



Family & Community Medicine UNIVERSITY OF TORONTO



POSTGRADUATE EDUCATION **Resident Handbook**

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1. FAMILY MEDICINE RESIDENCY PROGRAM

Welcome from the Family Medicine Program

Dear Resident:

Welcome to your residency program at the University of Toronto Department of Family and Community Medicine (DFCM)!

We encourage you to review this handbook to familiarize yourself with the numerous aspects of the Family Medicine Residency Program at DFCM, including the policies and procedures that guide your training. It contains the Competency-Based Curriculum learning outcomes, the Postgraduate Medical Education (PGME) evaluation guidelines, information on the Wellness Resources for Residents and much more. This handbook serves as a companion guide to your individual Site Manual.

In particular, please ensure you are aware of the eligibility requirements for the College of Family Physicians of Canada (CFPC) Certification Examination, minimum requirements for program completion, the competency-based curriculum and the document regarding program length.

Our program provides a comprehensive, competency-based curriculum which benefits greatly from ongoing resident feedback and creative input. During your time here, we encourage you to participate in leadership opportunities, especially in your senior year as PGY2s. We also invite you to become actively involved in shaping your learning while you are with us by becoming involved with the Family Medicine Resident's Association of Toronto (FRAT) or by sitting on various committees (Curriculum, Assessment and Evaluation)

Family medicine residents can also apply to our numerous well-established Enhanced Skills programs. We encourage residents to explore various areas of interest during their family practice residency and plan their applications prior to October of their second year. The guidelines and deadlines for applications are included in this handbook as well as on the department's website.

We are all very excited to have you join our residency program and we wish you the best of luck. If you require additional information, please do not hesitate to contact us at familymed.postgrad@utoronto.ca.

Best Wishes,

Stuart Murdoch, MD, CCFP (PC), FCFP
Director, Postgraduate Education

Karina Prucnal, MD, CCFP
Associate Program Director of Admissions,
Awards, and Recruitment, Postgraduate Education

Jeff Golisky, MD, CCFP(EM)
Director, Integrated Communities Program

Erika Catford, MD, CCFP
Director, Teaching Practices Program

MaryBeth DeRocher, MScCH(FCM), MD, CCFP
Associate Program Director - Assessment and
Evaluation, Postgraduate Education

Batya Grundland, MD, MEd, CCFP
Associate Program Director - Curriculum and
Remediation, Postgraduate Education

Vaibhav Kamble, MD, CCFP, FRCP(C)
Enhanced Skills Director, Postgraduate Education

DFCM Postgraduate Education Contact List

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Dr. Erika Catford Teaching Practices Director Tel: 416-978-8530 Email: erika.catford@utoronto.ca	Ms. Fadia Bravo Teaching Practices/Integrated Communities Program/RNI Administrator Tel: 416-978-8530 Email: dfcm.teachingpractice@utoronto.ca dfcm.icp@utoronto.ca
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Dr. Vaibhav Kamble Enhanced Skills Director Tel: 416-978-1019 Email: vaibhav.kamble@utoronto.ca	Ms. Valerie Hilderal PGY3 Enhanced Skills Category 1 Program Administrator Tel: 416-978-1019 Email: fammed.enhanced@utoronto.ca Ms. Thanu Sabesan PGY-3 Enhanced Skills Category 2 Program Administrator Email: dfcm.enhancedskillscat2@utoronto.ca
	Mr. Haitao Zhang Data Analyst Tel: 416-978-0098 Email: dfcm.power@utoronto.ca

DFCM Website: <http://www.dfc.utoronto.ca/landing-page/residency>

Site Contact List

SITE	SITE DIRECTOR	SITE ADMINISTRATOR	TEL	FAX	E-MAIL	ADDRESS
Georgian Bay General Hospital	Jeff Golisky	Heather Forget	705-526-1300x5192	705-526-4491	jeff.golisky@utoronto.ca forgeth@gbgh.on.ca	Georgian Bay General Hospital 1112 St. Andrew's Drive, P.O. Box 760 Midland, ON L4R 4P4
Humber River Health	Priya Sood	Mark Jankie	416-242-1000x21930	416-242-1082	psood@hrh.ca mjankie@hrh.ca	Schulich Family Medicine Teaching Unit 1235 Wilson Avenue Toronto, ON M3M 0B2
Oak Valley Health – Markham Stouffville Hospital	Nadine Al-Aswad Nathasha Dias	Beverley Nutt	905-472-2200x227	905-472-5662	nalasswad@oakvalleyhealth.ca ndias@oakvalleyhealth.ca bnutt@oakvalleyhealth.ca	Oak Valley Health - Markham Stouffville Family Medicine Teaching Unit 379 Church Street, Suite 202 Markham, ON L6B 0T1
Oak Valley Health – Uxbridge Hospital	Aisha Husain	Beverley Nutt	905-852-1009	905-852-3531	ahusain@oakvalleyhealth.ca bnutt@oakvalleyhealth.ca	Oak Valley Health - Uxbridge Family Medicine Teaching Unit 4 Campbell Drive, Building B. Uxbridge, ON L9P 1R5
Sinai Health – Mount Sinai Hospital	Natalie Morson	Paula Da Rocha	416-586-4800x3114	416-586-3175	Natalie.Morson@sinaihealth.ca Paula.Darocho@sinaihealth.ca	Ray D Wolfe Department of Family Medicine Granovsky Gluskin Family Medicine Centre 60 Murray St, 4th Floor, Box 25 Toronto, ON M5T 3L9
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Orillia Soldiers Memorial Hospital	Heather Laakso Erika Catford	Jessica Cameron	705-323-5813	N/A	heather.laakso@medportal.ca erika.catford@utoronto.ca jcameron@osmh.on.ca	Family Medicine Teaching Unit 170 Colborne Street West Orillia, ON L3V 2Z3
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Scarborough Health Network	Jennifer McDonald	Stacey McKeown	416-431-8200x6591 437-788-7101	416-439-8052	drienn.mcdonald@gmail.com smckeown@shn.ca	Department of Family & Community Medicine 3030 Lawrence Avenue East, Suite 410 Scarborough, ON M1P 2T7
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Michael Garron Hospital – Toronto East Health Network	Rajani Vairavanathan Adam Kaufman	Joanne Mount	416-469-6580x6545	416-469-6108	rajani.vairavanathan@utoronto.ca adam.kaufman@utoronto.ca jmount@utoronto.ca	Department of Family Medicine & Medical Education Office M-Wing, Room 412, 825 Coxwell Avenue Toronto, ON M4C 3E7
Trillium Health Partners – Credit Valley Hospital	Nina Yashpal Kimberley Kent	Carleene Burrell	905-813-1100x5172	905-813-4232	Nina.Yashpal@thp.ca Kimberley.Kent@thp.ca Carleene.Burrell@thp.ca	Medical Education Office, Room # 4F128 2200 Eglinton Avenue West Mississauga, ON L5M 2N1
Trillium Health Partners – Mississauga Hospital	Bachir Tazkari Lina Al-Imari	Rania Ayoubi	905-272-9900x248	905-272-9977	MBachir.Tazkari@thp.ca lina.alimari@thp.ca rania.ayoubi@thp.ca	Trillium-Summerville FMTU 101 Queensway West, 7th Floor Mississauga, ON L5B 2P7
The University Health Network – Toronto Western Hospital	Francesco Leanza Yvonne Kwok	Edith Vass	416-603-5800x6594	416-603-5448	Francesco.Leanza@uhn.ca yvonne.kwok@uhn.ca edith.vass@uhn.ca	TWH Family Health Team 440 Bathurst Street, 3rd Floor Toronto, ON M5T 2S6
Women's College Hospital	Melinda Wu Bradley Lichtblau	Sandra Da Silva Ariel Orozco	416-323-6247	416-323-6365	melinda.wu@wchospital.ca bradley.lichtblau@wchospital.ca Sandra.DaSilva@wchospital.ca Ariel.Orozco@wchospital.ca	Family Practice Health Centre 77 Grenville Street, Suite 252 Toronto, ON M5S 1B3
Integrated Communities Program (Alliston, Orangeville, Port Perry)	Jeff Golisky (ICP Director)	Fadia Bravo (ICP Administrator)	416-978-8530	416-971-3048	jeff.golisky@utoronto.ca dcm.icp@utoronto.ca	Department of Family & Community Medicine University of Toronto 500 University Avenue, 3rd Floor, Toronto, ON M5G 1V7

The Postgraduate Family Medicine Residency Program

Established in 1970, the Postgraduate Program in the Department of Family and Community Medicine at the University of Toronto is one of the largest Family Medicine Training Programs in Canada with approximately 170 trainees graduating from the program each year.

In a 24 month program, we offer a wealth of educational experiences in urban, suburban and rural settings as well as a third-year option to develop enhanced skills in over 17 areas.

Our residents are distributed across 18 hospital-based Family Medicine units in the Greater Toronto Area (GTA), including Mississauga, Scarborough, North York, Markham, Barrie, Newmarket, Midland and Orillia, as well as in community-based practices in our Integrated Communities Program. The diversity of learning experiences with respect to clinical, cultural and socioeconomic issues available to residents in our program is unparalleled. The residency program is recognized for its strong academic focus, flexibility, resident responsiveness and educational innovations such as the longitudinal curriculum, the Teaching Residents to Teach program, Competency-Based Curriculum and Progress Testing, to name a few. Our goal is to prepare future family physicians for comprehensive primary care in an evolving health care system utilizing the patient-centred method taught through adult learning principles.

The program is accredited by the College of Family Physicians of Canada.

Triple C Competency-Based Curriculum

A Triple C Competency-based Curriculum (Triple C) is a Family Medicine residency curriculum that provides the relevant learning contexts and strategies to enable residents to integrate competencies, while acquiring evidence to determine that a resident is ready to begin to practice in the specialty in Family Medicine.

There are three components of Triple C:

- Comprehensive education and patient care
- Continuity of education and patient care
- Centred in family medicine

The goal is to ensure that all Family Medicine residents develop professional competence to the level of a physician ready to begin practice in the specialty of Family Medicine.

This renewed curriculum enhances what is taught, how it is taught and how residents are assessed.

Triple C ensures all graduates are:

- Competent to provide comprehensive care in any Canadian community
- Prepared for the evolving needs of society
- Educated based upon the best available evidence on patient care and medical education

This curriculum addresses accountability, social responsibility, patient safety, and efficiencies in educational programming. It highlights the College's vision of graduating sufficient numbers of Canadian family physicians who can provide comprehensive, continuing care within traditional family practices and within newer models of interprofessional practice. Triple C builds upon our internationally recognized educational model offered by 17 university-based Family Medicine programs in Canada. Given the changing landscape in Canada and increasing attention to quality, accountability, and interprofessional patient-centred care, the CFPC is proactively recommending ways to ensure that our future family physicians are ready for the realities of tomorrow.

Triple C is endorsed by the College of Family Physicians of Canada in collaboration with the Section of Teachers Council and the Triple C Task Force.

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Competency-Based Curriculum



CanMEDS-Family Medicine

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Image adapted from the CanMEDS Physician Competency Diagram with permission from the Royal College of Physicians and Surgeons of Canada.

The Department of Family and Community Medicine (DFCM) at the University of Toronto provides a twenty-four month training program consistent with the Accreditation Standards of the College of Family Physicians of Canada (CFPC). The goal of the program is to prepare residents to be safe, effective and comprehensive Family Physicians who will meet the needs of their individual patients, communities and society as a whole.

We provide a Competency-based Curriculum in Family Medicine which can be found on the DFCM website at <http://www.dfc.utoronto.ca/curriculum>. The mapping of the competencies to the Can MEDS-FM roles and site-specific learning objectives are available on the University of Toronto Learning Portal, Quercus, under the PG Family and Community Medicine course (<https://q.utoronto.ca>). Each site has aligned the learning outcomes to site-specific rotations. All residents are expected to review the learning outcomes prior to each rotation to ensure that they meet all the requirements of the program. These should also be reviewed by the resident with the site director during semi-annual progress review meetings to assess progress in the program. Residents are also expected to have Field Notes completed on a regular basis; these electronic forms provide an assessment of resident work-based performance. They will be monitored to ensure an appropriately broad evaluation of competencies deemed to be essential to the practice-ready Family Physician. In order to assess the breadth of clinical exposure, residents will be expected to input and monitor all their Family Medicine patient visits (including urgent care and Teaching Practice patient visits) using a Resident Practice Profile tool. The off-service (specialty rotations) patient encounters may be entered as well although this is not mandatory. Procedures performed off service must be logged. This web-based application provides residents with a practice profile with respect to the age, sex, diagnostic distribution and procedures performed. The system also categorizes all patient problems into content areas deemed to be critical to the practice of Family Medicine.

The Competency-based Curriculum serves as the backbone for progress testing, called the Family Medicine 'Medical Expert' Assessment of Progress (FM-MAP). This in-training examination will test the depth and breadth of a resident's clinical knowledge and its application. All residents in the program (PGY 1 and PGY 2) are expected to partake in the FM-MAP. The progress tests are administered twice per academic year. Each resident's score is compared to that of peers and feedback about strengths and areas requiring attention will be provided to each resident.

DFCM Central Core Days Schedule

2025-2026 DFCM Central Core Days

Postgraduate Program

Date	Event	Location
Wednesday, July 23, 2025 (1:00 p.m. to 3:30 p.m.)	PGY1 only: CMPA Patient Safety Primer	Virtual
Monday, August 11, 2025 (6:00 p.m. to 7:00 p.m.)	PGY2 only: PGY3 Enhanced Skills Talk	Virtual
Wednesday, August 13, 2025	PGY1 and PGY2: FM-MAP Progress Test	Sites
Wednesday, August 20, 2025	PGY1 and PGY2: FM-MAP Progress Test - Supplemental	Sites
Wednesday, September 10, 2025 (PGY1: full day) (PGY2: half-day in the morning)	PGY1: Communications Skills II +/- Transitions in Residency Series **** PGY2: Practice Management Core Day	Zoom Webinar
Wednesday, October 15, 2025 (full day)	PGY1 and PGY2: FRAT Core Day #1	Zoom Webinar
Wednesday, November 5, 2025 (half-day)	PGY1 only: Communication Skills III	Zoom Webinar
Wednesday, February 11, 2026	PGY1 and PGY2: FM-MAP Progress Test	Sites
Wednesday, February 18, 2026	PGY1 and PGY2: FM-MAP Progress Test - Supplemental	Sites
Wednesday, March 4, 2026 (full day)	PGY1 and PGY2: FRAT Core Day #2	Zoom Webinar
Wednesday, May 6, 2026 (full day)	PGY1: Practice Management Core Day **** PGY2: Advanced Practice Management - Part I	PGY1: Zoom Webinar **** PGY2: In-person (TBD)
Thursday, May 7, 2026 (full day)	PGY2 only: Advanced Practice Management - Part II	Zoom Webinar
Wednesday, June 10, 2026 (academic project: half day in the morning) & (end-of-year celebration: half day in the afternoon/evening)	PGY1 and PGY2: Academic Project/Awards Day **** Graduating PGY2s: End-Of-Year Celebration	Academic Project: Zoom Webinar **** In-person at Hart House

Rotation Schedule

The changeover dates can be found on the Postgraduate Medical Education, PGME, website for your convenience: <https://pgme.utoronto.ca/common-rotation-dates>

The table below lists the common rotation schedule for the academic session selected. Information regarding holidays can be found on the [Statutory Holidays page](#).

2025–2026

Block	Starts On	Ends On
1	Tuesday, July 1, 2025	Sunday, July 27, 2025
2	Monday, July 28, 2025	Sunday, August 24, 2025
3	Monday, August 25, 2025	Sunday, September 21, 2025
4	Monday, September 22, 2025	Sunday, October 19, 2025
5	Monday, October 20, 2025	Sunday, November 16, 2025
6	Monday, November 17, 2025	Sunday, December 14, 2025
7	Monday, December 15, 2025	Sunday, January 11, 2026
8	Monday, January 12, 2026	Sunday, February 8, 2026
9	Monday, February 9, 2026	Sunday, March 8, 2026
10	Monday, March 9, 2026	Sunday, April 5, 2026
11	Monday, April 6, 2026	Sunday, May 3, 2026
12	Monday, May 4, 2026	Sunday, May 31, 2026
13	Monday, June 1, 2026	Tuesday, June 30, 2026

Holiday Blocks:

Christmas block: December 25, 2025 – December 29, 2025 (inclusive) (5 days)

Changeover day: December 30, 2025 – **MANDATORY FOR ALL RESIDENTS**

New Year's block: December 31, 2025 – January 4, 2026 (inclusive) (5 days)

Useful Contacts & Links

Canadian Resident Matching Service (CaRMS)

Tel: **1-877-227-6742**

Email: help@carms.ca

Web: www.carms.ca

The College of Family Physicians of Canada (CFPC)

2630 Skymark Avenue, Mississauga, Ontario L4W 5A4

Tel: **905-629-0900** or **1-800-387-6197**

Web: <https://www.cfpc.ca/home>

Canadian Medical Protective Association (CMPA)

PO Box 8225, Station "T", Ottawa, Ontario K1G 3H7

Tel: **613 725-2000** or toll free: **1-800-267-6522**

Web: <http://www.cmpa-acpm.ca/>

The College of Physicians and Surgeons of Ontario (CPSO)

80 College Street, Toronto, Ontario, M5G 2E2

Tel: **(416) 967-2617** or toll free: 1 (800) 268-7096 ext. 617

<http://www.cpso.on.ca/>

Medical Council of Canada (MCC)

1021 Thomas Spratt Place, Ottawa, ON Canada K1G 5L5

Tel: 613-520-2240, Email: service@mcc.ca

Web: www.mcc.ca

PARO

1901-400 University Avenue, Toronto, ON M5G 1S5

Tel: **416 979-1182** or **1 877 979-1183** (toll free)

E-mail: paro@paroteam.ca

Web: www.myparo.ca

Postgraduate Medical Education Office (PGME)

500 University Avenue, Suite 602, Toronto, Ontario M5G 1V7

Tel: **416-978-6976**

Email: postgrad.med@utoronto.ca

Web: <https://pgme.utoronto.ca/>

University of Toronto Library Card

Koffler Student Services Centre, 214 College Street, First Floor

<http://tcard.utoronto.ca>

<https://onesearch.library.utoronto.ca>

Advanced Cardiac Life Support (ACLS)

ACLS Course Providers: <https://pgme.utoronto.ca/complete-acls-training>

Office of Learner Affairs

Source: Temerty Faculty of Medicine, Postgraduate Medical Education, PGME

The Office of Learner Affairs supports learners from Temerty Medicine's undergraduate medical education (MD and MD/PhD), Postgraduate Medical Education (residents and fellows), Medical Radiation Sciences, Physician Assistant, and Occupational Therapy programs.

Contact the Office of Learner Affairs

Phone: 416-978-2764

Email: ola.reception@utoronto.ca

Website: <https://meded.temertymedicine.utoronto.ca/office-learner-affairs>

Postgraduate Learner Affairs

Name	Title
Dr. Shaheen Darani	Interim Director, PG Learner Affairs
Dr. Jory Simpson	Interim Associate Director, PG Learner Affairs
Moira Ruthralingam	PGME Accessibility Advisor, PG Learner Affairs
Diana Nuss	Administrative Coordinator

Resident Wellness Policy Resource Checklist

	Key University Program	Website Link:
<input checked="" type="checkbox"/>	Office of Resident Wellness, University of Toronto, Postgraduate Medical Education, 416-946-3074	https://pgme.utoronto.ca/learner-supports
	Other Resources Available	
<input checked="" type="checkbox"/>	PARO 24-Hour Help Line, 1 866-HELP-DOC (1-866-435-7362)	http://www.myparo.ca/helpline/
<input checked="" type="checkbox"/>	Physician Health Program, 1 800-851-6606	https://php.oma.org/about-php/
<input checked="" type="checkbox"/>	CMA Support Line, 1-800-851-6606 (option 1)	https://www.cma.ca/supportline/ontario
<input checked="" type="checkbox"/>	General Practitioner Psychotherapy Network of Toronto	https://www.mdpac.ca/
If applicable	Hospital Employee Assistance Program	Ask Site Administrators for details

Learner Mistreatment

Source: Temerty Faculty of Medicine, Postgraduate Medical Education, PGME

We are here for you, feel free to contact us if you want to **discuss, disclose or report** something that has happened:

Learner Experience Unit

[Dr. Reena Pattani](#), Director of Learner Experience, Office of Learner Affairs, Temerty Faculty of Medicine

[Dr. Meeta Patel](#), Assistant Director of Learner Experience, Temerty Faculty of Medicine

- [Postgraduate learner mistreatment pathway](#)

Resident Wellness Guideline

Source: Department of Family and Community Medicine

Purpose

Resident wellness is a key priority at the Department of Family and Community Medicine, Postgraduate Medical Education (DFCM, PGME). Our aim is to provide a supportive learning environment to help promote resident mental, physical and emotional health, and accommodate wellness needs whenever possible.

This policy is intended to:

- Promote a healthy learning environment that optimizes wellbeing at DFCM PGME sites
- Provide an overview of general roles and responsibilities of programs, faculty and trainees
- Identify and summarize key resources available to residents to support their health and wellbeing

Please also refer to the Wellness Guidelines for Postgraduate Trainees, PGME, University of Toronto.

https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/pg-wellness-guidelinesnov2019pgmeacfinal_0.pdf

Background

Being a physician and training in Family Medicine is very rewarding. However, it can also be associated with significant challenges. Family medicine trainees often work in a milieu of clinical uncertainty, are exposed to emotionally difficult clinical cases, bear significant patient care responsibilities, work long and irregular hours, manage excessive EMR demands and experience exam-, financial-, family- and career-related stress. These and other factors can contribute to poor physician health and fatigue.

Fatigue is a known occupational risk of residency and can be characterized by physical and psychological tiredness that can directly impact provider and patient care (FRM Toolkit, 2018). Specifically, fatigue can have effects on cognition and lead to increased irritability, lower levels of empathy, and patient or occupational safety events.

Program, Faculty and Trainee Responsibilities

The DFCM PGME is committed to fostering a culture that promotes, and is responsive to, the health needs of our trainees. As also detailed in the Wellness Guidelines for Postgraduate Trainees, PGME U of T, trainees, faculty and programs share responsibility for optimizing wellness:

- Program and Faculty Responsibilities: Be cognizant of factors that may affect resident wellness; take steps to ensure the safety of learners and patients when health or fatigue may be affecting a trainee; at no time deny a visit for acute care; provide accommodation when warranted and as guided by appropriate medical direction; provide a safe environment that enables students to comfortably express concerns about wellness and to report fatigue-related incidents with no consequence to the resident.
 - Site Directors and Clinical Preceptors/supervisors have a particularly important role in ensuring a safe, collegial and open work environment, absolutely free from intimidation and harassment, and in which residents are able to freely communicate their wellness needs.

- **Resident Responsibilities:** Report fit for duty; manage time to prevent significant fatigue; seek appropriate help when health or wellness concerns are identified.
 - Residents are strongly encouraged to support their peers and assist colleagues who are experiencing difficulty to seek help. Residents concerned about the safety of a fellow trainee, or in turn safety of patients, should report their concerns to their Site Director or a faculty member.

Programs, faculty and residents are encouraged to adopt an upstream approach to maintaining wellness, whereby attending to self-care and addressing wellness needs are promoted and optimized at all stages of training, and at all training sites.

Fatigue Risk Management

Fatigue is a known occupational risk in postgraduate training, including family medicine training. Fatigue can affect any trainee and its successful management is the shared responsibility of all those involved in postgraduate medical education (FRM Toolkit, 2018). To help foster a just and responsive learning environment, family medicine postgraduate trainees and faculty should have an appreciation for the importance of Fatigue Risk Management, including the effects of fatigue and effective practices. A comprehensive approach to fatigue risk management for postgraduate trainees at the University of Toronto can be found in the Wellness Guidelines for Postgraduate Trainees, PGME U of T (https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/pg-wellness-guidelinesnov2019pgmeacfinal_0.pdf)

FOR CENTRAL DFCM/ FAMILY MEDICINE TEACHING UNITS

The DFCM PGME has a Wellness Representative who attends central Postgraduate Wellness Committee meetings. This Wellness Representative reports on relevant wellness issues to the DFCM RPC to ensure the application and sharing of wellness-related PGME policies within the DFCM. A key responsibility for individual FMTUs and Site Directors is to ensure that residents are made aware of the wellness resources described herein. As such, all sites are responsible for reviewing wellness resources during resident orientations and periodically, or as needed, throughout training.

Trainee wellness and intimidation and harassment concerns are explicitly reviewed at 6-month Progress Reviews with Site Directors and Annual Program Director Site Visits. Similarly, at Progress Reviews, Site Directors inquire about any concerns related to the hidden curriculum and review a related resident reflective piece.

Residents are also assigned a faculty advisor/primary preceptor for the duration (or for each year) of their training to help foster a supportive and comfortable environment. As noted, residents are encouraged to practice self-care and address wellness needs throughout their training. Specific resident wellness initiatives, such as workshops, Balint support groups, mindfulness sessions and retreats are delivered on a site by site basis. In addition, many sites have designated a faculty and/or resident wellness representative to support these initiatives on an ongoing basis.

FOR RESIDENTS

If you are experiencing a health or wellness concern, there are many supports available to you.

If you have an emergent Health Concern...

If you are experiencing a life-threatening emergency, please call 911 right away or go to the nearest emergency department.

PARO provides a 24-Hour Help Line: 1- 866-HELP-DOC (1-866-435-7362) *There is a direct link to this contact on the DFCM Red Button.

If you have a non-emergent Health Concern...

You are always encouraged to approach your Site Director, Faculty Advisor, Clinical Preceptor and/or faculty Wellness Representative to assist you in navigating your health or wellness concern(s). This includes concerns related to fatigue-risk management and reporting fatigue-related incidents.

