

Changing the Way We Work (COVID-19) Community of Practice for Ontario Family Physicians – February 9, 2024

Long COVID and Lipid Guidelines

**Resources are current as of February 9, 2024 – subject to change due to frequently updated guidance.*

Community of Practice past sessions and resources: <https://www.dfcm.utoronto.ca/covid-19-community-practice>

Long COVID Updates

Ongoing Research

- RECLAIM – Recovering from COVID-19 Lingering Symptoms Adaptive Integrative Medicine www.reclaimtrial.ca
- CanTreat COVID Enrollment underway – to refer your patients (patients may self-refer):
 - Phone: 1-888-888-3308 (Monday - Friday, 8 am to 6 pm ET)
 - Email: info@CanTreatCOVID.org
 - Website: www.CanTreatCOVID.org/contact
 - FAQs: www.dfcm.utoronto.ca/sites/default/files/inline-files/CanTreatCOVID%20Study%20Info%20FAQ.pdf
- Canadian Guidelines for Post COVID-19 Condition canpcc.ca/home

Canadian COVID-19 Antibody and Health Survey <https://www.statcan.gc.ca/en/ccahs>

Clinical Summary of CMAJ Guidance <https://ontariofamilyphysicians.ca/wp-content/uploads/2023/09/long-covid-in-adults.pdf>

Cochrane Canada: COVID-19 RecMap <https://covid19.recmap.org/>

Centre for Effective Practice (CEP): Post COVID-19 Condition tools.cep.health/tool/covid-19/#post-covid-19-condition

Clinical management of COVID-19: Living guideline www.who.int/publications/i/item/WHO-2019-nCoV-clinical-2023.2

NICE Guideline, UK: COVID-19 rapid guideline: managing the long-term effects of COVID-19 www.nice.org.uk/guidance/ng188

McMaster and the Public Health Agency of Canada: Canadian Guidelines for Post COVID-19 Condition <https://canpcc.ca/home/>

Long COVID Web www.longcovidweb.ca

OHIP Info Bulletin: Use of diagnostic code 081 for Post COVID-19 Condition

<https://www.ontario.ca/document/ohip-infobulletins-2023/bulletin-230102-new-diagnostic-code-post-covid-19-condition>

Resources for patients and families: Long Covid-19: Tips for Recovery

<https://guides.hsict.library.utoronto.ca/c.php?g=716817&p=5171775>

BC Provincial Health Services: Living with Post-Covid-19 Symptoms www.phsa.ca/health-info/post-covid-19-care-recovery

Ontario E-Consult COVID-19 <https://econsultontario.ca/access-covid-19-related-advice-on-the-ontario-econsult-service-now-including-post-covid-condition-specialties/>

Lipid Guidelines

The PEER Simplified Lipid Guideline Resources <https://peerevidence.ca/>

Patient Handout: Healthy Patients & Cholesterol Management

www.cfp.ca/content/cfp/suppl/2023/10/10/69.10.675.DC1/Appendix_2_Patient_handout.pdf

PEER Simplified Cardiovascular Decision Aid <https://decisionaid.ca/cvd/>

Support for Family Physicians – Ontario College of Family Physicians

Toronto Public Health Vaccine Clinics

- [Toronto Public Health - COVID-19 Immunization Clinics](#)
- [Report Student Vaccination \(ISPA\)](#)
- [School Immunization Program \(SIP\)](#)
- [Toronto Public Health Appointment Booking System](#)

News Release: Ontario Connecting Over 300,000 People to Primary Care Teams

<https://news.ontario.ca/en/release/1004143/ontario-connecting-over-300000-people-to-primary-care-teams>

OCFP Supports for Family Doctors, including Writing Sick Notes and Continuity of Care Resources

<https://www.ontariofamilyphysicians.ca/supports-for-family-doctors/>

OCFP Respiratory Illness Season Resources [stayhealthyontario.ca](https://www.ontariofamilyphysicians.ca)

<https://www.ontariofamilyphysicians.ca/education-practice-supports/respiratory-illness-season-tools-and-resources>

COVID-19 Therapeutic Support Line <https://www.opatoday.com/covid19support/>

Respiratory Virus Tool <https://www.publichealthontario.ca/en/Data-and-Analysis/Infectious-Disease/Respiratory-Virus-Tool>

COVID-19 Resources <https://www.ontario.ca/page/covid-19-coronavirus>

SHN VaxFacts <https://www.shn.ca/vaxfacts/>

Influenza Surveillance Sentinels Survey 2022 <https://s-ea1459-i.sgizmoca.com/s3/i-yzen2NUaryYJc6vr8W-73007/?sguid=yzen2NUaryYJc6vr8W>

COVID-19 testing locations and clinical assessment centres <https://www.ontario.ca/assessment-centre-locations/>

COVID-19 Resources <https://www.ontario.ca/page/covid-19-coronavirus>

Toronto COVID-19 Testing <https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/respiratory-viruses/covid-19/covid-19-what-you-should-do/covid-19-testing/>

OMA Guide to Offering PCR Testing for COVID-19 in Your Office, including links to the requisition and where to order supplies (gated): <https://www.oma.org/uploadedfiles/oma/media/member/membermappedpdfs/practice-professional-support/coronavirus/offering-lab-based-pcr-testing-for-covid-19.pdf/>

Clinical Considerations for the Co-administration of RSV, COVID-19 and Influenza Vaccines Among Older Adults in Long-term Care Facilities https://www.publichealthontario.ca/-/media/Documents/O/2023/oia-clinical-considerations-co-admin-covid-19-influenza-vaccines-ltc.pdf?rev=87b838ca343a4f5e810dbd86a6c0b32a&sc_lang=en

Participant shared links

Canadian Agency for Drugs and Technologies in Health Reimbursement Recommendation

[https://www.cadth.ca/sites/default/files/DRR/2022/SR0737%20Kerendia%20-%20Draft%20CADTH%20Recommendation%20\(with%20redactions\)_for%20posting%20November%2017%2C%202022.pdf](https://www.cadth.ca/sites/default/files/DRR/2022/SR0737%20Kerendia%20-%20Draft%20CADTH%20Recommendation%20(with%20redactions)_for%20posting%20November%2017%2C%202022.pdf)

Long COVID is associated with severe cognitive slowing: a multicentre cross-sectional study

[https://www.thelancet.com/journals/eclinm/article/PIIS2589-5370\(24\)00013-0/fulltext#gr1](https://www.thelancet.com/journals/eclinm/article/PIIS2589-5370(24)00013-0/fulltext#gr1)

Genetic Testing for Familial Hypercholesterolemia: Implementation Recommendations

www.ontariohealth.ca/sites/ontariohealth/files/2023-03/Familial-Hypercholesterolemia-Implementation-Recommendations.pdf

Tools for Practice: Triglyce-Ride that High? <https://cfpclearn.ca/tfp342/>