

# **FM Enhanced Skills in Global Health and Vulnerable Populations : Goals and Objectives**

## **Sexual Health**

During this rotation, residents will develop familiarity with standards of care, as relevant to primary care, screening, counselling, testing, and treatment of patients seeking sexual health care. They will learn to utilize appropriate community resources, liaise with public health supports, and provide supportive care as needed.

### **Medical Expert**

The PGY3 resident will:

- Perform a sensitive and thorough clinical history with attention to the patient's concerns and conduct a relevant physical exam ensuring patient dignity and respect is prioritized.
- Assess for common risk factors (ie. Substance use, use of bath-houses, sex trade work,) using sensitive and respectful language
- Order appropriate diagnostic testing based on patient's presentation, and accurately interpret results and relay them appropriately to the patient in a timely and respectful manner
- Use preventative and therapeutic interventions and counselling as appropriate for the sexual health issues raised in a non-judgemental and patient-centered manner.

### **Collaborator:**

The PGY3 resident will:

- Engage with the varied members of the clinic team including other physicians, sexual health nurses, public health nurses and lab colleagues to effectively meet goals of care for the patient.
- Participate in team discussions as needed, and contribute in a respectful manner to team function and efficiency
- Discuss ethical and challenging cases with colleagues, seeking support and mentorship as needed.

### **Leader:**

The PGY3 resident will:

- Perform clinical services in a timely manner, with resources available on site.
- Demonstrate organizational skills through multi-tasking of clinical responsibilities including delivery of patient care, follow up of clinical lab

- testing and verification as needed of highly sensitive results, appropriate follow up by phone with high needs patients, etc.
- Communicate effectively with inter-professional colleagues about delegation of tasks as they pertain to managing sexual health and public health concerns.

Communicator:

The PGY3 resident will:

- Demonstrate effective communication skills in addressing patient concerns about common sexual health conditions, risks, preventions, etc.
- Demonstrate appropriate strategies for delivering difficult news as it might pertain to complex diagnoses such as new HIV/AIDS diagnosis.

Health Advocate:

The PGY3 resident will:

- Exhibit an understanding of the social determinants of health as they pertain to highly vulnerable patients including under-housed patients, patients engaging in sex trade work
- Advocate for patients' needs and integrate timely treatment and local supports based on geographic location of their homes/work/etc.

Scholar:

The PGY3 resident will:

- Demonstrate awareness of local epidemiology and notifications/campaigns launched by public health regarding sexual health conditions ie. Syphilis, gonorrhoea, etc.
- Inquire actively into uptodate guidelines for treatment of common sexual health conditions

Professional:

The PGY3 resident will:

- Model professional conduct in all patient and colleagial interactions with respect for patient confidentiality and autonomy.
- Address ethical challenges with a thorough and reflective approach, seeking mentorship and providing insight when needed.