Similarly, the Office of Learner Affairs offers residents a range of confidential services, including support through academic difficulty, career guidance, and advising about leaves, transfers, intimidation/harassment and disability & accommodation support, in addition to providing short term counselling and helping to navigate health care resources.

The Red Button, available on the DFCM website, is an anonymous link that provides rapid access to resources and support for a variety of crisis situations for your review, including: “I am experiencing a personal crisis”, “I’ve been exposed to blood or body fluids”, “I am concerned about my safety ...”, “I am worried about my performance on FM Map test”, “There has been a death in my family” and more.

Finally, the OMA Physician Health Program provides confidential services to medical students and physicians who have concerns relating to stress, burnout, mental health and substance abuse. They offer triage, expedited referral, management and monitoring.

Personal Safety

For policy and guidelines related to personal safety, including (but not limited to): Safe travel, working in isolated situations, using hazardous materials and blood borne pathogens, please consult the “Resident Safety Guidelines” located under “modules” at q.utoronto.ca using your UTorID and password, or visit the Red Button.

Intimidation and Harassment

For concerns related to Intimidation and Harassment, you are always encouraged to approach your Site Director, Faculty Advisor, Clinical Preceptor, faculty Wellness Representative or the PGME Office of Learner Mistreatment (<https://meded.temertymedicine.utoronto.ca/learner-mistreatment>) to assist you in navigating your concerns. Please consult the Learner Mistreatment Guideline <https://meded.temertymedicine.utoronto.ca/learnermistreatmentguideline> for further information or at the Red Button <https://www.dfc.utoronto.ca/dfcm-red-button>.

Disability and Accommodation

“Residents with disabilities are entitled to the same opportunities and benefits as those without disabilities. In some circumstances, those with disabilities may require short or long-term accommodation to enable them to complete their training” (“Accommodation, PGME Statement of General Principles” found at: (<https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/accommodation-guideline-document-pgmeac2024.pdf>)). Also see this guideline for more information regarding the **Board of Medical Assessors**.

The DFCM, as per the PGME Accommodation Policy, (<https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/accommodation-guideline-document-pgmeac2024.pdf>) is committed to doing their utmost to facilitate reasonable adjustments to the learning and working environment, to the point of undue hardship, to permit trainees with disabilities to have equitable opportunities to succeed while still achieving the core competencies of the program. As part of this commitment to both foster an equitable work environment while ensuring sufficient clinical exposure for our learners, time-based accommodations may result in an extension to the program. A full-time program in DFCM is considered the equivalent of 11 half days per week (or 44 half days per block).

Learners requiring accommodations to the learning and work environment must connect with the Office of Learner Affairs.

Paid and Unpaid Leaves (see also: “Guidelines for Residency Leaves of Absence at: <https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/pgme-leaves-guidelinesfinal-pgmeac2024.pdf>)

Paid, includes:

- Pregnancy and Parental Leave: Entitlement to pregnancy and parental leave is addressed in Section 15 of the PARO-CAHO Agreement.
<https://myparo.ca/your-contract/#pregnancy-and-parental-leave>
<https://www.myparo.ca/pregnancy-parental-leave/>
- Medical/Sick Leave: Residents are entitled to 6 months of paid sick leave. Further details on Long Term Disability and other entitlements regarding illness or injury are addressed in Section 14 of the PARO-CAHO Agreement.
- Emergency, Family, Bereavement Leave: A resident may request a leave due to a death in the immediate family or a person with whom the resident had a close relationship. A leave may also be requested due to family illness, injury, medical emergency, or other urgent family matters to which the resident must attend. Five consecutive working days may be granted by the Program Director for this paid leave. This guideline should be interpreted with proper sensitivity.
- Vacation (4 weeks) & Professional Days (7 days) per year. See guideline for details.

Unpaid, includes:

- Personal/Compassionate Leave: A resident may request an unpaid leave of absence due to a personal situation or career uncertainty. These leaves will be considered on an individual basis in consultation with the Program Director.

RESOURCES

Please see below for wellness resources and contacts:

University	Website Link:
Office of Resident Wellness, University of Toronto, Postgraduate Medical Education, 416-946-3074	https://meded.temertymedicine.utoronto.ca/wellness-programs
Learner Mistreatment, University of Toronto, Postgraduate Medical Education, 416-978-6976	https://meded.temertymedicine.utoronto.ca/learner-mistreatment
PGME Accommodations for Postgraduate Trainees with a Disability, ola.reception@utoronto.ca , 416-978-2764	https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/accommodation-guideline-document-pgmeac2024.pdf
Other Resources Available	
PARO 24 Hour Help Line, 866-HELP-DOC 1-866-435-7362	http://www.myparo.ca/helpline/ http://www.myparo.ca/during-residency/
OMA Physician Health Program, 800-851-6606	http://php.oma.org/
General Practitioner Psychotherapy Network of Toronto	https://www.mdpac.ca/
Your local Hospital Occupational Health Department	

Career Planning

Resources	
PARO Transition to Practice Program	http://www.myparo.ca/after-residency/
Health Force Ontario Practice U	http://www.healthforceontario.ca/Jobs/MarketingandRecruitment
Ontario Physicians Locum Program	http://www.healthforceontario.ca/Jobs/OntarioPhysicianLocumPrograms.aspx
University of Toronto Career Centre	http://www.careers.utoronto.ca/

Reference:

FRM Toolkit, 2018 <https://residentdoctors.ca/wp-content/uploads/2018/11/Fatigue-Risk-Management-ToolkitEN.pdf>

Professional Responsibilities in Medical Education

Source: *The College of Physicians and Surgeons of Ontario*

<https://www.cpso.on.ca/Physicians/Policies-Guidance/Policies/Professional-Responsibilities-in-Postgraduate-Medi>

Approved by Council: November 1998

Reviewed and Updated: February 2000, September 2003, May 2011, June 2021, November 2024

Companion Resource: [Advice to the Profession](#)

Policies of the College of Physicians and Surgeons of Ontario (CPSO) set out expectations for the professional conduct of physicians practising in Ontario. Together with [Essentials of Medical Professionalism](#) and relevant legislation and case law, they will be used by CPSO and its Committees when considering physician practice or conduct.

Within policies, the terms ‘must’ and ‘advised’ are used to articulate CPSO’s expectations. When ‘advised’ is used, it indicates that physicians can use reasonable discretion when applying this expectation to practice.

Additional information, general advice, and/or best practices can be found in companion resources, such as *Advice to the Profession* documents.

Definitions

Undergraduate medical students (“medical students”): Students enrolled in an undergraduate medical education program. They are not members of the College.¹

Postgraduate trainees²: Physicians who hold a degree in medicine and are continuing in postgraduate medical education (commonly referred to as “residents” or “fellows” in most teaching sites). Postgraduate trainees often serve in the role of supervisors but do not act as the most responsible physician for patient care. If postgraduate trainees are supervisors, then the provisions of the policy regarding supervisors apply to them.

Most responsible physicians (“MRP”): Physicians who have overall responsibility for directing and coordinating the care and management of a patient at a specific point in time, regardless of the amount of involvement that a medical student or postgraduate trainee has in that patient’s care.

Supervisors: Physicians who have taken on the responsibility to observe, teach, and evaluate medical students and/or postgraduate trainees. The supervisor of a medical student or postgraduate trainee who is involved in the care of a patient may or may not be the most responsible physician for that patient.

Policy

Supervision of Medical Students

1. MRPs and/or supervisors³ **must** provide appropriate supervision to medical students which is proportionate to the medical student’s level of training and experience. This includes:
 - a. assessing interactions (which may include observation) between medical students and patients to determine:
 - i. whether a medical student has the ability and readiness to safely participate in a patient’s care without compromising that care;
 - ii. a medical student’s performance, abilities, and educational needs; and
 - iii. whether a medical student is capable of safely interacting with patients in circumstances where the supervisor is not present in the room;
 - b. meeting at appropriate intervals with a medical student to discuss their assessments of patients and any care provided to them;

- c. ensuring that a medical student only engages in patient care based on previously agreed-upon arrangements with the MRP and/or supervisor;
- d. reviewing and providing feedback on a medical student's documentation, including any progress notes written by a medical student;
- e. subject to any institutional policies, using their professional judgment to determine whether to countersign a medical student's documentation;
- f. countersigning all orders written under the supervision or direction of a physician;⁴ and
- g. managing and documenting patient care, regardless of the level of involvement of medical students.

Supervision of Postgraduate Trainees

- 2. MRPs and/or supervisors **must** provide appropriate supervision to postgraduate trainees. This includes:
 - a. regularly assessing a postgraduate trainee's ability and learning needs, and assigning graduated responsibility accordingly;
 - b. ensuring that relevant clinical information is made available to a postgraduate trainee;
 - c. communicating regularly with a postgraduate trainee to discuss and review their patient assessments, management, and documentation of patient care in the medical record; and
 - d. directly assessing the patient as appropriate.
- 3. Postgraduate trainees **must**:
 - a. only take on clinical responsibility in a graduated manner, proportionate with their abilities, although never completely independent of appropriate supervision;
 - b. communicate with a supervisor and/or MRP:
 - i. in accordance with the guidelines of their postgraduate program and/or clinical placement setting;
 - ii. about their clinical findings, investigations, and treatment plans;
 - iii. in a timely manner, urgently if necessary, when there is a significant change in a patient's condition;
 - iv. when the postgraduate trainee is considering a significant change in a patient's treatment plan or has a question about the proper treatment plan;
 - v. about a patient discharge;
 - vi. when a patient or family expresses concerns; or
 - vii. in an emergency or when there is significant risk to the patient's well-being;
 - c. document their clinical findings and treatment plans; and
 - d. identify the MRP or supervisor who has reviewed their consultation reports and indicate the MRP's or supervisor's approval of the report.

Availability of MRP and/or Supervisor

- 4. MRPs and/or supervisors **must** ensure that they are identified and available to assist medical students and/or postgraduate trainees when they are not directly supervising them (i.e., in the same room) or if unavailable, they **must** ensure that an appropriate alternative supervisor is available and has agreed to provide supervision.
- 5. The degree of availability of an MRP and/or supervisor and the means of availability (by phone, pager or in-person) **must** be appropriate and reflective of the following factors:
 - a. the patient's specific circumstances (e.g., clinical status, specific health-care needs);
 - b. the setting where the care will be provided and the available resources and environmental supports in place; and
 - c. the education, training and experience of the medical student and/or postgraduate trainee.

Involvement in Patient Care

Informing Patients about the Health-Care Team

6. MRPs or supervisors **must** ensure that patients⁵ are informed of their name and roles, the fact that the MRP is ultimately responsible for their care, and that patient care often relies on a collaborative, team-based approach involving both medical students and postgraduate trainees.
 - a. As medical students or postgraduate trainees are often the first point of contact with a patient, the information above can be provided by them where appropriate.

Obtaining Consent

Medical student and postgraduate trainee involvement in patient care are necessary elements of medical education and training, as well as essential components of how care is delivered in teaching hospitals and other affiliated sites. Respect for patient autonomy may warrant obtaining consent to the involvement of medical students and postgraduate trainees. Whether the consent is implied or express⁶ will depend on the circumstances.

7. In situations where medical students or postgraduate trainees are involved in patient care solely for their own education (e.g., observation, examinations unrelated to the provision of patient care⁷, etc.), physicians responsible for providing that care **must** ensure consent to medical student or postgraduate trainee participation is obtained, either by obtaining consent themselves or, where appropriate, by another member of the health care team (including the medical student or postgraduate trainee involved).
8. Where medical students provide care to patients, physicians responsible for that care **must** ensure that consent for the participation of the medical student is obtained in appropriate circumstances, and **must** determine who from the health-care team (including the medical student) will obtain it, taking into account the:
 - a. type of examination, procedure or care that is being provided (e.g. complexity, intrusiveness, sensitivity);
 - b. patient's characteristics/attributes, including their vulnerability;
 - c. increasing responsibilities medical students have in participating in patient care;
 - d. level of involvement of the MRP/supervisor in the care being provided; and
 - e. best interests of the patient.

Professional Behaviour

9. MRPs and supervisors **must** demonstrate a model of compassionate and ethical care while educating and training medical students and postgraduate trainees.
10. MRPs, supervisors, and postgraduate trainees **must** demonstrate professional behaviour in their interactions with:
 - a. each other
 - b. medical students,
 - c. patients and their families,
 - d. colleagues, and
 - e. support staff.
11. MRPs, supervisors, and postgraduate trainees **must not** engage in unprofessional behaviour that interferes with or is likely to interfere with quality health-care delivery or quality medical education (e.g., the use of words, actions, or inactions that interfere with a physician's ability to function well with others.⁸)

Violence, Harassment, and Discrimination

12. Physicians (including MRPs, supervisors, and postgraduate trainees) involved in medical education and/or training **must not** engage in violence, harassment (including intimidation) or discrimination (e.g., racism, transphobia, sexism) against medical students and/or postgraduate trainees.
13. Physicians **must** take reasonable steps to stop violence, harassment or discrimination (e.g., racism, transphobia, sexism) against medical students and/or postgraduate trainees if they see it occurring in the learning environment and **must** take any other steps as may be required under applicable legislation⁹, policies, institutional codes of conduct or by-laws.

14. MRPs and/or supervisors **must** provide medical students and/or postgraduate trainees with support and direction in addressing unprofessional behaviour (including violence, harassment and discrimination) in the learning environment, including but not limited to taking any steps as may be required under applicable legislation¹⁰, policies, institutional codes of conduct or by-laws.

Professional Relationships/Boundaries

15. MRPs and supervisors **must not**:
- a. enter into a sexual relationship with a medical student and/or postgraduate trainee while responsible for mentoring, teaching, supervising or evaluating the medical student and/or postgraduate trainee; or
 - b. enter into a relationship¹¹ with a medical student and/or postgraduate trainee that could present a risk of bias, coercion, or actual or perceived conflict of interest, while responsible for mentoring, teaching, supervising or evaluating the medical student and/or postgraduate trainee.
16. MRPs and/or supervisors (including postgraduate trainees who are supervisors) **must**, subject to applicable privacy legislation¹², disclose any sexual or other relationship¹³ between themselves and a medical student and/or postgraduate trainee which pre-dates the mentoring, teaching, supervising or evaluating role of the MRP and/or supervisor to the appropriate member of faculty (e.g., the department or division head or undergraduate/postgraduate program director) in order for the faculty member to decide whether alternate arrangements are warranted.

Reporting Responsibilities

17. Physicians (including MRPs, supervisors and postgraduate trainees) involved in the education and/or training of medical students and/or postgraduate trainees **must** report to the medical school and/or to the health-care institution, if applicable, when a medical student and/or postgraduate trainee:
- a. exhibits behaviours that would suggest incompetence, incapacity, or abuse of a patient;
 - b. fails to behave professionally and ethically in interactions with patients and their families, supervisors, and/or colleagues; or
 - c. otherwise engages in inappropriate behaviour.¹⁴
18. Physicians involved in administration at medical schools, or health-care institutions that train physicians **must** contribute to providing:
- a. a safe and supportive environment that allows medical students and/or postgraduate trainees to make a report if they believe the MRP and/or their supervisor:
 - i. exhibits any behaviours that would suggest incompetence, incapacity, or abuse of a patient;
 - ii. fails to behave professionally and ethically in interactions with patients and their families, supervisors or colleagues; or
 - iii. otherwise engages in inappropriate behaviour, including violence, harassment, and discrimination against medical students and/or postgraduate trainees; and
 - b. an environment where medical students and/or postgraduate trainees will not face intimidation or academic penalties for reporting such behaviours.

Supervision of Medical Students for Educational Experiences not Part of an Ontario Undergraduate Medical Education Program

19. In addition to fulfilling the expectations set out above, physicians who choose to supervise medical students for educational experiences that are not part of an Ontario undergraduate medical education program **must**:
- a. comply with the *Delegation of Controlled Acts* policy,¹⁵
 - b. ensure that they have liability protection for that student to be in the office,
 - c. ensure that the student:
 - i. is enrolled in and in good standing at an undergraduate medical education program at an acceptable medical school,¹⁶
 - ii. has liability protection that provides coverage for the educational experience,

- iii. has personal health coverage in Ontario, and
 - iv. has up-to-date immunizations.¹⁷
20. Where physicians do not have experience supervising medical students or are unable to fulfill the expectations outlined above, they **must** limit the activities of the medical student to the observation of patient care only.

Endnotes

1. The *Regulated Health Professions Act, 1991*, S.O. 1991, c.18 (*RHPA*) permits students to participate in the delivery of health care by allowing them to carry out controlled acts “while fulfilling the requirements to become a member of a health profession and the act is within the scope of practice of the profession and is done under the supervision or direction of a member of the profession”.
2. The majority of postgraduate trainees in Ontario hold a certificate of registration authorizing postgraduate education, but regardless of the class of certificate of registration held, postgraduate trainees cannot practise independently in the discipline in which they are currently training.
3. A postgraduate trainee may also be a supervisor.
4. Prescriptions, telephone or other transmitted orders may be transcribed by the medical student but must be countersigned.
5. Throughout this policy, where “patient” is referred to, it should be interpreted as “patient or substitute decision-maker” where applicable.
6. Express consent is direct, explicit, and unequivocal, and can be given orally or in writing. Implied consent can be inferred from the words or behaviour of the patient, or the surrounding circumstances, such that a reasonable person would believe that consent has been given, although no direct, explicit, and unequivocal words of agreement have been given. Obtaining consent for involvement of medical students and postgraduate trainees is different than that of obtaining consent in the context of the *Health Care Consent Act* regarding treatment decisions. More information is provided in the *Advice*.
7. See *Advice* for examples.
8. For more information, please refer to the College policy on [*Professional Behaviour*](#), as well as the [*Guidebook for Managing Disruptive Physician Behaviour*](#).
9. For example, the obligations set out in the [*Occupational Health and Safety Act*](#), R.S.O. 1990, c.0.1 (“*OHSA*”) and the [*Human Rights Code*](#), R.S.O. 1990, c. H.19 (the “*Code*”).
10. Physicians may have other obligations under *OHSA* and the *Code* in regard to their own behaviour in the workplace, as well as specific obligations if they are employers as defined by *OHSA* or the *Code*.
11. Including but not limited to, family, dating, business, treating/clinical, and close personal relationships.
12. If the relevant information to be disclosed contains personal health information or is otherwise protected by privacy legislation, the MRP and/or supervisor may either obtain consent from the medical student and/or postgraduate trainee to disclose this information or state that alternate arrangements are warranted.
13. Including but not limited to family, dating, business, treating/clinical and close personal relationships.
14. The College’s [*Disclosure of Harm*](#) policy also contains expectations which may be relevant to these circumstances.
15. The College’s [*Delegation of Controlled Acts*](#) policy applies to any physician who supervises:
 1. an Ontario medical student completing an extra rotation that is not part of their MD program, and
 2. a student from outside Ontario completing an Ontario educational experience where the student will be performing controlled acts.
16. For the purposes of this policy, an “acceptable medical school” is a medical school that is accredited by the Committee on Accreditation of Canadian Medical Schools or by the Liaison Committee on Medical Education of the United States of America, or is listed in the [*World Directory of Medical School’s online registry*](#).
17. Please refer to the [*Council of Ontario Faculties of Medicine’s Immunization policy*](#).



UNIVERSITY OF TORONTO FACULTY OF MEDICINE

Guidelines for the Assessment of Postgraduate Residents of the Faculty of Medicine at the University of Toronto

Source: Temerty Faculty of Medicine, Postgraduate Medical Education, PGME

<https://pgme.utoronto.ca/guidelines-assessment-postgraduate-residents>

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1. Introduction

These Guidelines for the Assessment of Postgraduate Residents at the Faculty of Medicine at the University of Toronto (the “Guidelines”) contain the rules governing the Assessment and promotion of all residents in postgraduate training programs at the University of Toronto. For the purposes of this document, a resident is a physician registered in a program subject to accreditation by the Royal College of Physicians and Surgeons of Canada (Royal College) or the College of Family Physicians of Canada (CFPC). It is the responsibility of each resident to read the Guidelines and to be familiar with their content.

The Guidelines have been developed to be in compliance with the accreditation standards of the Royal College and the CFPC. The Guidelines are also designed to be consistent with the following University of Toronto academic policies, and policies of the following medical organizations:

- (a) [the University of Toronto Code of Behaviour on Academic Matters](#);
- (b) [the University of Toronto Standards of Professional Practice Behaviour for all Health Professional Students](#)
- (c) [the University of Toronto Code of Student Conduct](#)
- (d) [the University of Toronto University Assessment and Grading Practices Policy](#)
- (e) [the College of Physicians and Surgeons of Ontario Policy on Professional Responsibilities in Postgraduate Medical Education](#) (CPSO); and
- (f) [the Canadian Medical Association Code of Ethics](#) (CMA)
- (g) [University-Mandated Leave of Absence Policy](#)

The Guidelines set out the procedures for the assessment of Residents (as defined below). The Guidelines also establish the processes for remediation when a Resident has failed to meet the performance standards of the Residency Program (as defined below), or where a problem in respect of the behaviour or performance of a Resident has been identified.

In these guidelines, the word “must” is used to denote something necessary, and the word “should” is used to denote something highly desirable.

2. Definitions

The following definitions are used in this document:

- 2.1. “Board of Examiners – PG” means the Board of Examiners – Postgraduate Programs, which is the committee of the University Faculty Council responsible as set out in the Terms of Reference by Faculty Council.
- 2.2. “Dean” means the Dean of the Faculty of Medicine of the University.
- 2.3. “Designated Assessment Tools” is the specified assessment tools approved by the Residency Program Committee for inclusion in the Program Assessment Plan which are appropriately tailored to the specialty, level of training, and the national training standards
- 2.4. “Standards of Accreditation” means the standards of accreditation of the Royal College or the CFPC, as applicable.
- 2.5. “Head of Department” means administrative head of the University department.

- 2.6. “Post-Graduate Medical Education Advisory Committee” or PGMEAC, means the committee responsible for the development and review of all aspects of postgraduate medical education within the Faculty and is chaired by the Post Graduate Medical Education (PGME) Dean.
- 2.7. PGME Dean, is the decanal lead responsible for the oversight of residency education
- 2.8. “Program Director” is the University officer responsible for the overall conduct of the integrated residency program in a discipline, and responsible to the head of the University department concerned and to the PGME Dean.
- 2.9. “Remedial Period” means any of Remediation, Remediation with Probation, and Probation, all as defined in the Guidelines.
- 2.10. “Residency Program” means the Royal College or CFPC postgraduate medical training program;
- 2.11. “RPC” means the Residency Program Committee and is the committee that assists the Program Director in the planning, organization, and supervision of the residency training program, (and) must include representation from the residents in the program.
- 2.12. “Scoring Rubrics” are the scoring guides used to assess performance for individual assessments and across assessment plans.
- 2.13. “Summative Assessment” refers to a formal written summary of a resident’s performance against established expectations which is carried out at specified intervals within each program.
- 2.14. “Signature” means actual signature or electronic acknowledgement
- 2.15. “Supervisor” means a staff physician directly responsible for a period or segment of the Resident’s professional training, teaching and instruction.
- 2.16. “Postgraduate Resident” or “Resident” means a physician registered in a training program accredited by the Royal College or the CFPC who is registered in the Faculty of Medicine of the University.
- 2.17. “University” means the University of Toronto.

3. PGMEAC – Maintaining Standards of Assessment

- 3.1. It is the responsibility of the PGMEAC to establish standards for the assessment, promotion, and dismissal of Residents in all Residency Programs, by:
- 3.1.1. Ensuring that assessment processes and practices are consistent with the Guidelines, and the minimum standards set by the University and related professional organizations, including the CPSO, CFPC and the Royal College;
- 3.1.2. Ensuring that clinical and field supervisors, as well as Resident, are properly informed about assessment and related processes as required by the University of Toronto University Assessment and Grading Practices Policy; and
- 3.1.3. Monitoring the performance of programs either directly or through the relevant subcommittee of the PGMEAC.

4. Resident Assessment

4.1. Assessment Principles

As learners of the University and Residents in either a Royal College or CFPC Residency Program, Residents are routinely assessed on an ongoing basis, both formally and informally. This assessment may be formative or summative. This assessment must be conducted in accordance with the policies of the University, the Royal College and/or the CFPC.

For all clinical and field experiences, divisions must ensure that:

- (a) clinical and field assessors are fully informed regarding University, divisional and course policies concerning assessment procedures, including the specific assessment procedures to be applied in any particular field or clinical setting.
- (b) information about Resident support services are available to Residents to facilitate Resident success.

The minimum standards set by the University Grading Practices Policy for Clinical and Field Settings include regular longitudinal assessment and a written Summative Assessment against established required competencies.

4.2. Program Assessment Plan

4.2.1. Purpose

- 4.2.1.1. to provide a framework for the assessment of the Resident's knowledge, skills and attitudes by a Supervisor;
- 4.2.1.2. to facilitate feedback to the Resident by a Supervisor or the Program Director;
- 4.2.1.3. to serve as a record of the strengths and weaknesses of the Resident for the Program Director;
- 4.2.1.4. to enable the Program Director to assist future Supervisors in ongoing supervision;
- 4.2.1.5. to assist the Program Director in providing a progress and/or Summative Assessment of the Resident for the Royal College, the CFPC and/or the CPSO; and
- 4.2.1.6. to establish the basis for confirmation of progress, identification of needs and promotion.

4.2.2. Grading and Rating Practices

- 4.2.2.1. The Designated Assessment Tools must contain or be accompanied by a Scoring Rubric that includes an explanation of the rating scale to assist the Supervisor(s) in marking individual assessment items and should relate to level-specific learning goals and objectives. Comments should be made on any specific areas of performance which contribute significantly to the assessment, especially in areas of weakness.

- 4.2.2.2. For the purpose of completing the Designated Assessment Tools, appropriate medical and inter-professional team members should be consulted about the Resident's performance.

