



Changing the Way We Work (COVID-19) Community of Practice for Ontario Family Physicians – April 5, 2024

Infectious Disease and Updates to Osteoporosis Canada Guidelines

*Resources are current as of April 5, 2024 – subject to change due to frequently updated guidance.

Community of Practice past sessions and resources: https://www.dfcm.utoronto.ca/covid-19-community-practice

Infectious Disease Update

- o SARS-CoV-2 Hybrid Immunity: The Best of Both Worlds academic.oup.com/jid/article/228/10/1311/7245175
- CanTreat COVID to refer your patients (patients may self-refer):
 - Phone: 1-888-888-3308 (Monday Friday, 8 am to 6 pm ET)
 - Email: info@CanTreatCOVID.org Website: www.CanTreatCOVID.org/contact
 - FAQs: www.dfcm.utoronto.ca/sites/default/files/inline-files/CanTreatCOVID%20Study%20Info%20FAQ.pdf
- o COVID-19 Therapeutic Support Line www.opatoday.com/covid19support/
- SHN VaxFacts <u>www.shn.ca/vaxfacts/</u>

Updates to Osteoporosis Canada Guidelines

- Clinical practice guideline for management of osteoporosis and fracture prevention in Canada: 2023 Update www.cmaj.ca/content/cmaj/195/39/E1333.full.pdf
- Recommendations on screening for primary prevention of fragility fractures <u>www.cmaj.ca/content/195/18/E639</u>
- GRADE Working Group gradeworkinggroup.org
- Osteoporosis Canada osteoporosis.ca
- FRAX <u>frax.shef.ac.uk/FRAX/tool.aspx?country=19</u>
- o Calcium: Estimate intake <u>osteoporosis.ca/calcium-calculator/</u>
- o Bone Fit bonefit.ca/
- GLA:D Canada gladcanada.ca/
- o Exercises: Too Fit to Fracture osteoporosis.ca/wp-content/uploads/OC-Too-Fit-To-Fracture-Osteo-Exercise-Book.pdf
- o Otago Exercise Program <u>www.physio-pedia.com/Otago_Exercise_Programme</u>
- o CSEP Member Directory <u>store.csep.ca/pages/member-directory</u>

Support for Family Physicians – Ontario College of Family Physicians

- o Green Office Tool Kit <u>www.peachhealthontario.com/ files/ugd/f36758_2e3a34a5d5bf46fdb4cc975f0ad9205b.pdf</u>
- OCFP Supports for Family Doctors, including Writing Sick Notes and Continuity of Care Resources www.ontariofamilyphysicians.ca/supports-for-family-doctors/
- o OCFP Measles ontariofamilyphysicians.ca/wp-content/uploads/2024/03/measles-Final-3.pdf
- o OCFP Respiratory Illness Season Resources stayhealthyontario.ca

Participant Shared Links

- Infectious Syphilis and Early Congenital Syphilis in Ontario: Focus on 2022 <u>www.publichealthontario.ca/-</u> /media/Documents/S/2023/syphilis-ontario-focus-2022.pdf?rev=65558c76d7df4a13addbc19c16565dab&sc_lang=en
- Canadian Task Force FRAX standardized to Canada: <u>https://frax.canadiantaskforce.ca</u>
- MedSask Immunosuppressive Potential of Medications NOT Including Oncological Agents medsask.usask.ca/sites/medsask/files/2023-02/immunosuppressive-medications.pdf