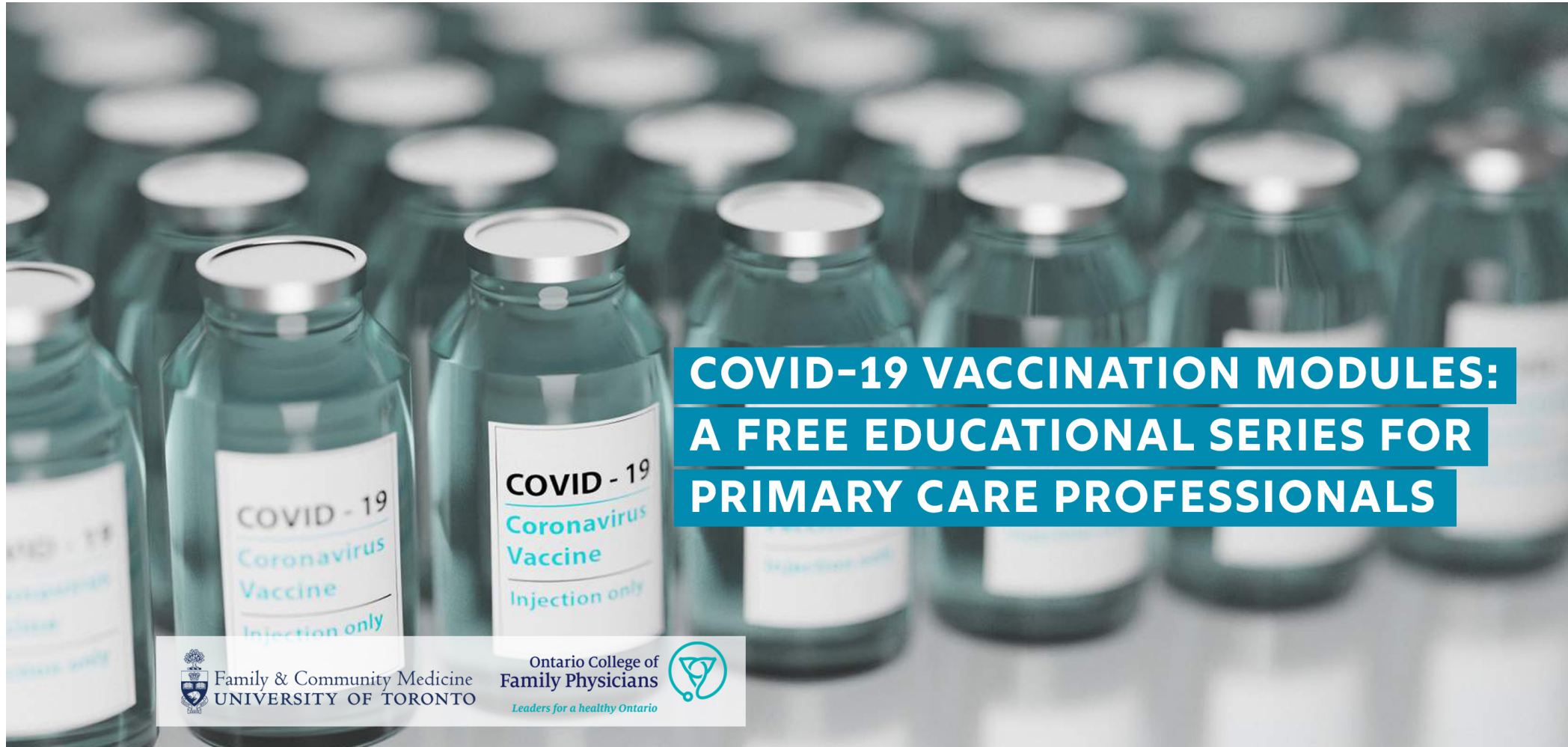
Distribution through:

mass vaccination clinics, pharmacies, primary care, site-specific clinics, mobile teams, mobile sites, public health units

Vaccine resources:

- Centre for Effective Practice (CEP) <https://cep.health/>
- Ontario College of Family Physicians (OCFP) <https://www.ontariofamilyphysicians.ca/>
- Community of Practice for Family Physicians <https://dfcm.utoronto.ca/covid-19-community-practice>
- New England Journal of Medicine (NEJM) FAQ <https://www.nejm.org/covid-vaccine/faq>

COVID-19 Vaccination in Canada: an educational series for primary care professionals



<https://www.dfcm.utoronto.ca/covid19-vaccination-modules>

* Updated March 30, 2021

Questions?

Webinar recording and curated Q&A will be posted soon

<https://www.dfcu.utoronto.ca/covid-19-community-practice/past-sessions>

Our next Community of Practice: **April 23, 2021 0800**

Contact us: ocfpcme@ocfp.on.ca

Visit: <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources>

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The COVID-19 Community of Practice for Ontario Family Physician includes a series of planned webinars. Each session is worth 1 Mainpro+® credits, for up to a total of 18 credits.

Post session survey will be emailed to you. Certificates will be emailed in approximately 1 week.