4.3. Assessment Process

- 4.3.1. As required by the University Grading Practices Policy, a Resident must be provided with:

- 4.3.1.1. a copy of Residency Program Assessment Plan which may include goals and objectives, required training experiences, entrustable professional activities

- 4.3.1.2. a statement describing the assessment processes used by the particular Residency Program;

- 4.3.1.3. a copy of the Designated Assessment tools and other required assessment forms; and

- 4.3.1.4. mechanism to engage Residents in regular discussion for review of their performance and progression.

- 4.3.1.5. a copy of these Guidelines.

- 4.3.2. During a Residency Program, Supervisors should make every effort to provide ongoing, informal, verbal feedback to all Residents, in addition to the formal feedback and assessment required by the Guidelines.

- 4.3.3. If a problem is identified at any point during the rotation, a Supervisor must bring this problem to the attention of the Resident in a timely fashion, preferably in person. This should be documented by the Supervisor and shared with the Program Director so they can support residents who are not attaining the required competencies as anticipated.

- 4.3.4. At regularly defined intervals (such as at the end of a rotation in traditional models and as per progress review timelines in competencybased models), and at least every 6 months, a completed Summative Assessment must be submitted using all data collected with the Designated Assessment Tools.

The Summative Assessment must outline the progress that has been made by the Resident in addressing any problems previously identified. The Program Director or delegate, must discuss the Summative Assessment with the Resident. This discussion should occur in a timely fashion, preferably in person.

- 4.3.5. The Resident must be asked to provide their signature or electronic confirmation on the Summative Assessment to confirm that it has been seen and discussed with the Supervisor or Program Director. This confirmation does not signify that the Resident agrees with the Summative Assessment. Failure of the Resident to sign the form does not invalidate the Summative Assessment. The Resident should be given a reasonable period of time in which to consider the Summative Assessment and be encouraged to provide comments regarding this Summative Assessment in a space provided. If

subsequent comments are added by the Supervisor, they must be shared and discussed. A copy of the Summative Assessment must be available to the Resident.

- 4.3.6. All Summative Assessments are confidential documents and must only be disclosed as strictly necessary to support learner success (e.g. learner handover). A Resident's Summative Assessment data must only be provided to the Resident, to the Resident's Supervisors, to the Program Director, Site Directors and RPC, and where appropriate, the PGME Dean, the Board of Examiners – PG and any Faculty or appeal committee considering the Resident's performance.

5. Remedial Periods

- 5.1. If a Summative Assessment is below the standards expected for the level of training of the Resident, the RPC must decide whether to recommend that the Resident be required to enter one of the following Remedial Periods:
 - 5.1.1. Remediation (as defined in section 5.9);
 - 5.1.2. Remediation with Probation (as defined in in section 5.10); or
 - 5.1.3. Probation (as defined in section 5.11).
- 5.2. These Remedial Periods are intended to deal with problems which are not expected to be readily corrected in the normal course of the Residency Program
- 5.3. Any recommendation of a Remedial Period must be subject to the approval of the Board of Examiners – PG. Prior to consideration by the Board of Examiners – PG, the Resident must be given the opportunity to meet with the RPC or RPC formally designated subcommittee to discuss the recommendation, and meet with the PGME Dean or designate to review the recommendation and related processes.
- 5.4. Where a Remedial Period is being considered, for the purposes of presenting to the Board of Examiners – PG, the Program Director, in consultation with the RPC, or equivalent, must develop a written Remedial Plan for the Resident.
- 5.5. The written Remedial Plan should:
 - 5.5.1. Include Resident background Information;
 - 5.5.2. Detail objectives of the formal remediation and their rationale;
 - 5.5.3. Identify the aspects of the Resident's performance or behaviour that require remedial attention;
 - 5.5.4. Describe the proposed remedial education and the resources available to the Resident to achieve these objectives;
 - 5.5.5. State the specific duration of Remedial Period;
 - 5.5.6. Define the expected outcomes of the Remedial Period and how they will be assessed; and,
 - 5.5.7. State the consequences of a successful or unsuccessful outcome of the Remedial Period;
 - 5.5.8. Outline the methods by which a final decision will be made around whether a Resident has successfully completed a period of formal remediation.

5.6. The Resident should be consulted about the Remedial Plan through interaction with the Program Director and must be provided with a copy of the Remedial Plan.

5.7. If the Resident indicates acceptance of Remedial Plan the Resident may commence the Remedial Period prior to the approval of the Board of Examiners – PG. If the Resident does not accept the recommendation, the Remedial Period may not commence until it is approved by the Board of Examiners – PG.

5.8. At the end of a Remedial Period, the Program Director, on the basis of the final Assessment and on the advice of the RPC, must inform the Resident and the Board of Examiners – PG of the outcome, which may be that:

5.8.1. The Remedial Period has been successful and the Resident will continue in the Residency Program at a level determined by the Program Director, on the advice of the RPC; or,

5.8.2. If the remedial period has been unsuccessful, the Program Director, on the advice of the RPC, may recommend outcomes as outlined in 5.9, 5.10, and 5.11.

5.9. Remedial Period: Remediation

5.9.1. Remediation is a formal program of individualized training aimed at assisting a Resident to correct identified weaknesses, where it is anticipated those weaknesses can be successfully addressed to allow the Resident to meet the standards of training.

5.9.2. Where the Remediation is unsuccessful, the RPC may recommend to the Board of Examiners – PG that the Resident enters a further period of Remediation or Remediation with Probation.

5.10. Remedial Period: Remediation with Probation

5.10.1. Remediation with Probation is a Remedial Period similar to Remediation, but provides that if the outcome of Remediation with Probation is unsuccessful, the Resident may be dismissed.

5.10.2. Remediation with Probation may be recommended and approved:

5.10.2.1. if there are exceptional circumstances

5.10.2.2. after an unsuccessful Remediation

5.10.2.3. following any documented assessment, where the Resident's overall performance or the performance in a critical area is sufficiently below expectations that there is serious concern about the Resident's ability to meet the Residency Program's required standards within a reasonable time.

5.10.3. Where the Remediation with Probation has been successful, the Resident may continue in the regular Residency Program at an appropriate level, as determined by the Program Director on the advice of the RPC.

5.10.4. Where the Remediation with Probation has been only partially successful, the Program Director, on the advice of the RPC, may recommend to the Board of Examiners – PG that the Resident enter a further Remedial Period

- 5.10.5. Where the Remediation with Probation has been unsuccessful, the Program Director, on the advice of the RPC, may recommend to the Board of Examiners – PG that the Resident be dismissed from the Residency Program.

5.11. Remedial Period: Probation

- 5.11.1. A Resident will be placed on Probation in circumstances where the Resident is expected to correct identified serious problems which are not subject to usual remedial training including, but not limited to, attitudinal deficiencies, behavioural disorders or chemical dependence, which are assessed to jeopardize successful completion of the Residency Program.
- 5.11.2. The Program Director, on the advice of the RPC, may recommend that a Resident be placed on Probation. The Probation itself may not be able to provide the intervention required to address the identified serious problems, but may permit assessment of any further intervention required, if appropriate.
- 5.11.3. Where the Probation has been successful and the problem identified has been corrected the Resident may continue in the regular Residency Program at an appropriate level, as determined by the Program Director, on the advice of the RPC:
- 5.11.4. Where the Probation has been only partially successful, the Program Director, on the advice of the RPC may recommend to the Board of Examiners – PG that the Resident is required to enter another period of Probation.
- 5.11.5. Where the Probation has been unsuccessful the Program Director, on the advice of the RPC, may recommend to the Board of Examiners – PG that the Resident be dismissed from the Residency Program.

6. Suspension

- 6.1. Suspension is the temporary interruption of a Resident's participation in the Residency Program, and includes the interruption of clinical and educational activities (hereafter, "Suspension").

6.2. Improper Conduct

Because they are both physicians and learners of the University, the conduct of the Residents is governed by the policies of professional bodies, such as the CPSO, the Canadian Medical Association and others, and by policies of the Faculty of Medicine and of the University of Toronto, including the University of Toronto Standards of Professional Practice Behaviour for all Health Professional Students, University of Toronto Code of Behaviour on Academic Matters and the University of Toronto Code of Student Conduct. Violation of any of these standards or policies may constitute improper conduct.

6.3. Suspension from the Training Program

A Program Director may, pending consideration by the Board of Examiners - PG, and after consultation with the PGME Dean, suspend a Resident for Improper Conduct if the conduct is of such a nature that the continued presence of the Resident in the clinical setting would pose a threat to the safety of persons (i.e. patients, staff and students, or the public that uses the clinical setting), or to the academic function of the training program or the ability of other Residents to continue their program of study. The Resident, as well as the Head of the Department and the PGME Dean, must be notified in writing of a Suspension, and the notification

must include the reasons for and duration of the Suspension. The Resident will continue to be paid during the Suspension, pending formal review, but may be denied access to hospitals and other clinical or laboratory facilities.

6.4. Assessment following Suspension

A decision to suspend a Resident must be reviewed by the RPC and followed by either full reinstatement or any of the processes described in sections 5 and 7, subject to approval by the Board of Examiners – PG.

7. Dismissal

7.1. Dismissal of a Resident involves the termination of the Resident from the Residency Program.

Dismissal may occur:

7.1.1. following an unsuccessful Remediation with Probation;

7.1.2. following an unsuccessful Probation;

7.1.3. following Suspension; or

7.1.4. for Improper Conduct.

7.2. The recommendation to dismiss a Resident may be made by the Program

Director on the advice of the RPC to the Board of Examiners – PG. The Resident must be informed of the decision in writing. The written statement must include the reason(s) for dismissal.

8. Decisions of the Board of Examiners – PG

8.1. All decisions of the Board of Examiners – PG must be communicated in writing by the Chair to the PGME Dean and copied to the Program Director and the Resident.

8.2. The Resident's copy of the decision should include a copy of the procedures of the Faculty of Medicine Appeals Committee.

9. Appeals

9.1. A Resident may appeal a decision of the Board of Examiners – PG.

9.2. If the Resident wishes to appeal the decision of the Board of Examiners – PG, notice should be given in writing, within 30 business days, to the Faculty administrative lead for BOE-PG. Appeals will be heard by the Faculty of Medicine Appeals Committee following the procedures of that Committee.

9.3. In the event that a Resident's appeal is rejected by the Faculty of Medicine Appeals Committee, a Resident may appeal to the Academic Appeals Board of the Governing Council, in accordance with its guidelines and procedures.

9.4. The terms and conditions of the Board of Examiners –PG decision, including any applicable Remedial Period, will begin following the disposition of the Appeal.

10. Final Assessment

When a Resident is assessed by the RPC at the end of the Residency Program as having met the prerequisites for certification by the Royal College or the CFPC, the PGME Dean will notify the Royal College or the CFPC of this in the required manner.

Standards of Professional Practice Behaviour for all Health Professional Students [as amended March 31, 2015] (effective March 2015)

Source: Temerty Faculty of Medicine

<https://governingcouncil.utoronto.ca/secretariat/policies/professional-practice-behaviour-all-health-professional-students-standards-0>

Preamble

Health professional students engage in a variety of activities with patients/clients under supervision and as part of their academic programs. During this training, the University, training sites, and society more generally expect our health professional students to adhere to appropriate standards of behaviour and ethical values. All health profession students accept that their profession demands integrity, exemplary behaviour, dedication to the search for truth, and service to humanity in the pursuit of their education and the exercise of their profession.

These Standards express professional practice and ethical performance expected of students registered in undergraduate, graduate and postgraduate programs, courses, or training (for the purposes of this policy, students includes undergraduate/graduate students, trainees including post doctoral fellows, interns, residents, clinical and research fellows or the equivalents) in the:

- a. Faculty of Dentistry;
- b. Faculty of Kinesiology and Physical Education;
- c. Faculty of Medicine;
- d. Lawrence S. Bloomberg Faculty of Nursing;
- e. Leslie Dan Faculty of Pharmacy;
- f. Dalla Lana School of Public Health;
- g. Factor-Inwentash Faculty of Social Work;
- h. Ontario Institute for Studies in Education (OISE Programs in School and Clinical Child Psychology; Counselling Psychology for Psychology Specialists; Counselling Psychology for Community and Educational Settings).

By registering at the University of Toronto in one of these Faculties or in courses they offer, a student accepts that he/she shall adhere to these Standards. These Standards apply to students in practice-related settings such as fieldwork, practicum, rotations, and other such activities arranged through the Faculty, program of study, or teaching staff. Other Faculties that have students engaged in such activities in health settings may also adopt these standards.

These Standards do not replace legal or ethical standards defined by professional or regulatory bodies or by a practice or field setting, nor by other academic standards or expectations existing at the University of Toronto. Action respecting these Standards by the Faculty responsible for the program or course does not preclude any other action under other applicable University policies or procedures, action by program regulatory bodies, professional bodies, or practice/field settings, or action under applicable law including the Criminal Code of Canada.

Breach of any of these Standards may, after appropriate evaluation of a student, and in accordance with applicable procedures, be cause for dismissal from a course or program or for failure to promote.

Standards of Professional Behaviour and Ethical Performance

All students will strive to pursue excellence in their acquisition of knowledge, skills, and attitudes in their profession and will uphold the relevant behavioural and ethical standards of his or her health profession or Faculty, including:

1. Keeping proper patient/client records
2. Where patient/client informed consent to an action is required, the student will act only after valid informed consent has been obtained from the patient/client (or from an appropriate substitute decision-maker)

3. Providing appropriate transfer of responsibility for patient/client care
4. Being skillful at communicating and interacting appropriately with patients/clients, families, faculty/instructors, peers, colleagues, and other health care personnel
5. Not exploiting the patient/client relationship for personal benefit, gain, or gratification
6. Attending all mandatory educational sessions and clinical placements or provide appropriate notification of absence
7. Demonstrating the following qualities in the provision of care:
 - a. empathy and compassion for patients/clients and their families and caregivers;
 - b. concern for the needs of the patient/client and their families to understand the nature of the illness/problem and the goals and possible complications of investigations and treatment;
 - c. concern for the psycho-social aspects of the patient's/client's illness/problem;
 - d. assessment and consideration of a patient's/client's motivation and physical and mental capacity when arranging for appropriate services;
 - e. respect for, and ability to work harmoniously with, instructors, peers, and other health professionals;
 - f. respect for, and ability to work harmoniously with, the patient/client and all those involved in the promotion of his/her wellbeing;
 - g. recognition of the importance of self-assessment and of continuing education;
 - h. willingness to teach others in the same specialty and in other health professionals;
 - i. understanding of the appropriate requirements for involvement of patients/clients and their families in research;
 - j. awareness of the effects that differences in gender, sexual orientation, cultural and social background may have on the maintenance of health and the development and treatment of illness/problems;
 - k. awareness of the effects that differences in gender, sexual orientation, and cultural and social background may have on the care we provide;
 - l. respect for confidentiality of all patient/client information; and,
 - m. ability to establish appropriate boundaries in relationships with patients/clients and with health professionals being supervised;

These Standards articulate the *minimum* expected behaviour and ethical performance; however, a student should always strive for exemplary ethical and professional behaviour.

(b) A student will refrain from taking any action which is inconsistent with the appropriate standards of professional behaviour and ethical performance, including refraining from the following conduct:

8. Misrepresenting or misleading anyone as to his or her qualifications or role
9. Providing treatment without supervision or authorization
10. Misusing or misrepresenting his/her institutional or professional affiliation
11. Stealing or misappropriating or misusing drugs, equipment, or other property
12. Contravention of the Ontario Human Rights Code
13. Unlawfully breaching confidentiality, including but not limited to accessing electronic records of patients/clients for whom s/he is not on the care team
14. Being under the influence of alcohol or recreational drugs while participating in patient/client care or on call or otherwise where professional behaviour is expected
15. Being unavailable while on call or on duty
16. Failing to respect patients'/clients' rights and dignity
17. Falsifying patient/client records
18. Committing sexual impropriety with a patient/client¹
19. Committing any act that could reasonably be construed as mental or physical abuse
20. Behaving in a way that is unbecoming of a practising professional in his or her respective health profession or that is in violation of relevant and applicable Canadian law, including violation of the Canadian Criminal Code.

¹ Students who have (or have had) a close personal relationship with a colleague, junior colleague, member of administrative staff or other hospital staff should be aware that obligations outlined in the Provost's Memorandum on Conflict of Interest and Close Personal Relations pertain to these Standards. <http://www.provost.utoronto.ca/policy/relations.htm>

Assessment of Professional Behaviour and Ethical Performance

The Faculties value the professional behaviour and ethical performance of their students and assessment of that behaviour and performance will form part of the academic assessment of health professions students in accordance with the Grading Practices Policy of the University of Toronto. Professional behaviour and ethical performance will be assessed in all rotations/fieldwork/practicum placements. These assessments will be timely in relation to the end of rotation/fieldwork placement/practicum and will be communicated to the student.

Each Health Science Faculty will have specific guidelines related to these Standards that provide further elaboration with respect to their Faculty-specific behavioural standards and ethical performance, assessment of such standards and relevant procedures.

Breaches of these Standards or of Faculty-specific guidelines related to these Standards are serious academic matters and represent failure to meet the academic standards of the relevant health profession program. Poor performance with respect to professional or ethical behaviour may result in a performance assessment which includes a formal written reprimand, remedial work, denial of promotion, suspension, or dismissal from a program or a combination of these. In the case of suspension or dismissal from a program, the suspension or dismissal may be recorded on the student's academic record and transcript with a statement that these Standards have been breached.

With respect to undergraduate students, appeals against decisions under this policy may be made according to the guidelines for such appeals within the relevant Faculty.

In the case of graduate students, the procedures for academic appeals established in the School of Graduate Studies shall apply. Recommendation to terminate registration in a graduate program must be approved by the School of Graduate Studies. Decisions to terminate registration in a graduate program may be appealed directly to the School of Graduate Studies Graduate Academic Appeals Board (GAAB) in accordance with its practises and procedures.

In cases where the allegations of behaviour are serious, and if proven, could constitute a significant disruption to the program or the training site or a health and safety risk to other students, members of the University community, or patient/clients, the Dean of the Faculty responsible for the program or course is authorized to impose such interim conditions upon the student, including removal from the training site, as the Dean may consider appropriate.

In urgent situations, such as those involving serious threats or violent behaviour, a student may be removed from the University in accordance with the procedures set out in the Student Code of Conduct.

Approved by Committee on Academic Policy and Programs (Minor Amendment) March 31, 2015, effective March 2015
Approved by the Executive Committee June 16, 2008, effective September 2008

Postgraduate Learner Health and Safety Guidelines

Source: Temerty Faculty of Medicine, Postgraduate Medical Education, PGME

https://pgme.utoronto.ca/sites/default/files/assets/db-resource/document/pglearner-health-and-safety-guidelines-approvalpgmeac2023aprilfinalapproved_0.pdf

Approved by: PGMEAC April 28, 2023

Date of original adoption: March 2009

Date of next scheduled review: January 2025

Note: This Postgraduate Learner Health and Safety Guidelines is for PGME Learners and is an update to the Postgraduate Learner Health and Safety Guidelines approved by PGMEAC in May 2017. This Guideline represents updates and additions that harmonize the definitions of what constitutes health and safety. Accreditation standards as well as language throughout the guideline have been updated accordingly to align with Temerty Faculty of Medicine standards and practice.

Important: This Guideline is NOT for emergency use.

Learners with reasonable concern about imminent health and safety should call 911 or seek immediate assistance from onsite security or other authorities.

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1. PURPOSE OF THIS GUIDELINE

- 1) To promote a safe and healthy environment that minimizes the risk of injury at all University of Toronto and affiliated teaching sites.
- 2) To confirm the University of Toronto Temerty Faculty of Medicine's commitment to the health, safety, and protection of its postgraduate learners.
- 3) To provide a procedure to report hazardous or unsafe training conditions and a mechanism to take corrective action.
- 4) To identify and clarify the roles and responsibilities of the University and Training Sites.
- 5) This centralized guideline regarding resident safety is intended for program-specific additions and/or variations as appropriate.

2. BACKGROUND

Indicator 4.1.3.2 of the General Standards of Accreditation for Institutions with Residency Programs states:

Effective central policies and processes are in place addressing residents' physical, psychological, and professional safety, including but not limited to:

- i. After-hours consultation,
- ii. Complaints and allegations of malpractice,
- iii. Fatigue risk management,
- iv. Hazardous materials,
- v. Infectious agents,
- vi. Ionizing radiation,
- vii. Patient encounters (including house calls),
- viii. Patient transfers (e.g., Medevac),
- ix. Safe disclosure of patient safety incidents,
- x. Travel,
- xi. Violence, including sexual and gender-based violence.

For learners covered by the PARO-OTH Collective Agreement between the Professional Association of Residents of Ontario (PARO) and the Ontario Teaching Hospitals (OTH), residents have dual status of being both postgraduate medical learners registered in university programs and physicians employed by the hospitals. As learners, they are entitled to secure and private call rooms and secure access between call room facilities and service areas. Learners have access to and coverage for Occupational Health Services (including TB tests, immunizations and follow-up, post-exposure prophylaxis and management, personal protective equipment) on the same terms as applicable to other hospital employee groups.

- Accreditation Canada standards indicate that member hospitals must have an operational safety and security program for staff and patients.
- The Ontario Occupational Health and Safety Act, 1990, (OHSA) outlines minimum standards for health and safety and establishes procedures for dealing with workplace hazards and protection against risks of workplace violence.
- The University of Toronto Health and Safety Policy (Governing Council February 2, 2022) states that the University is committed to the promotion of the health, safety, and wellbeing of all members of the University community, to the provision of a safe and healthy work and study environment, and to the prevention of occupational injuries and illnesses.
- The review of this safety guideline is informed by data relating to adverse events involving residents and individuals in resident teaching.

3. SCOPE

The University, hospitals, and affiliated teaching sites are accountable for the personal, environmental, and occupational health and safety of their employees and have the right to make implementation decisions within their respective policies and resource allocations. Postgraduate learners must adhere to the relevant health and safety policies and procedures of their training site. All teaching sites must adhere to the requirements of the [PARO-OTH Collective Agreement](#), unless specifically exempted in the agreement.

These guidelines cover all postgraduate learners, including residents and fellows, and encompass:

Personal Health and Safety including:

- risk of violence or harm from patients or staff;
- access to secure lockers and facilities including call rooms;
- safe travel:
 - between call facilities and service location, and
 - to private vehicle or public transportation between workplace and home; or while working in isolated or remote situations including visiting patients in their homes or after hours; and
- safeguarding of personal information.

Workplace and Environmental Health and Safety including:

- hazardous materials as named in the [OHSA](#); and
- radiation safety, chemical spills, indoor air quality.

Occupational Health and Safety including:

- blood borne pathogens;
- immunization policies; and
- respiratory protection.

4. PERSONAL HEALTH AND SAFETY

The University of Toronto Temerty Faculty of Medicine strives for a safe and secure environment for postgraduate learners in all training venues.

- 1) All teaching sites, hospitals, and long-term care institutions are responsible for ensuring the safety and security of learners in their facilities in compliance with their existing employee safety and security policies and procedures as well as the requirements outlined in the [PARO-OTH Collective Agreement](#). The Postgraduate Medical Education (PGME) Office will work with the Medical Education and Occupational Health Offices at these affiliated training sites to ensure adherence to these requirements.
- 2) Locations without a formal health and safety policy or joint committee will be guided by the standards outlined in the [OHSA](#).
- 3) Safety and security issues related to Intimidation and Harassment are outlined in the [Guideline for Managing Disclosures about Learner Mistreatment](#).

Responsibility of the Program and or Training Site:

[Indicator 5.1.2.2 of the General Standards of Accreditation for Residency Programs](#) states:

Effective resident safety policies and processes are in place, which may include policies and processes defined centrally or specific to the program, and which reflect general and/or discipline-specific physical, psychological, and professional resident safety concerns, as appropriate. The policies and processes include, but are not limited to:

- After-hours consultation
- Complaints and allegations of malpractice
- Fatigue risk management

- Hazardous materials
 - Infectious agents
 - Ionizing radiation
 - Patient encounters (including house calls)
 - Patient transfers (e.g., MedEvac)
 - Safe disclosure of patient safety incidents
 - Travel
 - Violence, including sexual and gender-based violence.
- The PGME Office will provide programs with best practices for orienting learners to individual safety risks. Programs must ensure learners are adequately oriented to policies prior to initiating clinical services.
 - Programs and learners share a responsibility to identify safety risks specific to each location and to the extent possible, will work together to assess safety risks specific to each rotation.
 - Where safety risks exist or are uncertain, programs **may not expect** postgraduate learners to see a patient in hospital, clinic or at home, during regular or after hours, without the presence of a supervisor or security personnel.
 - Training sites must endeavour to safeguard learners' personal information, other than identifying them by name when communicating with patients, staff, and families.
 - Patient transfers (e.g. MedEvac) must take place with appropriate safety and security measures in accordance with departmental guidelines.
 - Learners must be made aware of alternate options when exposing oneself to workplace risks or during travel to and from the workplace (i.e. driving a personal vehicle when fatigued).

Responsibility of the Learner:

- Learners must use all necessary personal protective equipment, precautions, and safeguards, including back up from supervisors, when engaging in clinical and/or educational experiences.
- Learners and programs share a responsibility to identify safety risks specific to each location and to the extent possible, will work together to assess safety risks specific to each rotation.
- Learners must exercise judgment and be aware of alternate options when exposing oneself to workplace risks or during travel to and from the workplace (i.e. driving a personal vehicle when fatigued).
- Learners must use caution when offering personal information to patients, families, or staff.
- Learners are expected to call patients from a hospital or clinic telephone line. The use of personal mobile phones for such calls is discouraged; if used, the call blocking feature should be engaged.
- Learners must promptly report any health and safety concerns (e.g., risk of needle stick injuries, fatigue, etc.) to their supervisor and any personal injury, high risk health exposure or incidence of work-related trauma to Occupational Health or equivalent department at the clinical site and their supervisor.

