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Food as Medicine

2025 Update - Weight of Change: The Interplay of Nutrition, New Medicine and Stigma in Obesity

Join us for a full-day accredited symposium highlighting the latest Canadian pediatric and adult obesity guidelines and research. Explore evidence-based treatment and nutrition strategies, how to integrate pharmacological interventions and practical approaches to reduce weight stigma in clinical and public health settings.



Thursday November 13, 2025



8:30 AM -4:00 PM EST



Li Ka Shing Knowledge Institute, Downtown Toronto

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For More Information
<https://foodasmedicineupdate.ca>



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