

Original Term	New Term	Explanation
sex	sex assigned at birth	sex assigned at birth is a gender-inclusive term used to distinguish between gender identify and biological sex
gender	gender identity	gender identity reminds us that gender is a reflection of an individual's subjective experience of their own gender, and is not necessarily fixed
women's health	Women's Health and Health for people assigned female at birth (AFAB)	AFAB is an acronym denoting individuals who were assigned female at birth; the use of this term facilitates a gender-inclusive and anatomical approach to delivering healthcare (i.e. not all people with a cervix identify as a woman)
men's health	Men's Health and health for people assigned male at birth (AMAB)	AMAB is an acronym denoting individuals who were assigned male at birth; the use of this term facilitates a gender-inclusive and anatomical approach to delivering healthcare (i.e. not all people with a prostate identify as a man)
men, women	people, person	maintains gender neutrality and inclusivity
his/her	one's, their	maintains gender neutrality and inclusivity
maternity care	conception and birthing	conception and birthing care may be delivered to individuals who do not identify as mothers or as a maternal figure
mother	birthing parent, pregnant person	
maternal	parental	
breast	breast tissue or chest tissue	transgender males and non-binary individuals with breast/chest tissue may feel uncomfortable with the use of the term 'breast' due to gendered implications, and 'breast tissue' or 'chest tissue' are often used as an alternatives
breastfeeding	breastfeeding or chestfeeding	transgender males and non-binary individuals with breast tissue may feel uncomfortable with the use of the term 'breastfeeding' and may use 'chestfeeding' as an alternative
external vulvar exam	external pelvic exam	transgender males and non-binary individuals with a vulva may feel uncomfortable with the use of the word vulva to describe their genitals, and a gender neutral term is preferred
internal vulvar exam	internal pelvic exam	