Reporting Protocol for Breaches of Personal Safety:

- Learners who feel their personal safety or security is threatened should remove themselves immediately from the situation in a professional manner and seek urgent assistance from their immediate supervisor or from the institution's security services.
- Learners cannot be negatively impacted for refusing to engage in clinical or educational experiences if they truly feel at risk in doing so and have communicated this to their Program Directors and respective site supervisors. It is recognized however that there are times (for example, in outbreaks of infectious disease, pandemics or environmental disasters), when a residual risk will remain after

all known precautions are taken. Professional responsibility to patients may require engaging in care despite these risks. For more information see the [University of Toronto Health Sciences Committee on Emergency Preparedness](#).

- Learners in hospital/institutional settings identifying a personal safety or security breach must report it to their immediate supervisor at the training site as well as to the program director to allow a resolution of the issue at a local level, and to comply with the site reporting requirements.
- Learners in community-based practices or other non-institutional settings should discuss issues and/or concerns with the staff physician or community-based coordinator or bring any safety concerns to the attention of their Program Director.
- Learners may also report their concerns to [Postgraduate Learner Affairs](#) (PGLA) or to the [Learner Experience Unit](#) (LEU) within the [Office of Learner Affairs](#) (OLA). Consent to do so will be obtained from the learner. Pending investigation and resolution of identified concerns:
 - The Program Director and/or Director/Associate Director PGLA, and/or Associate Dean, PGME have the authority to remove learners from clinical placements if a risk is seen to be unacceptable.
 - If a decision is taken to remove a learner, this must be communicated by the Program Director promptly to:
 - the Chair;
 - the Vice President, Education/Hospital Medical Education Lead or designate at the training site; the Residency Program Committee; the Associate Dean, PGME and the Vice Dean, Medical Education.
- If the safety issue raised is not resolved at the local level, it must be reported to the appropriate decanal lead responsible for the educational program who will investigate and may re-direct the issue to the relevant hospital medical education office or University office for resolution. The learner/faculty member bringing the incident forward will receive a response within 10 days outlining how the complaint was handled or if it will require further review.
- The appropriate decanal lead responsible for the educational program will bring the issue to the hospital office responsible for safety and security, and may involve the University [Community Safety Office](#), Temerty Faculty of Medicine [Office of the Chief Administrative Officer](#) for resolution or further consultation. The OLA will report on safety concerns semi-annually through the Associate Dean, PGME to the [Postgraduate Medical Education Advisory Committee](#) (PGMEAC) and the [Hospital University Education Committee](#) (HUEC) through the Vice Dean, Medical Education.
- Urgent learner safety issues will be brought to the attention of the Vice Dean, Medical Education, Associate Dean, PGME, as well as to the relevant hospital VP Education/Hospital Medical Education Lead or as appropriate.
- The Director/Associate Director PGLA, may at any time investigate and act upon health and safety systems issues that come to their attention by any means, including internal reviews, learner/faculty/staff reporting, or police/security intervention.
- Learners in breach of the occupational health policies of their training site are subject to the procedures by that site consistent with the requirements of the [OHSA](#). If attempts to resolve the situation by internal protocols are not successful, it may be brought to the attention of the training site Medical Education Lead.

5. WORKPLACE AND ENVIRONMENTAL HEALTH AND SAFETY and OCCUPATIONAL HEALTH AND SAFETY

In the course of their training, postgraduate learners may be exposed to hazardous agents and communicable pathogens. Learners, the University, and teaching sites including hospitals, laboratories

and community clinical settings are jointly responsible for supporting a culture promoting health and safety and preventing injury and incidents. Accidents, incidents, and environmental exposures occurring during training will be reported and administered according to the reporting policies and procedures of the University, hospital, or clinical teaching location.

Responsibilities of the Program, PGME Office and Training Site:

- Programs and training sites must ensure learners are appropriately oriented to current best practices for workplace safety guidelines.
- Programs must have guidelines to address exposures specific to each training site (e.g., radiation safety, hazardous materials, infection control), communicate these to learners at site-specific orientation sessions, and assess learners for appropriate understanding prior to involvement in these activities.
- Programs must ensure learners are capable of assessing site and situation specific safety risks.
- The PGME Office will ensure learners have all required immunizations (as per the [Council of Ontario Faculties of Medicine Immunization Policy](#) and the [HUEC](#)) prior to initiating clinical duties. This information will be available to appropriate individuals at the training sites as required via the [Postgraduate Web Evaluation and Registration](#) (POWER) system. Learners not meeting the immunization requirements of the faculty are not permitted to complete their registration with the PGME Office and will not be registered at the hospital.
- The PGME Office will ensure all concerns relating to communicable diseases, including blood borne pathogens, will be reviewed by the Expert Panel on Infection Control, and dealt with on a case-by-case basis prior to finalizing a learner's registration. Disclosure of communicable disease status of the learner will be limited to those required to know in order to provide the necessary procedures to address the health and safety concerns of the learner and others.

Responsibilities of the Learner:

- Learners must participate in required safety sessions as determined by their Program or training site.
- Learners must follow all of the occupational health and safety policies and procedures of the training site including, but not limited to, the appropriate use of personal protective equipment.
- Learners must agree to report unsafe training conditions as per the protocol outlined below.

Reporting Protocol for Workplace Accident/Injury or Incident (See appendix 2):

A) During [daytime hours](#) while working at an affiliated hospital or site associated with an affiliated hospital:

- 1) The learner must contact the Employee/Occupational Health Office of the institution.
- 2) The learner must complete the incident report form as required by the institution's protocol.
- 3) The learner must report the incident to their immediate supervisor.
- 4) The learner is encouraged to submit a copy of the report form to their Program office which will then forward a copy to the PGME Office.

B) During [evenings or weekends](#) or at a training site with no Occupational Health Office:

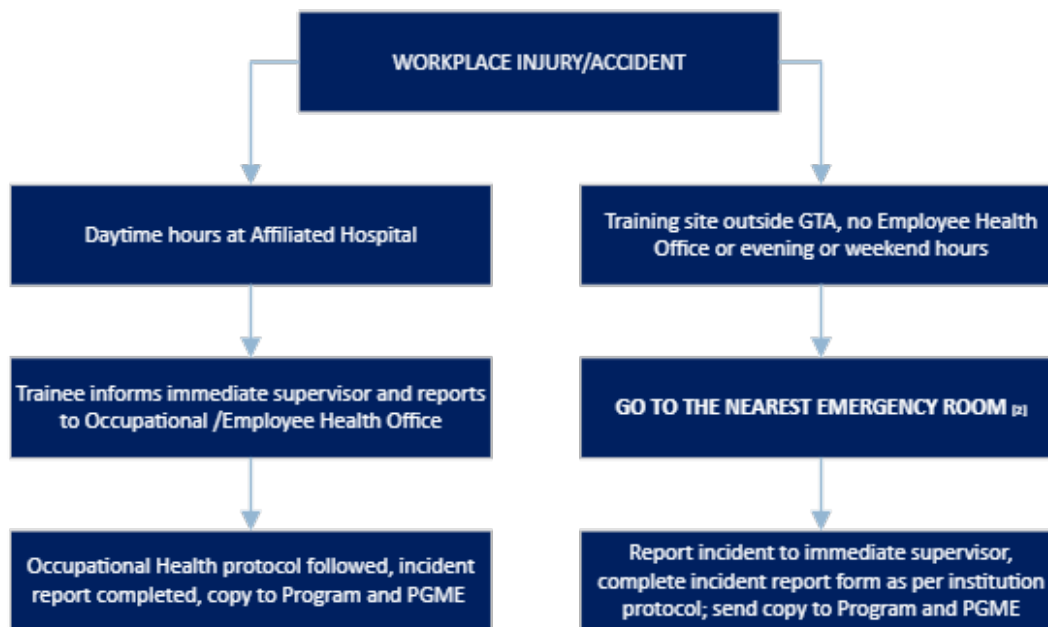
- 1) The learner must go immediately to the nearest emergency room and identify themselves as a learner of the University of Toronto¹.
- 2) The learner must report to the available supervisor, comply with the institution's protocol for completion of appropriate incident report forms, and keep a copy of this form to be forwarded to their Program office.
- 3) Incident reports for fellows reported to the PGME office, are sent back to the fellowship program.

¹ Learners who require urgent/emergent care must immediately go to the nearest emergency room. In circumstances where a learner is unsure if their injury is considered urgent/emergent, they should immediately seek advice from their immediate supervisor.

Appendix 1: Additional Resources

- 1) [A Guide to the Occupational Health and Safety Act, May 2011](#)
- 2) [Blood and Body Fluid Exposure Policy for University of Toronto Postgraduate Medical Trainees](#)
- 3) [Responding to Learner Mistreatment from Patients, Family Members, and Visitors Guide](#)
- 4) [Respiratory Protection Policy and Procedure for University of Toronto Faculty of Medicine Learners \("Mask-Fit Policy"\)](#)
- 5) Occupational/Employee Health Offices at all University affiliated teaching hospitals
- 6) Contact [PGME Office](#):
 - [Office of Learner Affairs](#);
 - [Learner Experience Unit](#); or
 - [Immunization Officer](#)

Appendix 2: Protocol for Workplace Exposure Injury



2

Updated April 2023

² Learners who require urgent/emergent care must immediately go to the nearest emergency room. In circumstances where a learner is unsure if their injury is considered urgent/emergent, they should immediately seek advice from their immediate supervisor.

Resident Intimidation and Harassment Policy and Resource Checklist

Key University Policy	Website Link:
Guidelines Addressing Intimidation, Harassment and Other Kinds of Unprofessional or Disruptive Behaviour in PGME	https://pgme.utoronto.ca/sites/default/files/inline-files/PGMEGuidelinesAddressIntimidationHarassment.pdf
Sexual Harassment Protocol, University of Toronto, Faculty of Medicine	https://medicine.utoronto.ca/research/sexual-harassment-complaints-involving-faculty-and-students-university-toronto-arising
Other Resources Available	
Sexual Harassment Policy and Procedures, University of Toronto Sexual Harassment Office, 416-978-3908	http://www.governingcouncil.utoronto.ca/Assets/Governing+Council+Digital+Assets/Policies/PDF/ppnov251997.pdf
Anti-Racism and Cultural Diversity Office, University of Toronto, 416-978-1259	http://www.antiracism.utoronto.ca/
Community Safety Office, University of Toronto, 416-978-1485	http://www.communitysafety.utoronto.ca/
PARO Break the Cycle: Resident Intimidation and Harassment	http://www.myparo.ca/

Postgraduate Medical Education, PGME Policies and Guidelines are available at <https://pgme.utoronto.ca/policies-guidelines>.

Career Planning

Resources Available	
PARO Transition to Practice Program	http://www.myparo.ca/after-residency/
Health Force Ontario (HFO) Practice U	http://www.healthforceontario.ca/Jobs/MarketingandRecruitment/practiceu.aspx
Ontario Physicians Locum Program	http://www.healthforceontario.ca/Jobs/OntarioPhysicianLocumPrograms.aspx
University of Toronto Career Centre	http://www.careers.utoronto.ca/

Postgraduate Medical Education, PGME Policies and Guidelines are available at <https://pgme.utoronto.ca/policies-guidelines>.

Learner Mistreatment Resources

Source: Department of Family & Community Medicine, DFCM & Temerty Faculty of Medicine

The Department of Family & Community Medicine (DFCM) is committed to enabling a positive learning and working environment for everyone in our community. We support a collaborative approach to addressing learner concerns that champions the principles articulated in the Temerty Faculty of Medicine [Learner Mistreatment Guideline](#) which describes the steps that will be taken to support learners that witness or experience mistreatment in the following programs:

- MD (all years)
- MD/PhD
- Medical Radiation Sciences
- Occupational Science and Occupational Therapy
- Physical Therapy
- Physician Assistant
- Postgraduate Medical Education including:
 - International Medical Graduates (IMGs), once fully registered following PEAP*
 - Externally sponsored trainees, once fully registered following AVP*
 - Medical Physics Residents
- Speech-Language Pathology

Temerty Medicine has adopted the Association of American Medical Colleges (AAMC) definition for learner mistreatment which refers to *intentional or unintentional behaviours that show disrespect for the dignity of others*. This may manifest as unprofessional behaviours, discrimination and discriminatory harassment, or sexual violence and sexual harassment. Review and management of disclosures will be informed by the [Standards of Professional Values for Clinical \(MD\) Faculty](#) and the [CPSO Professional Responsibilities in Medical Education](#), among other policies and guidelines.

Temerty Medicine has established a centralized hub of supports and resources for learners who have witnessed or experienced mistreatment. To learn more about how to **discuss, disclose, or report** learner mistreatment, you can access resources here: <https://meded.temertymedicine.utoronto.ca/learner-mistreatment>

These webpages include an online disclosure form through which learners can submit disclosures to the Learner Experience Unit in an identified or anonymous way.

Within our own Department, our education leadership team are also available to support learners in accessing and understanding the supports and resources available. Our leadership team includes:

- [Vice Chair of Education: Dr. Shirley Lee](#)
- [Postgraduate/Residency Program Director: Dr. Stu Murdoch](#)
- [Undergraduate Education Director/Clerkship Director: Dr. Azi Moaveni](#)

We recognize that learners may disclose an incident of alleged mistreatment to departmental / program or hospital leadership including (but not limited to) Site Education Leaders, Chief Residents, or other trusted faculty or peers beyond those listed. When a learner contacts an individual other than staff working in Temerty's Office of Learner Affairs: Learner Experience Unit, the individual receiving the disclosure should make the learner aware of the Temerty Learner Mistreatment Guideline and:

- Inform the learner that they may contact the Learner Experience Unit (as per above), or
- If proceeding to manage the situation locally, contact the Director of Learner Experience if there are any questions related to how the Learner Mistreatment Guidelines apply in the local management of learner concerns.

We want learners to know that raising concerns has impact. To ensure transparency and accountability, the Learner Experience portfolio publishes an [annual report](#) that summarizes the actions that have been taken in response to submissions in an aggregated and de-identified way.

In collaboration with Temerty Medicine, the Department of Family & Community Medicine monitors trends from learner concerns to identify systems-level interventions in partnership with the clinical departments and placement sites that can be implemented to improve the learning and working climate for us all.

The bottom line is that we are here for you, please reach out anytime!

Guidelines for Appropriate Use of the Internet, Electronic Networking and Other Media

Source: Temerty Faculty of Medicine

<https://meded.temertymedicine.utoronto.ca/guidelines-appropriate-use-internet-electronic-networking-and-other-media>

Date of original approval: 2008

Date of last revision and approval: PGMEAC April 2008; HUEC June 2008; HUEC 2020; Faculty Council October 16, 2023

Scope

These Guidelines apply to all Temerty Medicine learners, including those registered or participating in educational activities affiliated with the Temerty Medicine, who may in the course of their studies, training and/or research activities have contact with patients and/or patient information.

Internet, electronic networking and other media includes emails sent or received, email accounts, digital music, digital photographs, digital means and videos, social networks, file sharing accounts, other online accounts and similar digital items which currently exist or may exist as technology develops, regardless of the ownership of a physical device or digital item that is stored.

The use of the Internet, electronic networking and other media includes but is not limited to posting/commenting on blogs; direct messaging (DM), instant messaging (IM), private messaging (PM) on social networking sites; posting to public media sites, mailing lists and video-sites; and emails.

These Guidelines are informed by but do not replace or limit the standards established by professional or regulatory bodies; by relevant clinical settings; or by other applicable University or Faculty standards, guidelines, policies, and procedures, including those referenced throughout this document and listed in Appendix A.

Preamble

The capacity to record, store and transmit information in electronic format brings specific responsibilities to those working in healthcare with respect to privacy of patient information and ensuring public trust in our hospitals, institutions and practices. Significant educational benefits can be derived from this technology and learners need to be aware that there are also potential problems and liabilities associated with its use. Material that identifies patients, institutions or colleagues and is intentionally or unintentionally placed in the public domain may constitute a breach of law, standards of professionalism and confidentiality that damages the profession and our institutions. Guidance for Temerty Medicine learners about appropriate use of the Internet, electronic networking and other media is necessary to avoid problems while maintaining the [University of Toronto's commitment to freedom of expression](#).

Various statements, policies, protocols, codes and standards apply to social media communications (see Appendix A). In particular, no member of the University should engage in hate speech or in behaviour that demeans, harasses, or intimidates others; nor should any community member be subject to such language or behaviours in the course of their University work or study. The University is committed to providing support to members of our community who are experiencing harassment or intimidation in social media spaces and to exploring intervention options via its policies and procedures or through its Community Safety Office, and/or municipal law enforcement where circumstances permit.

Postgraduate learners are reminded that they must meet multiple obligations in their capacity as university learners, as members of their profession and relevant professional regulatory bodies, and as employees of hospitals and other institutions. Undergraduate and professional master's learners are reminded that they must meet multiple obligations in their capacity as university students and as future members of their professions. For all Temerty Medicine learners, these obligations extend to the use of the Internet, electronic networking and other media at any time – whether in a private or public forum.

General Guidelines for Safe Use of the Internet, Electronic Networking and Other Media

These Guidelines are based on several foundational principles, as follows:

- The importance of privacy and confidentiality to the development of trust between health care practitioner and patient.
- Respect for colleagues and co-workers in an inter-professional environment.
- The importance of ensuring the tone and content of electronic conversations remain professional.
- Individuals are personally responsible for the content published on or disseminated using the Internet, electronic networking or other media.
- The assumption that material published on or disseminated using the internet, electronic networking or other media is permanent.
- All involved in health care have an obligation to maintain the privacy and security of patient records under the [Personal Health Information Protection Act](#) (PHIPA), which defines a record as “information in any form or in any medium, whether in written, printed, photographic or electronic form or otherwise”.

1. Professional Behaviour

All Temerty Medicine learners will engage in behaviour that displays and reflects truth, honesty, representation in, on and around electronic platforms and/or devices. Learners are to engage only in on-line activities that are respectful and exemplify professional behaviour.

Inappropriate use of the Internet, electronic networking or other media may breach University of Toronto codes of behaviour, including the [Code of Student Conduct](#), [Policy on Sexual Violence and Sexual Harassment](#), [Statement on Prohibited Discrimination and Discriminatory Harassment](#), and [Standards of Professional Practice Behaviour for all Health Professional Students](#). Inappropriate use of the Internet, electronic networking or other media may also breach standards established by professional or regulatory bodies, including for medical learners the CPSO [Social Media Policy](#).

Faculty members and learners should not participate in industry marketing, sales or sponsorship programs with industry, including via the internet, electronic networking and other media.

2. Posting Information about Patients

Never post personal health information about an individual patient.

Personal health information (PHI) is defined in the [Personal Health Information Protection Act](#) (PHIPA) as any information about an individual in oral or recorded form, where the information “identifies an individual or for which it is reasonably foreseeable in the circumstances that it could be utilized, either alone or with other information, to identify an individual”.

These guidelines apply even if the individual patient is the only person who may be able to identify themselves on the basis of the posted description. Learners should ensure that anonymised descriptions do not contain information that will enable *any* person, including people who have access to other sources of information about a patient, to identify the individuals described.

Further guidance is provided in the Temerty Medicine Statement on Protection of Personal Health Information, which sets out requirements to ensure appropriate access to and use of Personal Health Information in affiliated teaching sites’ custody by Temerty Medicine learners.

Exceptions that would be considered appropriate use of the Internet, electronic networking and other media.

It is appropriate to post information about patients:

1. With the express consent of the patient or substitute decision-maker.
2. Within secure internal hospital networks if expressly approved by the hospital or institution. Please refer to the specific internal policies of your hospital or institution.
3. Within specific secure course-based environments provided by the University of Toronto that are password-protected or have otherwise been made secure. Even within these course-based environments, participants should:
 - a. adopt practices to “anonymise” individuals;
 - b. ensure there are no patient identifiers associated with presentation materials; and

- c. use objective rather than subjective language to describe patient behaviour. For these purposes, all events involving an individual patient should be described as objectively as possible, i.e., describe a hostile person by simply stating the facts, such as what the person said or did and surrounding circumstances or response of staff, without using derogatory or judgmental language.

4. When using entirely fictionalized accounts that are so labelled.

3. Professional Communication With and Posting Information About Colleagues, Supervisors, and Co-Workers

Respect for colleagues, supervisors, and co-workers, including their privacy rights, is important in an interprofessional working environment. Addressing colleagues and co-workers in a manner that is insulting, abusive or demeaning is unprofessional behaviour. Making demeaning or insulting comments about colleagues and co-workers to third parties, including via the Internet, electronic networking and other media, is also unprofessional behaviour. If you are in doubt about whether it is appropriate to post any information about colleagues and co-workers, ask for their explicit permission – preferably in writing.

Insulting, abusive or demeaning comments and communication may breach University of Toronto codes of behaviour and/or standards established by professional or regulatory bodies, including those referenced in (a) above.

4. Posting Information Concerning Hospitals or other Institutions

Learners should comply with hospital or institutional policies regarding the use of technology as well as the use of any proprietary information such as logos or mastheads.

Learners must not represent or imply that they are expressing the opinion of the organization. Be aware of the need for a hospital as well as the University of Toronto to maintain the public trust. Consult with the appropriate resources such as the relevant communications or public relations office at the hospital or Temerty Medicine.

5. Offering Clinical Advice

Do not misrepresent or mislead as to your qualifications or role.

The provision of medical advice by postgraduate medical learners is governed by the terms of their registration with the College of Physicians and Surgeons of Ontario, which limits the provision of medical advice by postgraduate learners within the context of the teaching environment. Provision of medical advice by postgraduate medical learners outside of this context is inconsistent with the terms of educational registration.

Similarly, the provision of clinical advice by other professional clinical learners is governed by the terms of their registration with their professional regulatory bodies.

6. Academic Integrity Extends to the Appropriate Use of the Internet, Electronic Networking and Other Media

The University of Toronto's [Code of Behaviour on Academic Matters](#) articulates offences that are considered a breach of academic integrity; these offenses may occur in-person or online. These offences include plagiarism and forms of cheating such as sharing examination questions or collaborating on work where specifically instructed not to do so.

Enforcement (Disclosure and Reporting)

All professionals have a collective professional duty to assure appropriate behaviour, particularly in matters of privacy and confidentiality.

If an individual observes or experiences a Temerty Medicine learner potentially breaching these Guidelines, and if the individual feels comfortable, willing, and judges that it is safe to do so, they may choose to approach the learner and communicate their concerns with the goal of ending the behaviour. This approach recognizes the important role of collegial conversation in the medical community and emphasizes the principle of addressing problems locally and on a case-by-case basis wherever possible.

However, if such a conversation is inappropriate in the circumstances (e.g., it has previously been ineffective, the issue has potential mandatory reporting obligations, or if more support is required due to a significant power imbalance) then an individual who observes or experiences concerning behaviour may disclose their concerns to an appropriate University leader or office (e.g., their course or program director, Office of Learner Affairs, Learner Experience Unit). Such concerns will be addressed on a case-by-case basis, in accordance with the relevant guidelines and procedures.

Complaints about breaches of privacy may be filed with the institutional privacy office and the [Information and Privacy Commissioner of Ontario](#).

Consequences for Inappropriate Use of the Internet, Electronic Networking and Other Media

Consequences for inappropriate use of the Internet, electronic networking and other media would depend on the nature and severity of the conduct, and the applicable policy, and could include, but is not limited to:

- Remediation, failure to promote, probation or dismissal by the Temerty Faculty of Medicine
- A finding of professional misconduct by the College of Physicians and Surgeons of Ontario or other professional regulatory body
- Prosecution or a lawsuit for damages for a contravention of the PHIPA

Appendix A – Associated Statements, Policies, Protocols, Codes and Standards

University of Toronto

- [Appropriate Use of Information and Communication Technology](#)
- [Code of Student Conduct](#)
- [Standards of Professional Practice Behaviour for all Health Professional Students](#)
- [Statement on Prohibited Discrimination and Discriminatory Harassment](#)
- [Policy on Sexual Violence and Sexual Harassment](#)
- [Protocol with Health Care Institutions: Sexual Violence and Sexual Harassment Complaints involving Faculty Members and Students of the University of Toronto arising in Independent Research Institutions, Health Care Institutions and Teaching Agencies](#)
- [Code of Behaviour on Academic Matters](#)

Temerty Faculty of Medicine

- Temerty Medicine Statement on Protection of Personal Health Information
- [MD Program Student Mistreatment Protocol](#)
- [PGME Guideline for Managing Disclosures about Learner Mistreatment](#)

College of Physician and Surgeons of Ontario

- [Social Media policy](#) and [Advice to the Profession companion document](#)
- [Professional Responsibilities in Medical Education policy](#)
- [Protecting Personal Health Information policy](#)
- [Physician Behavior in the Professional Environment policy](#) and [Guidebook for Managing Disruptive Physician Behaviour](#)

Government of Ontario

- [Ontario Human Rights Code](#)
- [Personal Health Information Protection Act](#)
- [Information and Privacy Commissioner of Ontario](#)

Hospitals and research institutes affiliated with the University of Toronto

- Contact the relevant hospital/research centre

Guideline for Standards for Completion of Family Medicine Residency Program

Source: Department of Family and Community Medicine

1. Program Length

- a) The residency program is 24 months in duration. *(Please see policy below regarding Consideration for Reduction in Program Length).*
- b) For residents who have transferred into the Family Medicine residency program from another postgraduate training program, the expectation is that 24 months of training in Family Medicine will be completed. However, upon review of prior postgraduate training experiences, and on the advice of the Site Director, the Director of Postgraduate Education may grant a transfer resident up to 6 blocks (1 block = 4 weeks) credit for prior training in experiences relevant to Family Medicine. Decisions regarding credit for previous training will be made after the resident has been observed for a minimum of 4 blocks as a Family Medicine Resident. The Director of Postgraduate Education will then apply to the College of Family Physicians of Canada Board of Examinations and Certification on behalf of the resident to obtain approval for a shortened family medicine residency no less than 18 months.
- c) A resident who successfully completes a period of remediation will normally extend his/her program by the length of the remedial period.

2. Educational Experiences

- a) Family Medicine - 8 block months or the equivalent in a longitudinally structured program must be successfully completed. This includes full attendance at half-days back (except while ill, on vacation, teaching practice, etc.).
- b) Core experiences in related areas (including for example, Internal Medicine, Obstetrics & Gynecology, Pediatrics, Emergency Medicine, Psychological Medicine, Geriatric Medicine, Palliative Care, Surgery, Musculoskeletal Medicine etc.) must be successfully completed. The content and design of these learning experiences will be determined by site directors.

3. Assessments:

- a) Residents must receive satisfactory evaluations at the completion of each core learning experience (as defined in 2a and 2b above) and elective experiences (as defined by the Site Director). Residents receiving marginal or unsatisfactory evaluations after partial or full completion of an educational experience may be required to successfully complete remedial experiences, at the discretion of the Site Director and Director of Postgraduate Education, Residency Program Committee and Board of Examiners - Postgraduate Programs.
- b) 3 completed progress reviews with Site Director
- c) Obtain an adequate number of Field Notes in each core family medicine rotation to support Site Directors and supervisors in the completion of ITERs
- d) Residents must generate an adequately complete practice profile by logging all patient encounters in Family Medicine and Teaching Practice using the Resident Practice Profile ("ResPro") tool (procedures to be logged on all rotations)

- e) Residents must successfully complete the required PGCorEd modules.
- 4. Resident Projects
 - a) Residents must attend the Quality Improvement (QI) session and complete a satisfactory QI project.
 - b) Residents must satisfactorily complete the academic project in its written and oral form by the date designated by the Site Director. Projects deemed unsatisfactory may require additional work (at the discretion of the Site Director).
- 5. Resident Evaluations of Learning Experiences/Faculty
 - a) Residents must complete evaluations of faculty and all major learning experiences as required by the POWER Evaluation System.
- 6. Certification in Family Medicine

Trainees in good academic standing will be eligible for the Certification in Family Medicine Examination provided they meet the eligibility requirements of the CFPC.

Updated: July 2019

Guideline for Consideration for Reduction in Program Length

Source: Department of Family and Community Medicine

The Department of Family and Community Medicine's Residency Program Committee has set the family medicine residency program length at 24 months for all residents, regardless of any individual's reason for a leave of absence. Only by exception and under unusual circumstances will the department agree to review or grant a shortened program.

The College of Family Physicians of Canada expects residents to have completed 24 months of training. The residency program in Family Medicine in Canada is shorter than most training programs for Family Medicine throughout the world. Given the complexity of our discipline and training requirements, any consideration for a reduction in program length must be treated seriously. There is a need to ensure optimal training for practice and to maintain program standards and integrity. Thus any requests for this privilege will be considered carefully at the University of Toronto DFCM level through the office of the Director of Postgraduate Education.

Without limiting the scope of the review by the Director of Postgraduate Education, residents should consider the following factors before making application:

1. The resident must demonstrate that undue hardship would be incurred by a requirement to complete the full 24 months of training.
2. The resident will be required to demonstrate exemplary performance throughout the residency program, customarily reflected by in-training evaluations;
3. The core experiences in Family Medicine must be completed;
4. Supportive documentation reflecting contributions of leadership, and strong participation in residency community life would enhance the application;
5. A maternity or paternity leave would not in itself be accepted solely as a reason to be granted a shortened training experience;
6. Under no circumstances will a resident be permitted to complete residency training in Family Medicine in less than 23 months;
7. For residents who have transferred into the Family Medicine residency program from another postgraduate training program, the expectation is that 24 months of training in Family Medicine will be completed. However, upon review of prior postgraduate training experiences, and on the advice of the Site Director, the Director of Postgraduate Education may grant a transfer resident up to 6 blocks (1 block = 4 weeks) credit for prior training in experiences relevant to Family Medicine. Decisions regarding credit for previous training will be made after the resident has been observed for a minimum of 4 blocks as a Family Medicine Resident. The Director of Postgraduate Education will then apply to the College of Family Physicians of Canada Board of Examinations and Certification on behalf of the resident to obtain approval for a shortened family medicine residency no less than 18 months.

Updated: July 2019



Guideline for Part-Time Residency Training Option

Source: Department of Family and Community Medicine

In exceptional circumstances, consideration may be given to the completion of residency on a part-time basis. Due to the unavoidable impact of part-time attendance on the acquisition of educational competencies, particularly those related to continuity of care, it is expected that this will be an exceedingly rare occurrence.

Those interested in part-time training should approach the Postgraduate Program Director for further discussion. Applications will only be considered from residents who are in good standing, and must be reviewed and approved by the Residency Program Committee.

In keeping with the College of Family Physicians' Statement on Part-time and Shared Residency Training, the overall program length is not to exceed 4 years, and any part-time commitment is to be no less than 50% of that of a full-time resident. Any extension beyond these limits requires review by the CFPC Board of Examiners and Certification.

Email familymed.postgrad@utoronto.ca

Phone: 416-978-6467

Updated: April 2016

Guideline for Supervision and Direct Observation of Residents in Family Medicine

Source: Department of Family and Community Medicine

A. Definition and Purpose of Supervision:

1. Supervision, defined as the guidance, observation and assessment of residents, serves the dual purpose of a) ensuring safe, high quality patient care, and b) providing appropriate teaching and evaluation of trainees. Supervision is carried out in a graded fashion consistent with the training level and skill of the learner. The provision of graduated responsibility promotes trainee self-confidence while ensuring that standards of care are met and requires that supervisors routinely assess the competence of trainees.
2. Supervision may take place through direct (real time) observation of resident-patient interactions, review of interactions recorded on videotape or audiotape (with explicit patient permission), and/or by discussion and review of patients currently being assessed or previously seen.
3. Supervisors are providers with responsibility in overseeing the education of trainees and are often the most responsible provider (MRP) (unless a senior trainee is providing supervision under an MRP). Allied health professionals may play a role in supervision and feedback in accordance with their expertise.

B. Guidelines for Supervision:

1. Identification and role of the supervising physician:

Whenever a resident provides care to patients, a MRP/supervising physician must be identified for both the resident and patient, and be readily available for advice and assistance.

The level of supervision provided, in terms of degree of involvement with direct patient care, will vary with the nature of the care provided, in addition to the level of training and competence of the resident.

The supervising physician's responsibilities include:

- a) Ensuring that patients receive care that meets current standards.
 - This responsibility is met by reviewing patient care activities (including charting) either during the course of the day or during a designated period of "chart review".
 - Being available to assess patients when required.
- b) Providing teaching and timely feedback to residents, in accordance with program objectives, and involving observation of resident-patient interactions as described below.

2. Trainee Observation:

For the purpose of teaching elements of the doctor-patient relationship, verbal and non-verbal communication skills, and the patient-centered clinical method, and to ensure that patients receive high quality care, observations of resident-patient interactions should be conducted periodically.

Observations may take place in real time using audio-video equipment or direct observation, or through review of previously recorded videotapes or audiotapes of patient encounters.

Observations should occur at periodic intervals over the course of residency to provide an opportunity to measure resident progress and to capture a variety of patient encounters.

To ensure a balanced perspective in teaching and evaluation, two or more Family Medicine supervisors should conduct observations of each resident over the course of training.

3. Clinical Supervision in Family Medicine:

Teacher-learner ratios are approximately 1:3 to 1:4 at Family Medicine Teaching Unit (FMTU) sites. In situations where a 1:1 ratio exists (e.g. teaching practices, preceptor-based teaching sites, some FMTUs), supervisors may see patients concurrent with teaching and supervising responsibilities provided they remain readily accessible.

In situations where more than one resident is being supervised, the supervising physician will not normally participate in patient care or other activities that compete with supervising responsibilities.

4. Resident Assessment:

Residents should be monitored for and assessed on their acquisition of the Family Medicine Competencies.

Field notes are the main source of documented formative feedback for residents. It is the shared responsibility of the resident and supervisor to ensure that an adequate number of field notes are completed throughout the residency program. Field note completion should span the duration of training, capture a variety of feedback parameters and be sufficient in number to support supervisors and Site Directors in the completion of ITERS.

When a supervisor identifies a resident-in-difficulty, in addition to providing timely feedback to the resident, the supervisor should notify the Site Director of their concerns.

5. Supervisor Assessment:

Supervisors are responsible for acting as role models in the provision of professional, patient-centered and collaborative care.

Competence of supervisors will be measured through regular teaching evaluations completed anonymously by learners. Site Chiefs are expected to meet with teachers to review evaluations and take appropriate action in the case of substandard performance.

Updated: August 2019



Guideline for Resident Attendance at Academic Sessions

Source: *Department of Family and Community Medicine*

1. The academic component of the family medicine residency program is a core requirement of training as outlined in the CFPC “Red Book”.
2. Participation in this curricular component is required for a resident to meet the minimum standards for program completion.
3. Attendance at all local and central academic sessions, in their entirety, will be monitored by the Site Director.
 1. Residents will sign-in at each session
 - At central sessions, residents will sign-in indicating their name and time of arrival, and sign-out indicating their time of departure.
 2. Residents who are unable to attend a session, or who are able to attend only a portion of a session, will notify the Site Administrator in advance by email or other appropriate method. The resident must indicate the reason for their inability to attend.
 - Notification will not be required for residents on vacation, attending teaching practice, a conference, or who have received approval for the absence from their Site Director.
4. Site Administrators will notify Site Directors of absences for which acceptable explanations have not been received. Site Directors will then liaise with the resident, as appropriate, to further elucidate the circumstances resulting in the absence.
5. If a resident does not attend a core day or site academic day and has not communicated this to the Site Administrator or Site Director in advance AND with a satisfactory explanation (and in the absence of extenuating circumstances), a resident’s professionalism lapse will be acknowledged in one of the following ways:
 - First occurrence: Results in a mandatory professionalism lapse recorded on a Field Note**
 - Second occurrence: Results in a mandatory 2 in professionalism on a Family Medicine ITER. Consequently, the resident would be presented at the central resident progress review committee.
 - Third occurrence: The resident would be put forward for remediation under Professionalism.

**With the first occurrence, a resident has the option to petition the Site Director to use a vacation day or professional day in lieu of a below level Field Note. Subsequent incidents will be recognized formally as a professionalism lapse as a mandatory 2 in professionalism on a Family Medicine ITER.

Please be aware that professional lapses can affect PGY3 program applications and future job opportunities as they are specifically asked about and documented on reference letters.



Guideline for Protected Academic Time

Source: Department of Family and Community Medicine

With respect to the acquisition of core competencies, the academic curriculum is recognized as an important supplement to residents' clinical experiences. As such, the Department of Family & Community Medicine supports freeing residents from their clinical responsibilities to participate in these academic activities.

The following include examples of activities for which "protected time" will be provided:

Academic Half-Days & Core Days

With the exception of residents on Teaching Practices, "away" rotations or post-call, all residents are required to attend Academic Half-Days and Core Days.

Quality Improvement & Resident Academic Projects

In order to support the completion of meaningful QI and academic projects, residents will be provided 20-30 hours (or 5-10 half-days) over the span of the 2 year program. This time will be assigned/allocated based on site-specific preferences (e.g., during academic-half day time, FM block time, etc.).

Chief Resident Duties

Chief residents will be provided with one half-day per month of protected time to complete administrative activities.

Since residents are being relieved of their clinical duties to attend to the activities listed, their punctual attendance and active participation is mandatory. Deviations from this (e.g., unaccounted-for absences during academic half-day time, failure to sign in for Core Days, etc.) will be considered breaches of professionalism and addressed as such.

June 2016

The Family Medicine ‘Medical Expert’ Assessment of Progress (FM-MAP)

Guiding principles and Guidelines for Residents

Revised April 2, 2021

Fok-Han Leung, Associate Program Director – Assessment and Evaluation

Source: Department of Family and Community Medicine

Summary:

The Competency-based Curriculum serves as the backbone for progress testing, called the Family Medicine ‘Medical Expert’ Assessment of Progress (FM-MAP). This in-training examination will test the depth and breadth of a resident’s clinical knowledge and its application. All residents in the program (PGY 1 and PGY 2) are expected to partake in the FM-MAP. The progress tests are administered twice per academic year. Each resident’s score is compared to that of peers and feedback about strengths and areas requiring attention will be provided to each resident.

Change in title

The FM-MAP was previously known as the Family Medicine Mandatory Assessment of Progress. This was to reflect the need for all residents to write the test and to emphasize its importance. Now that the progress test has been in operation for multiple years, and to reflect the policies/recommendations noted below, the FM-MAP will now stand for: Family Medicine – ‘Medical-Expert’ Assessment of Progress. This emphasizes the focus of the progress test on the Medical Expert CanMEDS role, and also does not require a change in the acronym itself.

For residents doing their family medicine rotation during the administration of the FM-MAP:

- Residents will be expected to attend and write the FM-MAP according to the same policies which govern academic half-days (see associated policy for guidance).
- As per academic half-day policy, residents should not be post call
- If residents are post-call, they will have an opportunity to write the FM-MAP during a supplemental day.
- If the residents are not able to write the FM-MAP on the provided day or the supplemental day, they will not be provided another opportunity.
 - Absences (acceptable or otherwise) are governed by the academic half-day policy

For residents doing an off-service rotation during the administration of the FM-MAP:

- The same as above

For residents on teaching practice during the administration of the FM-MAP:

- Residents are not required to return to their base sites to write the FM-MAP. This is intended to be similar to the expectations regarding attendance governing academic half-days.
 - As residents are not required to return to their base sites, travel time and travel funding support will not be provided. (Because the FM-MAP is delivered electronically, geographic location is no longer an impediment)
- Residents are expected to write the FM-MAP on teaching practice – it is the responsibility of the resident to inform their supervisor at the beginning of the rotation to secure protected time in their schedule to write the FM-MAP.

Disclosure of results

Background: The FM-MAP test is a formative (low stakes) assessment, intended to give an indication of progress in the Family Medicine Expert role. The FM-MAP results are a tool to tailor resident studying and future clinical experiences.

- Both the resident and site director will be provided results of the FM-MAP
- Both the resident and site director will be provided a breakdown by domain of individual results
- The site director will be provided the overall score of each resident writing the FM-MAP as well
- The site director will be provided a site-based average with site-based comparators provided.
- The program director and the associate program directors will have access to all the results including raw scores

Use of results

- Aggregate results will be discussed at the following committees when appropriate for the purposes of program evaluation and education scholarship:
 - Resident Programming Committee
 - Joint Evaluation and Curriculum Committee
- Site aggregate results will be used at the indicated site-based committees for program evaluation (informing site directors about domain knowledge and for consideration of improvements to rotations)
- Individual results will be discussed at the following committees when appropriate for the purposes of resident progress:
 - Curriculum Committee
 - Resident Programming Committee
 - Resident Progress Review Committee
- The results, when appropriate, may also be used to inform the creation of, and assessment in, a program of remediation.

A note on proctoring:

- FM-MAP proctoring procedures are to be determined by the site, with guidance from the associate director (assessment and evaluation).
- 'remote' proctoring via webcam/zoom is permitted if determined appropriate by the site (i.e. with adequate resources to monitor)
- Proctors can be physicians, administrative personnel, or other health disciplines.
- Proctors cannot be other trainees.

Guideline for Online Modules for Residents

Source: Department of Family and Community Medicine

Family Medicine Residents are responsible for completing the online modules by each of the DFCM deadline dates below:

DFCM Deadline Dates (PGY-1)	Online Modules
July 30 th	Virtual Care Educational Modules
July – September 30 th	San'yas Indigenous Cultural Safety Training

Requirements

Completion of these modules according to the DFCM deadlines is a mandatory requirement of the program. Failure to complete these modules by the deadline will result in a Field Note noting a professionalism lapse, as per the approved DFCM policy. Repeated failures by a resident to complete the modules on time can result in a “2” in professionalism on a Family Medicine ITER.

Accessing Virtual Care Educational Modules

Please speak with your Site Administrator for further information on the Virtual Care Educational Modules.

Virtual Care Educational Modules:

- Virtual Care as a Core Component of Primary Care
- Patient-Centred Virtual Care for Health Equity

Accessing San'yas Indigenous Cultural Safety Training

You will receive a communication directly from San'yas on your individual start date with the link to the modules and your strict completion date. If you have not received this email by your advised start date (stated during your Orientation course), please contact the Education Development Project Manager at sandra.fournier@utoronto.ca.

*The email used is that which you provided to the Department of Family and Community Medicine, University of Toronto.

Contacts:

If you have any Virtual Care Educational Modules and San'yas Indigenous Cultural Safety Training related questions, please contact DFCM.PGCurriculum@utoronto.ca

Updated: June 2025



Guideline for Resident Stipends

Source: Department of Family and Community Medicine

Resident Academic Project Stipends

Residents will receive \$250.00 per year for academic support to be used for educational purposes. An educational purpose includes residents' costs for courses, medical resources, exam materials, medical software and electronic hardware devices excluding cell phones. The unused money will **not** carry forward into the resident's second year.

Also resident is entitled to \$150.00 once to support the resident project.

Original receipts will be required for consideration of funding for academic support.

For further information on claiming the above, please speak with your Site Administrator.

Updated: May 2019



Postgraduate Scholarly Dissemination Fund

Source: Department of Family and Community Medicine

Description

The Postgraduate Scholarly Dissemination Fund is intended to assist up to two residents supervised by DFCM faculty to present scholarly work at national and international conferences. The application must be for a conference that has not taken place at the time of submission. Applicants may request funding for travel, accommodation, and other reasonable and related expenses in accordance with the University of Toronto's [Travel and Other Reimbursable Expenses Policies and Guidelines](#). Conference registration fees will not be funded.

Eligibility

- Must be current University of Toronto (UofT) resident (PGY1, PGY2 or PGY3) supervised by UofT DFCM faculty.
- Must be in good academic standing.
- Residents are not eligible to apply if they have other sources of funding for the conference in question.

Criteria

The body of work should:

- advance Family Medicine or Family Medicine scholarship
- be consistent with DFCM's Strategic Plan <http://www.dfcm.utoronto.ca/strategic-plan>
- promote UofT to an external audience
- contribute to the professional development of the applicant
- be from the current academic year

Travel Safety

Residents attending conferences outside of Canada are responsible for complying with University of Toronto's Safety Abroad Guidelines. Please visit the Safety Abroad website for information <http://safetyabroad.utoronto.ca/>

Application Process

Please submit:

1. A completed application form
2. A letter of support from your DFCM faculty supervisor
3. A copy of the submitted abstract
4. Written notice from conference organizer that your abstract has been accepted for presentation
5. A budget for approval

Application Deadlines

May 15 and September 15 annually. The successful proposal will be determined by lottery following each deadline.

Award Value

Two grants of up to \$500 are available each academic year (Jul 1 - Jun 30)

Selection

Residency Program Committee

Applications

Application packages should be submitted to dfcm.admissions@utoronto.ca



Postgraduate Scholarly Dissemination Fund Application

Name of Applicant:

Date:

Mailing Address:

Email:

Telephone:

Conference Name:

Conference Date(s):

Conference Location:

Type of Presentation (e.g., paper, poster):

Title of Presentation:

Name of DFCM Faculty Supervisor:

Amount of funding requested \$

(Please note that residents are not eligible for funding if they have other sources of funding for the conference).

Please remember to submit supporting documentation:

1. **A letter of support from your DFCM faculty supervisor**
2. **A copy of your submitted abstract.**
3. **Written notice from conference organizer that your abstract has been accepted for presentation.**
4. **A budget for approval.**

Application packages should be submitted to
dfcm.admissions@utoronto.ca

FOR OFFICE USE ONLY

Date application received by DFCM:

Amount approved:

Date approved:

Signed approval of Postgraduate Program
Director:

Postgraduate Scholarly Dissemination Fund funded by the Vice-Chair, Education
Scholarship Travel Account
CF 104950 CC 23599



Postgraduate Quality Improvement Curriculum Quality & Innovation Program

Source: Department of Family and Community Medicine

The postgraduate quality improvement (QI) curriculum aims to better enable family medicine residents to improve quality in primary care.

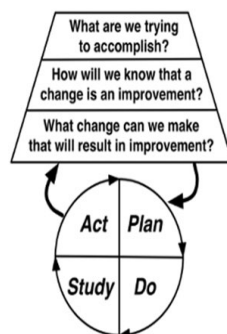
Curriculum Learning Objectives:

- To understand the role of engaging in quality improvement work in realizing the IHI triple aim of better patient outcomes, cost effectiveness and improved patient experience.
- To engage in collaborative, inter professional teamwork to contribute to collective improvements in practice.
- To apply the science of improvement to improve systems of patient care.
- To utilize data in various forms to improve the quality of patient care and optimize patient safety.
- To demonstrate a commitment to improving quality for patients from an individual, team, organization and system perspective.

Curriculum access:

The QI Curriculum is accessible via Quercus - U of T's learning management system. Each academic site has a customized link to their page where all curriculum elements will be available, including links to evaluations.

The curriculum incorporates the **Model for Improvement** supported by the **Pathway to Improvement** which describes the steps required to improve quality.



Curriculum: The curriculum is comprised of **four** components: 1) a series of self-guided online modules, 2) an application session 3) a practicum and 4) participation in a patient safety incident analysis.



Introduction



Patient Engagement



Improving Equity



Measuring System Performance



Using a QI Methodology



Patient Safety



Achieving Positive Change



Pathway to Scholarship



Curriculum Practicum:

Family medicine residents are required to complete a QI Practicum during their PGY-1 year. The practicum is designed as an application of knowledge and skills that have been introduced in the curriculum. It is supported by the **Practicum Guide (available on Quercus)**, which provides a framework for the completion of a focused project and guidance for the production of an academic poster.

Evaluation:

Residents will be provided with written feedback from their practicum supervisor.

Residents will also have an opportunity to provide us with feedback on the QI curriculum at the end of the academic year.



“QI skills will help make important changes at the level of my practice. This fits well with how I'd like to continually improve my care throughout my career”

- PGY1 FM Resident

For more information, please contact dfcm.quality@utoronto.ca.

Citation: Patricia O'Brien, Tara Kiran. Improving quality in primary care — a curriculum for postgraduate family medicine trainees. Quality and Innovation Program, Department of Family and Community Medicine, University of Toronto; Toronto, Canada, 2024.

Resident Academic Projects

Source: Department of Family and Community Medicine

Introduction

The Resident Academic Project contributes to the professional development of residents in the CanMEDS-FM scholar role. The purpose of the Resident Academic Project is to facilitate skills development that will be useful to the life-long practicing family physician, and to help them:

- Maintain a lifelong curiosity and interest in improving patient care;
- Understand the tradition of scholarship and the research foundation of family medicine;
- Learn to ask a question and develop a strategy and a project to answer it;
- Enhance their knowledge and understanding of the nature of evidence in clinical medicine and how to apply it to their individual patients and to their practice as a whole.

The specific objectives of **all projects** are to:

- 1) Develop and precisely iterate a question that arises during residency;
- 2) Develop and submit a preliminary project plan;
- 3) Conduct a critical review of the relevant literature;
- 4) Complete the specific objectives of the project chosen (see below);
- 5) Reflect on your findings and its implications for you as a family physician, and for the discipline of Family Medicine;
- 6) Submit a final written report;
- 7) Present your findings and respond to questions at your site's Resident Research Day;
- 8) Consider additional opportunities for dissemination such as conference presentations or distributing findings or tools to stakeholders.

All projects are supported and guided as follows:

- The project must have an identified supervisor who is a faculty member of your Teaching Site;
- An external supervisor can be considered, provided an identified DFCM in-house faculty member is involved;
- You are recommended to work in **groups no larger than 2**
- A budget of \$150 is available for each resident.

Project Formats

It is recommended that you complete your project in one of the following formats:

1a) Research Project Resources (Quantitative)

The Research page on the Central DFCM website provides links to several resources for those interested in doing a quantitative research project or designing research studies. For example, under the "Research Program Resources" link there is a link to "Writing Research Proposals". Within this section, the "Template for writing a grant for a quantitative study" gives an overview of some of the things to consider (e.g. background/literature review, objectives, research questions, hypotheses, study design, participant recruitment, sampling, sample size, intervention/exposure, data collection, variables, data analysis, ethics, time line, budget) and may be a good starting place.

Under the "Preparing a Research Funding Application" link, there are additional links such as the "Ethics submission" link, the "study design" and "statistical analysis" link which provide additional recommendations for texts, articles, websites, and free software that may be helpful. For example, those

interested in conducting surveys are strongly encouraged to read “Internet, Mail, and Mixed-Mode Surveys: The Tailored Design Method” by Don A. Dillman et al.

1b) Research Project Resources (Qualitative)

In addition to the general links provided above on the Central DFCM website, there are additional recommendations for texts, articles and websites that might be helpful for beginning qualitative researchers. While the overall structure of a qualitative research proposal is similar to a quantitative study there are some important differences of which to be aware. For example, qualitative research is considered inductive and researchers do not begin with a hypothesis to test. Sampling is purposive rather than random and sampling continues to a point of saturation rather than a pre-determined statistical size. In addition, having a theoretical framework is essential to the development of a sound qualitative proposal.

2. Quality Improvement (QI)

Residents will be familiar with QI projects through their experience in their PGY1 year. Completing a project for the PGY2 year utilizing the same methodology as in the first year is acceptable providing:

- The project is truly interdisciplinary (includes a nurse, allied professional, and/or administrative staff (or others, including patients) on the QI Project Team
- A staff physician must be part of the QI Team
- The project should demonstrate spread through the organization beyond the first change idea (or pilot) stage. This would normally require multiple PDSA cycles.
- No more than two residents on the project.
- It is acceptable to continue a project from the first year providing the above criteria are met, and reflecting a significantly increased scope of project.

3. Education Scholarship

Education scholarship is a field of study that seeks to gather and understand the evidence behind teaching and learning. This project requires a defined question related to some aspect of resident teaching, either from the perspective of the learner or the teacher.

- Example of question: Are there any best practices established in relation the number of field notes required in a given learning experience?
- Requirements:
 - Conduct a literature search focused on the selected question (ex: key word search; synthesis of information).
 - Identify gaps from the literature search
 - Propose a solution (through a research lens, or QI lens, or develop a large group lecture, small group seminar or workshop that outlines their search, identifies gaps, and suggests some future direction).

4. Community-Oriented Primary Care (COPC)

This format refers to a structured process of developing a population-based program intervention that closes a gap in needed service for the population in question. Residents will identify a population of interest, a specific health issue or outcome and work with an individual, agency or agencies within the community to identify current services, complete a “gap analysis”, design a new program of intervention based on the identified gap(s), and develop a proposed form of evaluation and follow-up. For projects that are larger in scope, the resident project may focus on one of the two parts of this activity:

a) development, conduct and report on a gap analysis with options and recommendations for possible program interventions;

b) based on the community agency's existing needs assessment or gap analysis, undertake a systematic review of the literature for the effectiveness of specific interventions, and design, implement and evaluate a new program of intervention to address the identified needs/gaps.

5. One-pager

One-pagers are competency-based curriculum summaries for family medicine residents. The aim of these one-pagers is to be an aid for the 99 topics in Family Medicine.

- Purpose: to revise the one-pagers with the current up-to-date evidence and information.
- Requirements:
 - synthesizing clinical summaries on key family medicine topics (as described by the CFPC 99 topics),
 - updating the existing documents with recent evidence
 - conducting a thorough systematic review, and documentation of the literature review process
 - creation of 1-2 short answer management problem style questions to help with exam preparation.
- Note: depending on the complexity of the topic covered in the selected one-pager, additional one-pager topics may be addressed by the resident to ensure appropriate/adequate academic rigour is applied to this format of RAP (resident academic project)

6. Other

Independent consideration of individual project plans

Family Medicine Curriculum for Postgraduate Training

The DFCM postgraduate program uses a competency framework. Our competency framework has 4 different levels:

1. Resident readiness competencies
2. Essential competencies
3. Enriched competencies
4. Enhanced competencies

We expect all residents to move from the first level to the second level through their postgraduate training. Residents with a particular area of interest or who have high volume exposures in a particular domain of practice are likely to achieve the third level. The fourth level is aimed towards residents pursuing additional training in a particular domain of practice beyond the core residency program. The levels are described below.

1. Resident readiness competencies
 - Prior to having experience and exposure to clinical rotations, learners are expected to have 'resident readiness' level competencies.
 - **The baseline for starting residency**
2. Essential competencies
 - The 'essential competencies' describe what is expected to be attained during the clinical experiences and exposures of core rotations, i.e. they are the baseline for progression and completion of residency.
 - **The baseline for completing residency**
3. Enriched competencies
 - The 'enriched competencies' describe what is expected to be attained during the clinic experiences and exposures of supplemental rotations.
4. Enhanced competencies
 - The 'enhanced competencies' describe even more rigorous and distilled educationally focused experiences, akin to what might be experienced during fellowship training.

Family Medicine Assessment for Postgraduate Training

The Department of Community Medicine (DFCM) at the University of Toronto provides a twenty-four month training program consistent with the Accreditation Standards of the College of Family Physicians of Canada (CFPC). The goal of the program is to prepare residents to be safe, effective and comprehensive Family Physicians who will meet the needs of their individual patients, communities and society as a whole.

Our training program uses the approach of the CFPC's CRAFT (Continuous Reflective Assessment for Training) document, addressing various assessment activities:

- Frequent low-stakes assessment
- High stakes assessment
- Reflective assessment

Frequent low-stakes assessment

- Electronic Field Notes
 - Provides the foundation of feedback and assessment during family medicine clinical experience.
- Resident Practice Profile (RPP)
 - Logging tool monitors the presentation variety, volume and case mix of clinical experiences at both the resident and site level.
 - Linked to an evidence-based database of clinical topics, the One-Pagers (see Question 8 below); monitors comprehensiveness of clinical exposure.
 - **It is mandatory for trainees to log all of their family medicine encounters as well as applicable 'off-service' procedures.**
- Family Medicine 'Medical Expert' Assessment of Progress (FM-MAP)
 - Progress test twice per year.
 - Multiple choice progress test blueprinted to the competency-based curriculum and designed using a key-features process.
 - Addresses the Family Medicine Expert role with a focus on the clinical reasoning, selectivity, and procedural skill dimensions.
 - **It is mandatory for all trainees to complete the prescribed progress testing**
- Round/Seminar Evaluations
 - Presentations during rounds and at seminars are logged and tracked at the hospital site level.
- Simulated Office Orals (SOOs) Assessment Tool
 - Hospital sites provide practice SOOs to trainees.
 - Emphasis on communication and problem synthesis.
 - Feedback provided to residents.

High stakes assessment

- In-Training Evaluation Reports (ITERS) – done through POWER – see below.
 - End-of-rotation assessment of resident performance.
 - Assesses achievement of the Essential Competencies and the CanMEDS-FM roles.
- PGCOREd Modules
 - A series of web-based, self-directed, multi-media modules covering foundational competencies and topics in the CanMEDS 2015 Physician Competency Framework (Resident as Teacher, Professionalism, Communicating with and for Patients, Patient Safety, Collaborator, Advocacy, Resident as Leader, and End of Life Care).
 - Mandatory and a requirement for successful completion of residency.

Reflective assessment

- 6-month Progress Reviews
 - One-on-one meetings every 6-months between a resident and the Site Director or designate.
 - Discuss case mix, general progress, academic achievement, resident academic project and career goals.
 - Reflection prior to meeting required with provided prompts for the resident. Residents reflect on their overall progress and complete a one-paragraph narrative reflection. At the 12 month mark, residents do an additional one paragraph reflection on the hidden curriculum.

Process for Determining Resident Progress Towards the Achievement of Competence:

- Frequent low-stakes assessment
 - Reviewed by site Competence Committee (Teacher Evaluation Meeting)
 - Reviewed at 6-month Progress Reviews
- High stakes assessment
 - Reviewed by site Competence Committee (Teacher Evaluation Meeting)
 - Reviewed at 6-month Progress Reviews
- Reflective assessment

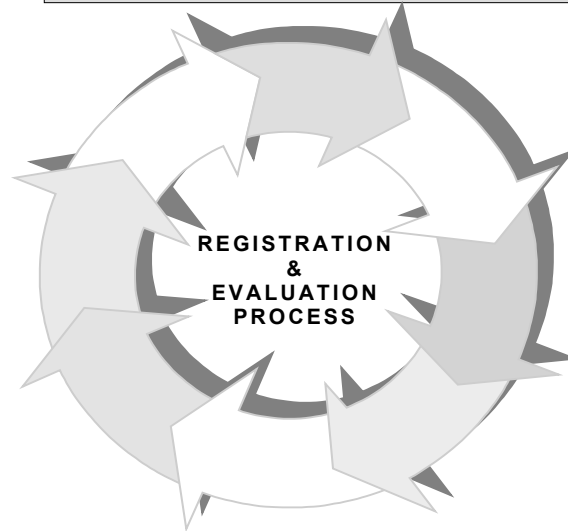
POWER (Postgraduate Web Evaluation and Registration) System <https://pgme.med.utoronto.ca/power/>

- An Internet based Registration and Evaluation service for Postgraduate Medical Education (PGME) trainees enrolled at the University of Toronto, Faculty of Medicine and its associated training hospitals.
- Used to complete ITERs (see above).
- It is the resident's responsibility to obtain completed evaluation forms.
- If no evaluation is entered into the POWER system that rotation will be considered incomplete and you will not have met program requirements.
- Satisfactory clinical performance of your various rotations is required in order to (1) complete the program and (2) be eligible to sit the Certification Examinations of the College of Family Physicians of Canada. **Re-appointment to the next level of trainee and eligibility to sit the CCFP exam may be withheld until program requirements are met.**
- If you have any questions on POWER registration or evaluation system, contact your site administrator.

1. Residents can log in the system by using the PIN and Password provided by the PGME Office at the time of registration. Residents can also get their PIN and Password by clicking on the *Forgot your Password* link on the website log in page.

5. No education system is complete without a commitment to comprehensive evaluation of the trainees, the training program and the teachers.

Full participation by residents in the entire evaluation process is necessary to maintain the continued excellence of the teaching program.



2. For registration purposes Residents are asked to do the following:

- Complete Registration Form
- Resolve outstanding registration requirements (there will be a warning)
- Make payment(s)
- Maintain Personal Data (address and contact information)

4. The Online Electives Catalogue is available through POWER. Residents can log on to POWER click on Search Electives.

To arrange for an elective, Residents need to contact the Elective Supervisor as shown on the catalogue and arrange their elective. In order to update their rotation schedule, Residents are required to provide their site administrator with the name, training site and dates of their electives at least 1 month prior to the start of their elective rotation.

3. For Evaluation purposes Residents are required to login and click on Evaluation Forms and complete the following for each rotation:

- Outstanding Teacher Evaluation
- Outstanding Rotation Evaluation
- Sign off and/or comment on evaluations submitted by rotation supervisor(s)

Residents are also able to view/print their rotation schedule by clicking on Rotation Schedule. If any rotation information is incorrect, for ie. the rotation name, training site and/or training dates residents should contact their site program administrator, who will be able to edit the training information.

Resident POWER Alerts

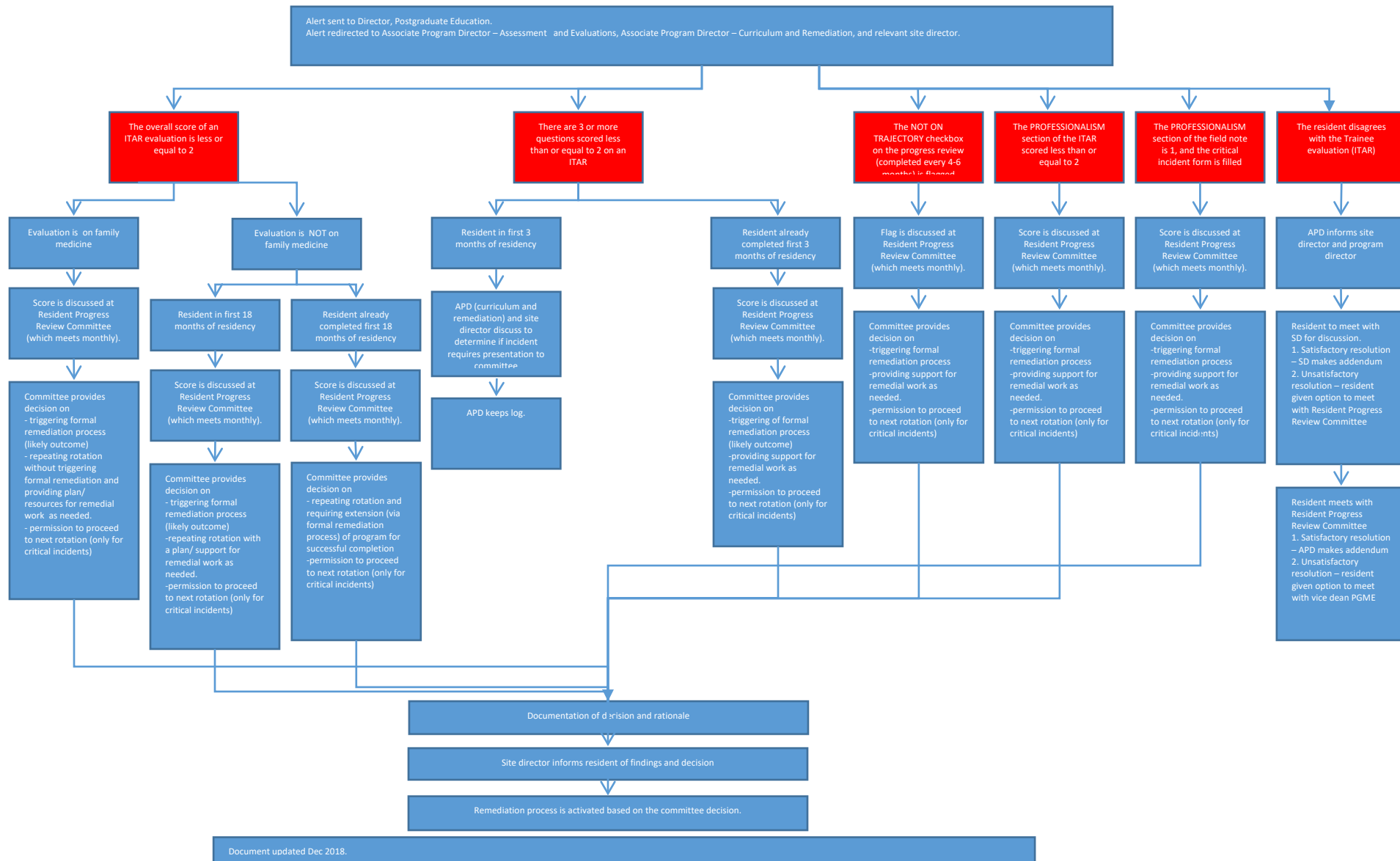
POWER alerts

The POWER evaluation system has been set up to provide alerts to the program director and residency leadership team. These Alerts are then forwarded to your site director. Specific alerts will be triggered for In-Training Evaluation Reports (ITERS) which have

- An overall score of less than or equal to 2
- Scores of less than or equal to 2 in 3 or more subsections
- A score of less than or equal to 2 in the CanMEDS-FM Professional role
- Resident-indicated disagreement with the ITER

The Resident Progress Review Committee (Terms of Reference below) will examine and discuss the details and context of the alert. Alert decisions can range from no action required, development of learning plans, in-person meetings with trainees, or initiation of formal remediation programs.

Resident POWER Alerts - Flow Diagram



Resident Progress Review Committee - Terms of Reference (TOR)

Resident Progress Review Committee- Postgraduate Education

Terms of Reference

Revision date – April 7, 2015

1. Purpose of the Committee

The Resident Progress Review Committee- Postgraduate Education has a mandate to make recommendations to the Residency Program Committee (RPC) on resident progress to be used as part of the Competency-based Education in Family Medicine at the University of Toronto.

2. Role of the Committee:

- 2.1 To support site directors in determining the progress and promotions of their residents.
- 2.2 To review alerts generated from the POWER system, as well as other evaluations of resident progress
- 2.3 To, as appropriate advise the RPC on appropriate action for items reviewed in 2.2
- 2.4 To suggest modifications and enhancements to the POWER alert system.

3. Reporting:

- 3.1 Provides updates to the Residency Program Committee at regularly scheduled RPC meetings.
- 3.2 Provides Alert decision algorithms to all residents and supervisors annually

4. Committee Meetings:

- 4.1 The Committee meets monthly usually on the fourth Tuesday of the month at the departmental office.

5. Membership:

- 5.1 Membership of the Evaluation Committee- Postgraduate Education will consist of:
 - 5.1.1 Director, Postgraduate Education (Chair)
 - 5.1.2 Associate Director, Assessment and Evaluations, Postgraduate Education
 - 5.1.3 Associate Director, Curriculum and Remediation, Postgraduate Education
 - 5.1.4 Associate Director, Admissions and Awards, Postgraduate Education
 - 5.1.5 Site Director (standing member)
 - 5.1.6 Site Director (standing member)
 - 5.1.7 Site Director (of affected resident)

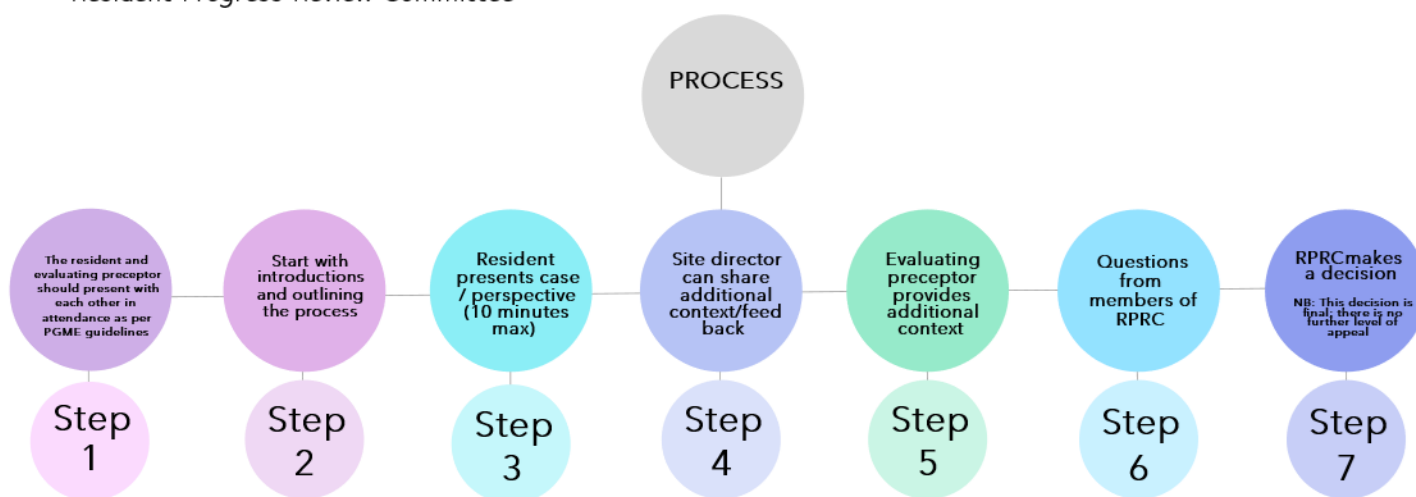
Resident Progress Review Committee - ITER Appeal

Unsatisfactory Resolution

- In attendance:
 - ❑ RPRC (Resident Progress Review Committee) members (including at least one outside site director)
 - ❑ Resident may also bring a fellow resident for support. **** NB – the support person cannot speak on behalf of the resident.** The support person cannot be legal representation and must follow the appropriate policy: https://meded.temertymedicine.utoronto.ca/sites/default/files/assets/files/role-support-person_0.pdf
 - ❑ Site director of resident
 - ❑ Evaluating preceptor
- The resident and evaluating preceptor should present with each other in attendance
- Start with introductions and outlining the process
- Resident presents case/perspective (10 minutes max)
- Site director can share additional context/feedback
- Evaluating preceptor provides additional context
- Questions from members of RPRC
- RPRC makes a decision
 - NB: This decision is final; there is no further level of appeal

RPRC

Resident Progress Review Committee



Family Medicine Program Requirements Checklist for Resident Completion of Training

The Department of Family and Community Medicine's Residency Program is two years in duration.

The DFCM Office will confirm completion of training with the College of Family Physicians of Canada (CFPC), College of Physicians and Surgeons of Ontario (CPSO) and request the certificates from Postgraduate Medical Education, PGME who have:

- ☐ Completed all registration requirements with PGME for the current academic year
- ☐ Successfully completed 26 full time equivalent blocks of training. A full time block is equivalent to 4 weeks at 11 half days/week or 44 half days per block.
- ☐ Successfully completed all **Assessments** used for Family Medicine training as per site competency committee:
 - ☐ Enough Field Notes documented to reflect resident performance
 - ☐ Successful completion of all In-Training Evaluation Reports (ITERs)
 - ☐ Completion of an approved Teaching Practices (TP) Rotation
 - ☐ Resident Practice Profile (Residents to input all their family medicine patient visits, including Teaching Practices & Urgent Care)
 - ☐ Family Medicine 'Medical Expert' Assessment of Progress (FM-MAP)
 - ☐ Progress Review and Resident Reflective Self-Assessment (Site Director and Resident to meet at 6, 12 & 18 months of training)
 - ☐ Virtual Care Educational Modules
 - ☐ San'yas Indigenous Cultural Safety Training
 - ☐ Resident Quality Improvement Project
 - ☐ Resident Academic Research Project (Research, Education Scholarship)
 - ☐ Successful completion of residency by Site Competency Committee

CCFP Exam, Residents need to pass exam to obtain independent practice license, but not for successful completion of training.



Elective Experiences - Outside the University of Toronto System (Provincial, National, International)

Terminology

For the purpose of this document, “Provincial, National, International Electives” refers to electives conducted outside of the University of Toronto, often in a specific clinical area where equivalent learning opportunities are not available locally and the learning objectives of the resident do not directly pertain to the care of populations made vulnerable by adverse social determinants of health. In contrast, “International Global Health (IGH) electives” refers to electives taking place outside Canada, in a resource-limited setting or with populations made vulnerable by adverse social determinants of health, for the purpose of enhancing competencies that prioritize improving and achieving health equity. To minimize confusion between these two distinct learning experiences, “International Global Health” is often shortened to “Global Health” electives.

Please see separate policies for International Global Health Electives if applicable.

Preamble

The Department of Family and Community Medicine expects that residents will be able to acquire the vast majority of their core educational competencies within the confines of the local program. In the case that a resident wishes to pursue a competency that they cannot acquire locally, away electives may be permitted. Away electives include International Electives or electives within Canada, but outside the University of Toronto System. By definition, away electives preclude residents from participating in their local clinics and often, academic half-days. Applications for away electives may also be considered for the purposes of career exploration; however, these experiences must also allow for the acquisition of specific and relevant clinical competencies.

Eligibility

Residents must be in good standing in order to participate in away electives and residents are strongly encouraged to only consider an away elective during their second year of training. This allows time for residents to establish continuity in their own practices during their first year, to reach a level of competency that optimizes their readiness to learn in new settings and to minimize the level of oversight required by the host community. All away electives will be limited to one block in the PGY-2 year. Residents who feel they have a compelling reason to participate in an away elective in their first year should communicate their request and rationale in writing to their local site director for consideration. At the discretion of the site, an away elective may be granted in the PGY-1 year. The absolute maximum number of away electives that may be granted is one block per academic year.

Supervision

Elective supervisors must belong to a regulated health care profession, be familiar with the requirements of the family medicine residency program at the University of Toronto and be able to provide daily supervision and teaching to the resident. When required, supervisors should also be able to provide support to learners as they integrate into sometimes new and challenging learning environments. Supervisors must also agree to complete an end of rotation evaluation.

Planning

Your safety is paramount. Choose your away elective at a reputable site with a safe clinical and living environment. For example, is there a reference available from a past trainee?

Application & Approval Process

- All electives outside the University of Toronto system require approval by the Site Director and the DFCM Postgraduate Director.
 - Applications are first to be submitted to the Site Director for approval.
 - All requests for elective experiences outside the University of Toronto system require approval by the Postgraduate Program Director after the Site Director has provided approval.
- Applications must be submitted a minimum of 12 weeks prior to the proposed departure date in order to allow sufficient time for review, consideration and approval or rejection. *Residents are advised not to secure travel arrangements or incur non-refundable expenses prior to receiving final approval of their application.*

*A purchased non-refundable ticket will not be considered a compelling reason to receive elective approval.

Application Content

- Residents must provide well thought-out educational objectives for their experience.
- Residents should complete a Learning Plan with their host supervisor in order to clearly define expectations of the experience.
- Residents must complete the timetable in the application in detail including how much on-call time they will be required to cover.

Supervision

Host supervisors must complete Section #3 of the application or substitute a signed letter of intent. Residents may submit their application pending completion of the Supervisor's Declaration in order to prevent unnecessary delays in processing the application.

Mandatory administrative requirements

Residents traveling outside of the University of Toronto system must comply with all registration, licensure and insurance regulations applicable to that particular university/province/country. Residents should note the following:

- You are registered as a postgraduate trainee at the University of Toronto. You should enquire about and fulfill the registration requirements of the host institution.
- A resident's educational license is valid in the Province of Ontario ONLY. For out of province electives within Canada, you must apply to the appropriate authorities for a temporary license in the province you are working in. For International Electives, it is the resident's responsibility to liaise with the host institution to determine if a temporary license is required for the duration of the elective and to fulfill that requirement. You are advised to verify with CMPA that your coverage is valid on this elective. The CMPA does not provide malpractice insurance for practice outside of Canada. Residents should clarify malpractice coverage requirements in the host jurisdiction prior to departure.
- Residents must provide the program information regarding how they can be reached during their stay abroad as per Section #4 (Telephone, fax, address, email).



ELECTIVE EXPERIENCE APPLICATION

Outside the University of Toronto System (Provincial, National, International)

Name: _____ Level: _____ Current Site: _____
Experience: _____ Location of Elective: _____
Dates: _____ to _____ Vacation: _____
Supervisor: _____
Supervisor's University/Hospital Affiliation: _____
Supervisor's Email Address: _____

1. List your specific learning objectives for this experience: _____

2. Outline your schedule during this experience.

(Be specific -- detail teaching in both ambulatory, in-patient and on call responsibility.)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
a.m.						
p.m.						

3. **Supervisor's Declaration: (an email letter of intent may also be substituted)**
- * I agree to provide this resident direct supervision during the experience outlined above and to evaluate the trainee in writing prior to the completion of this experience.

Signature

Date

4. **Resident's Declaration:**

I agree to comply with all registration requirements of the sponsoring University and where required, to acquire appropriate licensure and insurance coverage for the duration of this experience. I further agree to submit an evaluation of this experience on the Postgraduate Web Evaluation and Registration (POWER) system.

- * During this experience I may be contacted at:

Tel: _____ Fax: _____

Address: _____

Email: _____

Signature: _____ Date: _____

 **Approved by:**

Site Director

Date

For DFCM Office Use Only:

University Program Director

Date

Please return this form to Lela Sarjoo
Department of Family and Community Medicine
Temerty Faculty of Medicine, University of Toronto
500 University Avenue, 3rd Floor, Toronto, ON M5G 1V7
Email: familymed.postgrad@utoronto.ca

Updated: April 2023



Electives - International Global Health Electives

International Global Health Electives

Terminology

For the purpose of this document, “International Global Health (IGH) electives” refer to electives taking place outside Canada, in a resource-limited setting or with populations made vulnerable by adverse social determinants of health, for the purpose of enhancing competencies that prioritize improving and achieving health equity. In contrast, “International Electives” refer to electives conducted outside Canada, often in a specific clinical area (addiction medicine, emergency medicine, etc.) where equivalent learning opportunities are not available locally and where the learning objectives of the resident do not directly pertain to the care of populations made vulnerable by adverse social determinants of health. To minimize confusion between these two distinct learning experiences, the first is often shortened to “Global Health electives”.

Background

The Department of Family and Community Medicine is supportive of global health electives for which no similar experience is available locally insofar as they are academically sound, thoughtfully prepared, and adequately debriefed.

The process presented below is intended to support learners in the selection, preparation and debriefing of their global health elective experience.

Eligibility

Residents must be in good standing in order to participate in global health electives abroad. Residents are strongly encouraged to undertake global health electives during their second year of training. This allows time for residents to establish continuity in their own practices during their first year, to reach a level of competency that optimizes their readiness to learn in the global health setting and to minimize the burden of oversight they inevitably bring to the host community. Residents who feel they have a compelling reason to participate in a global health elective abroad in their first year should communicate their request and rationale in writing to their local site director for consideration.

Supervision

Elective supervisors must belong to a regulated health care profession, must be familiar with the requirements of the family medicine residency program at the University of Toronto and must be able to provide daily supervision and teaching to the resident. When required, supervisors should also be able to provide support to learners as they integrate into sometimes challenging learning experiences.

Planning

- The Global Health Program should be contacted as soon as a resident is considering a global health elective, **at least three months before the proposed date of departure**
- **All Global Health Electives must be at least four weeks long, not including vacation.** That is to say, residents are expected to spend four weeks working in the international learning setting. Electives that do not meet this requirement will be declined.

- Residents should familiarize themselves with the Global Health Elective Experience Report Form to be completed within one month of return prior to committing to a global health elective abroad. The form can be found at the end of your application form.
- A date for debrief should be set before departure. Please contact dfcm.globalhealth@utoronto.ca to arrange.
- **Flights should not be purchased** until the elective has been approved by all required parties.
- A purchased non-refundable ticket will not be considered a compelling reason to receive elective approval.

Application & Approval Process

- All global health electives require approval by the site director, the DFCM Global Health and Social Accountability Vice-Chair, and the DFCM postgraduate director.
- Applications must be submitted a minimum of 12 weeks prior to the proposed departure date in order to allow sufficient time for review, consideration, approval or rejection. *Residents are advised not to secure travel arrangements or incur non-refundable expenses prior to receiving final approval of their application.*
- Applications are submitted to the site director for approval. If approved by the site director, the application will then be reviewed by the Global Health and Social Accountability program at the DFCM. Residents **must** contact the Global Health and Social Accountability program dfcm.globalhealth@utoronto.ca in advance to inform them of their plans to arrange.

Application Content

- Residents must provide well thought-out, SMART educational objectives for their experience (Specific, Measurable, Achievable, Relevant and Time). Appendix A provides information to assist residents in defining their objectives.
- Residents are encouraged to complete a Learning Plan with their host supervisor in order to clearly define expectations of the experience. We encourage residents to reflect on the Guiding Principles of Global Health Electives when developing their plans.
- Residents must complete the timetable in the application in detail including how much on-call time they will be required to cover.

Supervision

Host supervisors must complete Section #3 of the application or substitute a signed letter of intent. Residents may submit their application pending completion of the Supervisor's Declaration in order to prevent unnecessary delays in processing the application. However, **final approval of the application will not be granted until the supervisor's Declaration has been received.**

Mandatory administrative requirements

Residents traveling outside of the University of Toronto system must comply with all registration, licensure and insurance regulations applicable to that particular university/province/country. Please note the following:

- Residents are registered as a postgraduate trainee at the University of Toronto. They should enquire about and fulfill the registration requirements of the host institution.
- A resident's' educational license is valid **ONLY** in the Province of Ontario

- It is the resident's responsibility to enquire with the host institution to determine if a temporary license is required for the duration of the elective and to fulfill that requirement.
- The CMPA does not provide malpractice insurance for practice outside of Canada. Residents should clarify malpractice coverage in the host jurisdiction prior to departure.
- Residents must provide the program information regarding how they can be reached during their stay abroad as per Section #4. (Telephone, fax, address, email).
- Residents are required to comply with Faculty of Medicine's requirements for pre-departure preparation by completing Pre-Departure Training provided by Post Graduate Medical Education (PGME). More information can be found on their website at http://gh.pgme.utoronto.ca/?page_id=7001
- Residents must forward proof of attendance in the Pre-Departure Training to the Global Health and Social Accountability Program at least 2 weeks prior to departure.
- It is the resident's responsibility to review and adhere to the travel notices issued by the Government of Canada's Travel Advice and Advisories <https://travel.gc.ca/travelling/advisories> and the University of Toronto's Safety Abroad Policies: <https://safetyabroad.utoronto.ca/>

Mandatory Post Return Report and debrief

To consolidate their learning experience residents are expected to fulfill the following post-return requirements:

- a. Submit a Global Health Experience Report Form
- b. Participate in a debrief meeting with the DFCM Global Health and Social Accountability Vice-Chair. A field note will be completed following this conversation.

Please email dfcm.globalhealth@utoronto.ca to schedule a debrief and to submit your post-return report.

Global Health Elective Check list

Getting the ball rolling

Thinking of doing a global health elective abroad? Please review this check list.

- ✓ Check with your site director to confirm that you can start planning.
- ✓ Identify a host institution and supervisor.
- ✓ **At least 12 weeks prior to departure**, contact the Global Health Program (<mailto:dfcm.globalhealth@utoronto.ca>) to inform them of your intent to apply.
- ✓ Contact the host preceptor and:
 - Develop/discuss your educational objectives
 - Fill out the activity and supervision schedule
 - Let them know you need their signature or a letter of commitment to receive approval
 - Enquire about licensing and registration requirements
 - Confirm language requirements
 - Enquire regarding housing and ground transportation on site
- ✓ Submit your completed form to your site director, to be forwarded to the DFCM Global Health and Social Accountability Program and then to the DFCM postgraduate director for final approval.
- ✓ Call the CMPA to clarify coverage

ONCE YOU RECEIVE FINAL APPROVAL

- ✓ Book your flight!
- ✓ Complete the pre-departure training requirements of the Faculty of Medicine

UPON YOUR RETURN

- ✓ Within 4 weeks of leaving your host community, submit your trip report
- ✓ Contact the DFCM Global Health and Social Accountability program to confirm a debrief conversation
- ✓ Receive a field note!

Appendix A

SMART Objectives

Developing SMART Objectives

One way to develop well-written objectives is to use the SMART approach. Developing specific, measurable objectives requires time, orderly thinking, and a clear picture of the results expected from program activities. The more specific your objectives are, the easier it will be to demonstrate success.

SMART stands for

Specific

Measurable

Attainable/Achievable

Relevant

Time bound

Specific—*What exactly are we going to do for whom?*

The “specific” part of an objective tells us what will change for whom in concrete terms. It identifies the population or setting, and specific actions that will result. In some cases it is appropriate to indicate *how* the change will be implemented (e.g., through training). Coordinate, partner, support, facilitate, and enhance are not good verbs to use in objectives because they are vague and difficult to measure. On the other hand, verbs such as provide, train, publish, increase, decrease, schedule, or purchase indicate clearly what will be done.

Measurable—*Is it quantifiable and can WE measure it?*

Measurable implies the ability to count or otherwise quantify an activity or its results. It also means that the source of and mechanism for collecting measurement data are identified, and that collection of these data is feasible for your program or partners. A baseline measurement is required to document change (e.g., to measure percentage increase or decrease). If the baseline is unknown or will be measured as a first activity step, that should be indicated in the objective as “**baseline to be determined using XXX database, 20XX.**” The data source you are using and the year the baseline was obtained should always be specified in your objective statement. If a specific measurement instrument is used, you might want to incorporate its use into the objective.

Another important consideration is whether change can be measured in a meaningful and interpretable way given the accuracy of the measurement tool and method.

Attainable/Achievable—*Can we get it done in the proposed time frame with the resources and support we have available?*

The objective must be feasible with the available resources, appropriately limited in scope, and within the program's control and influence.

Sometimes, specifying an expected level of change can be tricky. To help identify a target, talk with an epidemiologist, look at historical trends, read reports or articles published in the scientific or other literature, look at national expectations for change, and look at programs with similar objectives. Consult with partners or stakeholders about their experiences. Often, talking to others who have implemented similar programs or interventions can provide you with information about expected change. In some situations, it is more important to consider the percentage of change as a number of people when discussing impact. Will the effort required to create the amount of change be a good use of your limited resources?

Relevant—*Will this objective have an effect on the desired goal or strategy?*

Relevant relates to the relationship between the objective and the overall goals of the program or purpose of the intervention. Evidence of relevancy can come from a literature review, best practices, or your theory of change.

Time bound—*When will this objective be accomplished?*

A specified and reasonable time frame should be incorporated into the objective statement. This should take into consideration the environment in which the change must be achieved, the scope of the change expected, and how it fits into the overall work plan. It could be indicated as "By December 2010, the program will" or "Within 6 months of receiving the grant,..."

Using SMART Objectives

Writing SMART objectives also helps you to think about and identify elements of the evaluation plan and measurement, namely indicators and performance measures.

An indicator is what you will measure to obtain observable evidence of accomplishments, changes made, or progress achieved. Indicators describe the type of data you will need to answer your evaluation questions. A SMART objective often tells you what you will measure.

A performance measure is the amount of change or progress achieved toward a specific goal or objective. SMART objectives can serve as your performance measures because they provide the specific information needed to identify expected results.

Annex 1



Family & Community Medicine
UNIVERSITY OF TORONTO

GLOBAL HEALTH ELECTIVE APPLICATION

Name: _____ Level: _____ Current Site: _____
Experience: _____ Location of Elective: _____
Dates: _____ to _____ Vacation: _____
Host Supervisor: _____
Host Supervisor's University/Hospital Affiliation: _____
Host Supervisor's Email Address: _____

1. List your SMART learning objectives for this experience:

SMART stands for: **S**pecific, **M**easurable, **A**ttainable/Achievable, **R**elevant, **T**ime bound

Educational Objectives:

You may use another page if necessary.

(Be specific -- detail teaching in both ambulatory, in-patient and on call responsibility.)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
a.m.						
p.m.						

3. **Supervisor's Declaration: (an email letter of intent may also be substituted)**

- * I agree to provide this resident direct supervision during the experience outlined above and to evaluate the trainee in writing prior to the completion of this experience.

Signature

Date

4. **Resident's Declaration:**

- * I agree to comply with all registration requirements of the sponsoring University and where required, to acquire appropriate licensure and insurance coverage for the duration of this experience. I further agree to submit a written evaluation of this experience to my Site Director.
- * During this experience I may be contacted at:

Tel: _____

Fax: _____

Address: _____

Email: _____

Signature _____

Date _____

 **Approved by:**

Site Director

Date

 **For Global Health Electives:**

Reviewed by:

Global Health and Social Accountability Program

Date

For DFCM Office Use Only:

University Program Director

Date

Please return this form to Lela Sarjoo

Department of Family and Community Medicine

University of Toronto

500 University Avenue, 3rd Floor, Toronto, ON M5G 1V7

Email: familymed.postgrad@utoronto.ca

Annex 2



Family & Community Medicine
UNIVERSITY OF TORONTO

GLOBAL HEALTH ELECTIVE EXPERIENCE REPORT FORM

The purpose of this form is to document and reflect on your experience. Return completed forms to Lela Sarjoo familymed.postgrad@utoronto.ca and Jamie Rodas dfcm.globalhealth@utoronto.ca at the DFCM office.

Location of the elective:

Dates of the elective:

Your name and contact information:

Name of Supervisor(s):

Supervisor's contact information (including email if available):

In 3 to 5 pages, please describe your global health elective experience, including the following:

- Briefly describe the elective including patient population seen, responsibilities, amount of supervision etc.
- What were the proposed educational outcomes of the rotation and were they achieved?
- Provide a description and evaluation of the host setting including quality of clinical interaction and supervision, language requirements, openness of the host community to receiving other learners and recommendation to other learners.
- Provide highlights of the experience and a description of how it might inform/benefit your practice in the future.
- Comparison of country's PHC system and services to Canada's, and what Canada can learn from this country and vice-versa.
- If possible, please include pictures of the site.

Updated: September 2022



Family & Community Medicine
UNIVERSITY OF TORONTO

**(Complementary) Horizontal Clinical Training Opportunities in the Family
Medicine Residency Program**

**Department of Family and Community Medicine
University of Toronto
May 31, 2019**

Dr. Ilan A. Fellus, BHSc., MD
Residency Program Committee, First-Year Resident Representative
Dr. Venus Valbuena, B.ScN, MD
Co-President, Family Residents Association of Toronto
Dr. Melissa Graham MD, CCFP, MScCH
Family Medicine Residency Site Director – Credit Valley Hospital

Purpose

The purpose of this document is:

1. To outline the requirements and procedures family medicine residents should take in order to participate in Complementary Horizontal Clinical Training Opportunities at the University of Toronto, outside of their expected training.
2. To promote the role of family medicine residents as independent professional learners.
3. To ensure that site directors, site administrators, and DFCM faculty are informed of the additional extracurricular training opportunities in which their residents are participating.

Definition

Complementary Horizontal Clinical Training Opportunities, or Horizontal Training Opportunities (HTOs) for short, are **optional** clinical training experiences which family medicine residents at the DFCM may undertake in the specialty of their choice (with the below guidelines applied). These opportunities DO NOT fulfill any of the core requirements of the program. Rather, HTOs are meant to allow for residents to complement their family medicine training in areas which they feel are relevant to their current and future practice, in a longitudinal manner.

Background

Continuity, both of patient care and physician education, is a central tenet of family medicine (FM). The Triple C competency-based curriculum, which has been recently implemented in Canadian family medicine residency programs, focuses on continuity of care, education, and providing comprehensive care.¹ Similarly, the College of Family Physicians of Canada has outlined its recommendations for a flexible curriculum and longitudinal learning opportunities in its accreditation guidelines:

“The curriculum should be flexible to allow residents to develop the special skills they will need to practice in widely varied setting. Other medical specialty services offer unique clinical resources that can be used to facilitate and enhance family practice experience. Such experiences need not be provided as blocks of time but can and should be integrated as much as possible into the family medicine context of learning.”²

Notably, the practice of FM physicians working in non-FM specialties, in addition to their usual clinical duties, has been becoming an increasing trend in recent years.³⁻⁴ This may be in part a result of the increasing popularity of enhanced skills programs, as well as the continually expanding role of family physicians.⁴⁻⁶ This has been reflected in work trends, with up to a third of Canadian family physicians choosing to complement their practice with an additional clinical focus.⁷ This trend is expected to continue with future resident cohorts.^{3,5} The value of being proficient in additional specialties has also been recognized as being particularly important when practicing medicine in rural Canadian communities, where family physicians must fill in the gaps left by the lack of other specialists in the area.⁸

Presently, there is no unified policy at the University of Toronto's Department of Family and Community Medicine that addresses the phenomenon of residents implementing additional clinical experiences into their curriculum that are separate from their core rotations. While few sites have outlined principles for residents to undertake horizontal training opportunities, others have no policy in place. In these cases, the resident's site director and faculty may not be aware of the additional clinical work the resident is doing, and the potential effect it may have on their expected duties.

With the guidelines for Complementary Horizontal Clinical Training Opportunities we hope that learners will be able to maintain their continuing educational experiences and enhance their learning during residency at the University of Toronto, particularly in areas which they require and desire additional practice and refinement. This is not only meant to provide residents who intend to practice in a subspecialty additional exposure to that specialty, but also to better prepare learners for a comprehensive family medicine practice. Moreover, having registration and approval procedures for horizontal training opportunities will allow site directors, administrators and faculty to be informed of residents' additional clinical experiences and ensure it does not disrupt their regular professional expectations.

Scope

This document may apply to all DFCM sites, with site-specific modifications as applicable.

Requirements:

1. HTO shifts cannot interfere with the resident's core rotation or family medicine clinic requirements.
2. HTO shifts do NOT qualify for call-stipend
3. ALL shifts must align with PARO scheduling rules (see <http://www.myparo.ca/top-contract-questions/>)
4. All of the above must be approved by the Site Director*, as well as the chief of the department of the specialty in question if it is being completed at a hospital or clinic.**
5. All HTOs must consist of a minimum of 16 hours in order to be credited. Up to 5 HTOs may be done in a year, with up to a total maximum of 80 hours per academic year (combined). A resident may choose to complete all 80 hours within one HTO.
6. HTOs may take place in any medical specialty with a physician associated with the University of Toronto. Learners are encouraged to conduct these in areas in which they feel they could use additional training or exposure to. Learners will be encouraged to pursue these training opportunities first at their local site and if they are not available, at other hospitals/sites associated with the University of Toronto.
7. HTOs may **NOT** be completed at another University.

*The chief of the specialty in question must be notified (where applicable) in order to ensure that core learners who are also on the rotation are not affected;

**The site director may decline a resident's HTO request if there are any concerns for the resident's academic or clinical performance, wellness, burn-out, or professionalism.

Responsibilities of the Trainee

1. The resident is responsible for having a learning plan written with and signed by their HTO preceptor and approved by their site director.
2. Scheduling for the HTO will be determined at the discretion of the site. HTOs must NOT disrupt acquisition of core competencies/duties.

Please Note:

- HTOs are to be used by residents to complement their clinical knowledge and better prepare them to future practice, not replace their current responsibilities.
- If the site director/faculty determines that the resident's regular clinical duties are jeopardized by their HTO, the site director has the right and ability to cancel it, effective immediately. The learner's family medicine clinic and scheduled rotation responsibilities will always take priority over HTOs.
- The site director reserves the right to decline HTOs for reasons as outlined above and for any concerns with regards to the resident's performance and regular duties.

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Application Form: (Complementary) Horizontal Clinical Training Opportunities

The Department of Family and Community Medicine expects that residents acquire the vast majority of their core educational competencies within the confines of their core program. Occasionally, residents may wish to further develop their competencies in other specialties relevant to family medicine. In this case, “Complementary Horizontal Clinical Training Opportunities,” also known as “Horizontal Training Opportunities” or HTOs may be permitted. Applications for HTOs may also be considered for the purposes of career exploration; however, these experiences must also allow for the acquisition of specific, clinical competencies that are relevant to family medicine practice. Please note that HTOs are **optional** and do not fulfill any of the core requirements of the program.

Unless there are exceptional circumstances, HTOs will be limited to a maximum of 5 per year, totalling 80 hours for the academic year. A minimum 16-hour requirement is needed per HTO. Residents may wish to do one or several HTOs. Residents may complete all 80 hours within one HTO if they so choose, although diversity is encouraged.

Planning should begin at least three months in advance. In order to participate in an HTO residents must be in good academic standing and gain the approval of their site directors. HTO supervisors must be licensed physicians, practicing in a hospital and/or clinic associated with the University of Toronto, and be familiar with the requirements of the program.

PLEASE NOTE:

- HTO applications may be declined at the discretion the site directors for reasons including but not limited to: professionalism or academic concerns, difficulties with practice management, or inability of the resident to meet their core competencies based on ITERs/RPP.
- HTOs may **NOT** be done at other Universities.
- A resident's core rotation and family clinic responsibilities **MUST** be prioritized and are **NOT** to be compromised by HTO shifts. IF there are any concerns regarding the resident's performance in their core duties, the site director reserves the right to terminate the HTO effective immediately.

Important Information for Residents: Please Review Carefully

1. Applications must be submitted at least 12 weeks in advance in order to provide sufficient time for review.
2. Applications are to be submitted to the site director for approval. Requests for HTOs do not require approval by the DFCM Program Director.
3. Residents should note that HTO shifts do **NOT** qualify for call-stipend
4. Specific objectives and learning plan for the HTO should be developed with the **HTO supervisor**. This is done in order to define relevant outcome competencies and goals. These will subsequently need to be approved, with possible modifications, by the site director at the time of the application.
5. Residents must complete the timetable in detail including the number, dates, and times for HTO shifts. Residents **MUST** receive approval for shifts from the scheduling coordinator and/or chief of

the department where the HTO in question is completed to ensure their presence will not impede on the learning opportunities of core learners.

6. Residents must contact the coordinator for the hospital/clinic where they will be working to arrange for ID cards, computer access and training as required.
7. ALL shifts must align with PARO scheduling rules (see <http://www.myparo.ca/top-contract-questions/>).
8. Supervisors must complete Section #3 of the application or substitute a signed letter of intent. On occasion, it may be advisable for residents to submit the application pending completion of the Supervisor's Declaration (in order to prevent unnecessary delays in processing the application). Residents are advised to consult with their Site Director.
9. Residents must continue to comply with all applicable registration, licensure and insurance regulations of the University of Toronto, as well as their host hospital/clinic. Residents should contact the registration office at the hospital/clinic to inquire about their registration requirements.



**Complementary Horizontal Clinical Training Opportunities
(*Within the University of Toronto)**

Name: _____ **Level:** _____
Experience: _____ **Location of HTO:** _____
Dates: _____ **to** _____
Supervisor: _____
Supervisor's Hospital Affiliation: _____
Supervisor's Email Address: _____

1. Please list your specific learning objectives for this experience. These should be developed with and approved by your HTO supervisor:

Please outline your tentative schedule during this experience.

(*Minimum of 16 hours per HTO, maximum of 80hrs combined for all HTOs per academic year)

Shift date	Time	Setting (ambulatory/inpatient/ED/other)

Supervisor's Declaration: (an email letter of intent may also be substituted)

I agree to provide this resident direct supervision during the experience outlined above.

Signature

Date

2. **Resident's Declaration:**

I agree to comply with all registration requirements of the "Horizontal Elective Opportunity" as outlined above as well as the requirements and regulations of the hospital/clinic where I will be working. I understand that undertaking the HTO should not in any way impede my core family medicine and specialty rotation commitments. I am aware that should any concerns arise from my site director, including but not limited to my performance, professional commitments or practice management, the site director reserves the right to terminate the HTO effective immediately.

Signature

Date

 **Approved by:**

Site Director Signature

Date

****Please return this completed form to your Site Director/Program Administrator**

May 2019



DFCM Postgraduate Research Elective Guideline

Background/Purpose

The CanMEDS-FM role of Scholar indicates that family physicians should “demonstrate a lifelong commitment to excellence in practice through: continuous learning and teaching others; gathering, combining, and evaluating evidence; and contributing to the creation and dissemination of knowledge.” The Postgraduate Family Medicine curriculum at the University of Toronto also states that one of the Entrustable Professional Activities in Family Medicine is to “Demonstrate an awareness of the need to become a lifelong learner” for which one of the enabling competencies includes development of basic skills in research and scholarly inquiry. For this reason, there is value in supporting our residents who want to expand their skills in research and scholarly inquiry. In recent years, requests for research electives to foster this skill set have been increasing within our program.

However, with the current 24-month family medicine residency training in Canada, which is the shortest program internationally for family practice residents to develop their clinical competencies, time is limited. Moreover, with the required duty hour restrictions and other necessary protected time, it is also extremely important to ensure that our residents get adequate protected clinical experience to build their clinical competencies and in turn, be able to practice comprehensive family medicine safely.

The purpose of this guideline is to provide residents and site directors direction regarding the appropriate parameters for granting a research elective to residents that will ensure that residents are able to meet the clinical competencies of the family medicine program while still providing opportunities for excellent residents to pursue scholarly interests.

Requirements

1. Any resident pursuing a research elective **must** be in good standing and be achieving their other clinical competencies on an appropriate trajectory as indicated by their field notes, FM-MAP scores, ITERS and relevant 6 month progress reviews.
2. All residents who wish to schedule a research elective **must** have the elective approved a **minimum of 8 weeks prior to the elective**. You must allow a minimum of 2 weeks for review of your proposal. Requests submitted less than 10 weeks (8 + 2 weeks) in advance of the elective will **not** be considered.
3. Requests for research electives must be submitted to and approved by the Resident Academic Project team (where applicable) and the Site Postgraduate Program Director.
4. Research electives are meant to allow residents protected time to work on research projects that go beyond the requirements of the resident academic project. If the request for the research elective involves Resident Academic Project (RAP) related work, it should be towards a significantly expanded resident academic project with clear deliverables as outlined below and there needs to be a clear justification for why protected weekday time is required (i.e. if the data analysis can only be done in a location that is open Monday-Friday).
5. All research electives must have an identified DFCM supervisor. If residents wish, their project may also involve a faculty investigator outside of the DFCM (i.e. public health or other fields related to family practice); however, a DFCM co-supervisor is necessary.
6. All research electives must have the following:

- a. Clear learning objectives and deliverables, related to CanMEDS-FM roles. The learning objectives and deliverables must be as specific as possible (i.e. saying that you need protected time to have meetings with people to build relationships is not specific enough; you need to outline exactly who you will be meeting with and what the anticipated objectives/outputs of the meetings are).
- b. A schedule to clearly show the resident's time during the elective and justify the percentage of protected time being requested.

The above items (6a, 6b) must be developed with input from the resident's proposed elective supervisor prior to submitting the research elective request for approval.

7. When requesting a research elective, residents must submit items 6a & 6b above to the Resident Academic Project team (where applicable) and the Site Postgraduate Program Director. Residents submitting a research elective request should also copy their elective supervisor on the email to the Resident Academic Project team (where applicable) and the Site Postgraduate Program Director.
8. Research electives cannot occur during the first 6 months of their PGY-1 year or in the two months prior to the CCFP exam.
9. Research electives will be approved for a maximum of 4weeks.
10. Once research electives are approved, residents need to provide their supervisors with the elective evaluation form, learning objectives, deliverables and their proposed schedule at least 1 week in advance of the start of their elective.
11. A report on the status of the deliverables (i.e. a research report, draft paper for publication or other progress and results summary) should be submitted to the site director at the close of the elective.

Professional Association of Residents of Ontario (PARO) Contract

Source: PARO

2020-2023 PARO-OTH AGREEMENT

To view the full version of your contract, please go to the PARO website at <http://www.myparo.ca/your-contract/>

Your Contract

- [General Purpose and Definition of Parties](#)
- [Recognition](#)
- [Postgraduate Consultation Committee](#)
- [Terms Of Agreement And Negotiation](#)
- [Letter Of Appointment](#)
- [Association Dues](#)
- [Procedures Re: Work Assignment](#)
- [Grievance](#)
- [Dismissal](#)
- [Vacation](#)
- [Professional Leave](#)
- [Statutory Holidays](#)
- [Salary And Benefit Continuance](#)
- [Pregnancy And Parental Leave](#)
- [Maximum Duty Hours](#)
- [Administrative Bonuses](#)
- [Facilities](#)
- [Employee Benefits](#)
- [Part-Time Status](#)
- [Salary Classification](#)
- [Annual Salary Scale](#)
- [Call Stipends](#)
- [PARO Business](#)
- [Hospital/PARO Committee](#)
- [Academic Rounds And Seminars](#)
- [General Provisions](#)
- [Health and Safety](#)
- [Schedule A – Implementation of Collective Agreement for Pool C Residents](#)
- [Attachments](#)

If you have any questions regarding the Agreement, please contact the PARO Office at <http://www.myparo.ca/>

Family Medicine Residents' Association of Toronto (FRAT)

The Family Medicine Residents' Association of Toronto (FRAT) is an organization consisting of all family medicine residents enrolled in the Family Medicine Residency Program at the University of Toronto. FRAT is the single largest organization of family medicine residents in Canada. FRAT is fully affiliated with and financially supported by the Department of Family & Community Medicine (DFCM) at the University of Toronto.

Given that residents are sited at hospital divisions across the region, the overall purpose of FRAT is to ensure a strong, united voice at the departmental and university levels on matters of relevance to family medicine residents.

The FRAT Council is a steering body within FRAT composed of two Presidents, the Divisional Chief Residents, liaisons with other organizations that serve resident interests (e.g., the Professional Association of Internes and Residents of Ontario), and any interested members of the FRAT general body.

The Council serves three major roles for family medicine residents in Toronto: advocacy, education, and community-building.

Advocacy

- Members of FRAT advocate for the needs of family medicine residents at various levels. The FRAT President(s) are full contributing members of the Residency Program Committee, representing residents' interests from all divisions to the DFCM. The FRAT President(s) and other members of FRAT also represent Toronto family medicine residents at meetings of internal Department committees, the Postgraduate Medical Education Office, PARO, the College of Family Physicians of Canada, the Ontario College of Family Physicians, International Medical Graduates and the university in general. On occasion, we are asked to sit on committees at other organizations, such as the Ontario Medical Association and the Ontario Ministry of Health and Long Term Care.

Education

- The FRAT Council is responsible for organizing central core days. Residents from across the city attend these one-day conferences which are based on a medical theme (e.g., musculoskeletal medicine, geriatrics). Central core days serve to enhance the curriculum already in place at each hospital division. FRAT currently organizes three core days per year.

Community-building

- The FRAT Council organizes a number of social events for residents, in order to increase cross-division interaction and networking. FRAT also supports the work of the Interest Group in Family Medicine at the University of Toronto, thereby enhancing collaboration between medical students and residents.

FRAT Presidents & Site Resident Representatives

FRAT Presidents

The FRAT Presidents serve a vital role in the operation and development of the residency program. Their duties include: serving as the Chief Residents in Family Medicine at University of Toronto in all official university capacities; scheduling and chairing all Council meetings; preparing previous meeting's minutes and the next meeting's agenda; recording all financial transactions of resident activities that utilize FRAT funds and applying for financial reimbursement from the DFCM; and facilitating information flow between the FRAT Council and the Residency Program Committee (RPC) of the DFCM.

2025 - 2026 FRAT Co-Presidents

FRAT Co-Presidents	Site	E-mail
Dariya Darvin	CVH	fratpresidents@gmail.com
Yasmin Dini	NYGH	fratpresidents@gmail.com

2025 - 2026 Site Resident Representatives

The Site Chief Residents serve an important role in the operations and resident education at each site. Although roles may vary from site to site, they generally include: serving on the FRAT Council, arranging call schedules for FM residents at each site, planning and organizing educational seminars at each site, liaising with Site Directors and advocating for residents, and facilitating information flow from the FRAT presidents to the residents at each site.

First Name	Last Name	Site	Email
Clare	Fiala	CVH	Clare.Fiala@thp.ca
Kohilan	Selvakumaran	CVH	Kohilan.Selvakumaran@thp.ca
Corey	Forster	HRH	CForster@hrh.ca
Mary	Ollier	ICP	Mary.ollier@mail.utoronto.ca
Jessie	Zhang	MRK	jeszhang@oakvalleyhealth.ca
Lora	Stepanian	MRK	LStepanian@oakvalleyhealth.ca
Hunster	Yang	MRK	hunyang@oakvalleyhealth.ca
Andrew	Trasolini	TEHN	andrew.trasolini@mail.utoronto.ca
Rahna	Rasouli	TEHN	rahna.rasouli@mail.utoronto.ca
Jordan	Smith	TEHN	jordanshearer.smith@mail.utoronto.ca
Manu	Sharma	MH	manu.sharma@thp.ca
David	Le Nguyen	MH	david.lenguyen@thp.ca
Kelti	Smith	MH	kelti.smith@thp.ca
Mario	Orsini	MSH	Mario.Orsini@sinaihealth.ca
Tharit	Charoenpanon	MSH	Tharit.Charoenpanon@sinaihealth.ca
Sauliha	Alli	NYGH	SaulihaAlli@nygh.on.ca
Mohammad	Ghassan AlWafai	NYGH	MohammadGhassan.AlWafai@nygh.on.ca
Daniel	Friedberg	RVH	dfrie023@uottawa.ca
Rylie	Essington	RVH	rylieessington1@gmail.com

Ling “Noah”	Yang	RVH	noah.yang@medportal.ca
Simrin	Ishmail	SHN	sismail1@shn.ca
Shannon	Leung	SHN	sleung1@shn.ca
Yifeng	Song	SHN	ysong2@shn.ca
Rushank	Patel	SRHC	r5patel@southlake.ca
Amrita	Bagga	SRHC	abagga@southlake.ca
Ana	Janic	SJHC	ana.janic@mail.utoronto.ca
Jamie	Kim	SJHC	Jamie.Kim@unityhealth.to
Sean	Wang	SM	Sean.Wang2@unityhealth.to
Rithvika	Ramesh	SM	Rithvika.Ramesh@unityhealth.to
Nkechi Chukwudi	Ikeaba	SHSC	nkechi.ikeaba@sunnybrook.ca
Xi Yao	Gao	SHSC	xiyao.gui@sunnybrook.ca
Micah	Zagala	TWH	micah.zagala@uhn.ca
Prathiksha	Nalan	TWH	prathiksha.nalan@uhn.ca
Sara	Folkins	WCH	SaraElizabeth.Folkins@wchospital.ca
Oliver	Chow	WCH	Oliver.Chow@wchospital.ca

Committee Resident Representatives:

- Committee Representatives:
 - Evaluations Committee, 1 per year
 - Curriculum Committee/Quality Improvement Representatives, 1 per year
 - Awards/Alumni Engagement Committee Representative, 1 per year
 - Internal Match/Open House Committee Representative, 1 per year
 - Teaching Practice/Integrated Communities Program Committee Representative, 1 per year
 - FM Undergrad Education Committee Representative, 1 per year
 - Residency Program Committee (RPC) Representative, 1 PGY1
 - Enhanced Skills Resident Representative, 1 per year
- External Representatives:
 - CFPC Representative, 1 per year
 - OCFP Representative, 1 per year
- Internal Positions
 - Social/Wellness Representatives, 2 per year
 - Social Media Representative, 1 total
 - FRAT Internal Affairs/Elective Portal Representative, 1 total
 - Environmental Health Lead, 1 total
 - Indigenous Health Lead, 1 total
 - Social Accountability Lead, 2 total

Please contact fratpresidents@gmail.com if you have any questions.

ALARM (Advances in Labour and Risk Management)

ALARM was developed by family physicians, obstetricians, midwives and nurses, who jointly continue to maintain and teach the course. Backed by the SOGC, the ALARM course arose out of our work to improve the care provided to women during labour, their fetuses and newborns, and their families.

This two-day course offers case-based plenary sessions, hands-on workshops and a comprehensive examination process. The content of the course is evidence based and incorporates the Canadian practice guidelines, so participants who complete the course gain an understanding of the latest best practices for providing care.

The ALARM course objective is to evaluate, update and maintain the competence of specialists, family physicians, midwives and nurses. Upon completion, participants understand how to improve the outcomes and process of intra-partum and immediate postpartum care.

The course is presented by local faculty in combination with The Society of Obstetricians and Gynaecologists of Canada (SOGC) and is provided to both PGY1 and PGY2 residents.

This course will be offered to residents at a reduced cost and sign up is on a first-come first-served basis.

To inquire about **dates and location**, please contact 416-978-3216 or dfcm.pgcurriculum@utoronto.ca

Rural Northern Initiative Program

Physician Coordinator – Dr. Nadia Incardona, MD, CCFP

This initiative will allow one resident to travel to northern Ontario with a DFCM Faculty member for a two-week “locum” type visit involving full exposure to rural family medicine, including clinic work, ER work, inpatient work and in some cases, obstetrics.

There are a number of these opportunities throughout the year, with different family physicians from Toronto travelling to several different communities. Each placement lasts 2 weeks and should be done during elective time or family medicine block time with the permission of the Site Director and Preceptor.

All travel and accommodation costs are covered. The program is intended for PGY2 residents.

If interested, please fill out the application form available on Quercus (q.utoronto.ca)

If you have any questions, please contact the RNI Program at 416-978-8530 or by email at dfcm.rni@utoronto.ca

Teaching Residents to Teach (TRT)

Teaching Residents to Teach

The Teaching Residents to Teach (TRT) program is an experiential introduction to the principles of medical education. Residents in the program are provided with modules on common teaching scenarios, and they integrate this knowledge into their work with medical students in a variety of settings. If you are excited about teaching or medical education, the TRT program will provide you with a foundation of important skills for working with learners. Many of our program graduates have stayed in our units, undertaking significant academic and teaching roles.

To sign up for this course, please contact: familymed.undergrad@utoronto.ca

Advanced Cardiac Life Support (ACLS)

Advanced Cardiac Life Support (ACLS)

ACLS Certification is not required to start residency, but it is strongly encouraged to complete within the first month of training. ACLS recertification training is not a requirement during residency. First-time ACLS course costs are subsidized for PGY-1 postgraduate medical trainees. For eligibility and reimbursement information, please contact Gerard Nagalingam at gerard.nagalingam@utoronto.ca or 416-978-8328. You can obtain a list of ACLS course providers at the [ACLS PGME page](#).

DFCM Postgraduate Program Awards

Faculty, residents and staff affiliated with the DFCM Postgraduate Department are eligible for nomination for the awards listed on this page during two nomination periods throughout the residency program year (Winter Awards & Spring Awards). The award nomination process is coordinated locally by Site Chiefs, Site Directors and the Enhanced Skills Director twice a year and submitted to the DFCM Postgraduate Award Committee for review. Please see the DFCM [website](#) for deadlines and award nomination processes, and contact dfcm.pg.awards@utoronto.ca if you have any questions.

External Winter Awards: Deadline November

AWARD NAME	ELIGIBILITY	DFCM DEADLINE	PGME DEADLINE
CAME Rising Star Certificate of Excellence	<u>Residents</u> registered with PGME	November	October
Social Responsibility Award in Postgraduate Medical Education	<u>Residents</u> registered with PGME UofT Faculty is under the purview of the DFCM Awards of Excellence process dfcm.awards@utoronto.ca	November	January
PARO Trust Fund: Resident Teaching Award	UofT senior <u>Residents</u> registered with the PGME Office	November	November
Robert Sheppard Award for Health Equity and Social Justice	UofT <u>Residents/Fellows</u> involved in the development and/or implementation of activities, programs or research related to social justice and health equity in faculty development or postgraduate medical education.	November	January
Postgraduate Medical Trainee Leadership Awards	<u>Residents</u> registered with PGME	November	March
W Dale Dauphinee Award for Excellence in Medical Education and Assessment	<u>Residents</u> registered with PGME	November	March
M Ian Bowmer Award for Leadership in Social Responsibility	<u>Residents</u> registered with PGME	November	March

Internal Spring Awards: Deadline April

A. DFCM Postgraduate Awards

DFCM Faculty, Staff and Residents are eligible for the DFCM Postgraduate Awards. Each Site and Enhanced Skills Program will determine locally **one** faculty and **one** resident to receive an award in one of the categories as listed below. Selected winners and nominees from each site will be forwarded to the DFCM Postgraduate Awards Committee. Please see the DFCM [website](#) for deadlines and award nomination processes.

FACULTY Categories

1. New Teacher Award
2. Excellence in Teaching
3. Role Modeling Clinical Excellence

FACULTY & STAFF Categories

4. Program Leadership
5. Innovation in Education
6. Resident Advocacy

RESIDENT Categories

7. Leadership
8. Teaching Excellence
9. Advocacy for Patients
10. Clinical Excellence

External Spring Awards: Deadline April

Please see the DFCM [website](#) for deadlines and award nomination processes.

B. CFPC Family Medicine Resident Scholarships

Site Directors and the Enhanced Skills Director may put forth a nomination for one resident per site to the DFCM Postgraduate Department in order to allow the DFCM Postgraduate Award Committee to review nominations and select a nominee to be put forward to the CFPC.

C. Sam Leitenberg Award for the Humanitarian Practice of Family and Community Medicine

This award will be open to all PGY2 residents in the Department of Family and Community Medicine (DFCM), and nominations from each site are to be sent to the DFCM Postgraduate Award Committee.

- The Award has a monetary value of \$3000.
- To be awarded annually to a Postgraduate PGY2 resident in Family and Community Medicine who best exemplifies the qualities Dr. Leitenberg embodied:
 - Recognizes the central importance of the doctor-patient relationship.
 - Provides exemplary care to patients.
 - Treats patients and their family members with compassion, empathy, and respect.
 - Demonstrates superior diagnostic and clinical skills

D. Award for Excellence in Resilient Leadership in Family Medicine

This award honors a **first-year** family medicine resident who exemplifies exceptional leadership within their residency program, clinical practice, and community while demonstrating resilience and perseverance in overcoming challenges. The recipient is a role model who navigates barriers, such as financial or personal hardships and inspires others through their commitment to family medicine and dedication to making a meaningful impact. This scholarship, which is selected based upon outstanding leadership skills, is intended to assist with residents in financial need.

Criteria for selection include:

- **Resilient Leadership:** Shows exceptional initiative, fosters teamwork, and inspires peers while exhibiting the ability to persevere through challenges and barriers.
- **Dedication to Family Medicine:** Demonstrates a deep commitment to the principles of comprehensive, compassionate, and community-oriented care.
- **Advocacy and Vision:** Actively participates in initiatives that promote health equity, enhance quality improvement, or advance resident education, reflecting a passion for driving positive change within the field of family medicine.

The recipient is recognized not only for their leadership and resilience but also for their potential to serve as a senior leader within the residency program in second year, contributing to its growth and success.

2. INTEGRATED COMMUNITIES PROGRAM

Program Details

The Integrated Communities Program information is available on Quercus. Please go to the Quercus site at q.utoronto.ca to view the Integrated Communities Program information.

ICP Guidelines

1. All PGY-2 ICP Residents are required to live in the community to which they are assigned for their second year.
2. We strongly recommend that you review the competencies and discuss your goals and objectives for the year with your ICP preceptor at the "Orientation Session." Should your preceptor not be able to meet your stated goals and objectives, they will negotiate a new plan with you during Orientation. It is also expected that a "mid" and "exit" interview take place during the year. You should schedule these sessions with your preceptor.
3. During the second year, residents will have two or three primary family medicine preceptors to provide exposure to differing practice styles while maintaining continuity of care.
4. The first one or two months are spent focused on family medicine to allow integration into the practice and the community. The remainder of the year is spent practicing in a longitudinal program including four or five half-days of family medicine each week. Emergency shifts, in-patient care and intra-partum obstetrics are included as CORE experience.

Resident Learning Competencies: By the end of your training..

- **The resident will demonstrate competence in caring for an adequate patient volume on a daily basis.**
- **The resident will demonstrate ability in caring for both hospitalized inpatients and ambulatory office patients concurrently.**
- **The resident will have participated in the care of patients in a variety of settings in a practice pattern similar to the preceptor's.**
- **The resident will manifest an understanding of the context of family medicine in a community setting.**
- **The resident will show a basic understanding of the business and management aspects of family medicine.**
- **The resident will show measurable gains towards the goals set in consultation with the preceptor at the intake and mid-rotation interviews.**
- **The resident is aware of the competencies specific to this education experience as described in the competencies based curriculum**

5. Longitudinal experiences include geriatrics, MSK, outpatient psychiatry, obstetrics, Internal medicine, surgery and anesthesia may be arranged with specialist either based in the community or visiting on a regular basis, and will account for at least two half days weekly.
6. **Mandatory Attendance Half Days Back** One-half to one day per week is set aside for academic work with all ICP sites connected to TEGH or NYGH by video conferencing. This allows participation in regularly scheduled interactive academic rounds with their resident colleagues in the city, as well as attendance at periodic core days in Toronto. All ICP Residents must sign in to confirm your attendance with your base site program administrators; if there are any extenuating circumstances in which you are not able to attend you must get written approval from the ICP Program Director Dr. Jeff Golisky. (See attached Core Day schedule)
7. **Field Notes:** It is the residents responsibility to make sure you have a minimum of **35** Field Notes completed by the end of the year.
8. The ICP office will be sending Letters of Good Standing to ROMP on behalf of all TP residents.
9. Mandatory requirement that all ICP residents **complete a preceptor evaluation at the end of your rotations** as feedback is important to the program.

Contact Information

DIVISION	SITE DIRECTOR	SITE ADMINISTRATOR	TEL	FAX	E-MAIL
North York General Hospital	Kimberly Lazare	Sally Principio	416-756-6827	416-756-6822	kimberly.lazare@nygh.on.ca Sally.Principio@nygh.on.ca
Toronto East General Hospital	Rajani Vairavanathan Adam Kaufman	Joanne Mount	416-469-6580 x 6545	416-469-6108	rajani.vairavanathan@utoronto.ca adam.kaufman@utoronto.ca j.mount@utoronto.ca
Integrated Communities Program	Jeff Golisky Program Director	Fadia Bravo Program Administrator	416-978-8530	416-978-8179	jeff.golisky@utoronto.ca dfcm.icp@utoronto.ca
Midland	Jennifer Johnson, Coordinator		705-526-7956	705-526-6287	johnsonjkarlin@gmail.com
Orillia	Peter Daniel, Coordinator		705-326-4401	705-326-5212	pdaniel@rogers.com
Port Perry	Amita Dayal, Coordinator		905-985-2895 x 5420	905-985-3464	amita.dayal@utoronto.ca
Orangeville	Lydia Mcfarland & Stephanie Milone, Coordinators		519-941-2702	519-941-8981	lydiazman@gmail.com sl.milone@utoronto.ca

If you have any questions, please contact the Integrated Communities Program by phone 416-978-8530 or by email at dfcm.icp@utoronto.ca

3. TEACHING PRACTICES PROGRAM

Program Details

The Teaching Practices Program information are available on Quercus. Please go to the Quercus site at q.utoronto.ca to view the Teaching Practices information.

TEACHING PRACTICES (TP) MATCHING PROCESS

Teaching Practice is an integral part of family medicine training. Our network consists of a roster of over 90 experienced faculty located in approximately 30 community practices in Ontario, ranging in location from rural southern Ontario to as far north as Moose Factory.

Your Family Medicine Residency Program curriculum requires you to do two blocks of community teaching practice during your PGY-2 year. The College of Family Physicians of Canada accreditation standards require all family medicine residents to spend 2 blocks of their core family medicine training in a rural setting.

Residents are expected to reside in the community. All TP rotations consist of 2 consecutive 4 week blocks in the same community practice. (NB. Having a vehicle is highly recommended for several TP communities).

Residents will have the opportunity to rank their top 8 choices during the week of November 17 - 21, 2025. A detailed email from the TP office will be sent to the resident to begin their ranking selections.

Our algorithm will try to assign residents to their top choices.

APPLICATION FOR PRACTICE WITHIN COMMUTING DISTANCE

There is very limited availability of practices within commuting Distance. These practices are restricted for those residents who have special personal or family circumstances that prevent them from residing in the practice community.

If you feel that you have extenuating circumstances you should discuss them with your Base Hospital Site Director.

Application Deadline: November 1, 2025

APPLICATION FOR A SELF-INITIATED TEACHING PRACTICES ROTATION

In the past some residents have requested the opportunity to arrange their own Teaching Practices rotation within Ontario or outside the province.

This may be approved providing the practice and preceptor meet the usual TP requirements and the practice is approved by the Teaching Practices Director as providing a rural experience.

These criteria are:

- 1) The preceptor holds a teaching appointment with another Canadian University.
- 2) The preceptor provides in patient care to her/his patients.
- 3) The preceptor does regular emergency room shifts and/or intrapartum obstetrics.

NB. Residents **CANNOT** apply for self initiated in a community that is already on our current roster. Please refer to the Teaching Practices Map & Profile Section for our TP Communities.

Out of province expenses due to self-initiated rotations are not covered by the program and are the resident's own responsibility.

Application Deadline: November 1, 2025

APPLICATION FOR A NORTHWESTERN ONTARIO TEACHING PRACTICES ROTATION

Experience a new opportunity to secure a Teaching Practices rotation in one of our Northwestern Ontario Sites.

This advance stream application gives priority to those residents who are eager to secure their rotations ahead of time in Northwestern Ontario before the regular match.

The following communities are available to choose from:

1. Moose Factory (Dr. Elaine Innes)
2. Red Lake (Dr. Akila Whiley)
3. Sioux Lookout (Dr. Kara Kakekagumick)
4. Dryden (Dr. Francois Doiron)

Application Deadline: November 1, 2025

If you have any questions, please contact the Teaching Practices Program by phone 416-978-8530 or by email at dfcm.teachingpractice@utoronto.ca

4. ENHANCED SKILLS PROGRAM

Current Opportunities Available for Further Training

Further Training:

Opportunities exist for further training beyond the two years Family Medicine Residency program in areas such as:

- 1) Addiction Medicine (Cat. 1)
- 2) Adolescent Medicine (Cat. 2)
- 3) FP-Anesthesia (Cat. 1)
- 4) Breast Diseases (Cat. 2)
- 5) Care of the Elderly (Cat. 1)
- 6) Clinician Scholar (Cat. 1)
- 7) Education Scholar (Cat. 2)
- 8) Intellectual and Developmental Disabilities (Cat. 2)
- 9) Emergency Medicine (Cat. 1)
- 10) Global Health and Vulnerable Populations (Cat. 2)
- 11) HIV Care (Cat. 2)
- 12) Hospital Medicine (Cat. 2)
- 13) 2SLGBTQ Health (Cat. 2)
- 14) Low Risk Obstetrics (Cat. 2)
- 15) Palliative Care (Cat. 1)
- 16) Sport and Exercise Medicine (Cat. 1)
- 17) Women's Health (Cat. 2)

2025 – 2026 Application Dates

- Category 1 Programs: <https://www.carms.ca/match/family-medicine-enhanced-skills-match/applicants/timeline-fmes/>
- Category 2 Programs: <https://dfcm.utoronto.ca/enhanced-skills-program-admissions>

Please visit our website for more details on the above descriptions and application forms at: <http://dfcm.utoronto.ca/enhanced-skills-program>

For additional information, please contact the Enhanced Skills Program at fammed.enhanced@utoronto.ca (for Category 1 programs) and dfcm.enhancedskillscat2@utoronto.ca (for Category 2 programs)

5. INTEGRATED 3-YEAR PROGRAM

Family Medicine Leadership and Master of Science degree in Health System Leadership and Innovation

Program Description:

The Integrated 3-Year Program (I3P) Family Medicine Leadership Program offers leadership skills to selected Family Medicine residents in an innovative longitudinal integration of family medicine residency training combined with a Master's of Science in Health System Leadership and Innovation (MScHSLI). Your PGY1 year stays the same; I3P starts in PGY2 when Family Medicine rotations and the MScHSLI are delivered in an integrated fashion over PGY2 and PGY3 years. I3P graduates write their CCFP Family Medicine certification exam in the spring of the PGY3 year.

Core Competencies:

- Leadership across the continuum: from team-based practice, to patient-centred integration of primary care with other healthcare and community systems, to understanding and helping to implement a population-based primary healthcare system;
- Champion quality and performance improvement at all levels; and
- Maintain focus on comprehensive family medicine as an integral part of professional practice.

How to apply:

Application packages consist of a letter of intent, an up-to-date curriculum vitae, and two letters of support (one must be from your Site Program Director). Applications are to be submitted to dfcm.admissions@utoronto.ca ahead of the deadline. Please note that letters of support must remain confidential and should be submitted directly to the Program.

Applications must be submitted in your PGY1 year. The deadline for applications is in February annually.

More Information:

More information can be found on our website: <https://dfcm.utoronto.ca/family-medicine-leadership-master-science-health-system-leadership-and-innovation-integrated-3-year>

Please direct any questions to dfcm.admissions@utoronto.ca.



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