

## Changing the Way We Work (COVID-19) Community of Practice for Ontario Family Physicians – June 7, 2024

### Infectious Disease and Management of Obesity

*\*Resources are current as of June 7, 2024 – subject to change due to frequently updated guidance.*

Community of Practice past sessions and resources: <https://www.dfc.utoronto.ca/covid-19-community-practice>

### Infectious Disease Update

- [NACI Guidance of COVID Vaccines](#) – Spring 2024
- Ontario Health COVID-19 Treatment <https://www.ontariohealth.ca/providing-health-care/clinical-resources-education/covid-19/treatment>
- Paxlovid Prescribing & Drug Interaction <https://hivclinic.ca/paxlovid-prescribing-drug-interaction-information/>
- Ontario Drug Benefit Formulary <https://www.formulary.health.gov.on.ca/formulary/>
  - LU code <https://www.formulary.health.gov.on.ca/formulary/results.xhtml?q=paxlovid&type=2>
- Trillium Drug Program <https://www.ontario.ca/page/get-help-high-prescription-drug-costs>
- Remdesivir Infusion Referral Forms and Procedures <https://healthcareathome.ca/document/remdesivir-infusion-referral-forms-procedures/>
- PPE Supply Portal <https://www.ppesupply.ontario.ca/signin.html?vid=20201001001>
- PCR Testing <https://www.ontario.ca/assessment-centre-locations/>
- Ontario Health COVID-19 Treatment <https://www.ontariohealth.ca/providing-health-care/clinical-resources-education/covid-19/treatment>
  - [www.ontariohealth.ca/sites/ontariohealth/files/Recommendations-for-Antiviral-Therapy-for-Adults-with-Mild-to-Moderate-COVID-19.pdf](http://www.ontariohealth.ca/sites/ontariohealth/files/Recommendations-for-Antiviral-Therapy-for-Adults-with-Mild-to-Moderate-COVID-19.pdf)
  - [www.ontariohealth.ca/sites/ontariohealth/files/FAQs-on-Antiviral-Therapy-for-Adults-with-Mild-to-Moderate-COVID-19.pdf](http://www.ontariohealth.ca/sites/ontariohealth/files/FAQs-on-Antiviral-Therapy-for-Adults-with-Mild-to-Moderate-COVID-19.pdf)
  - [www.ontariohealth.ca/sites/ontariohealth/files/Access\\_to\\_antiviral\\_treatments\\_for\\_COVID-19\\_in\\_the\\_community.pdf](http://www.ontariohealth.ca/sites/ontariohealth/files/Access_to_antiviral_treatments_for_COVID-19_in_the_community.pdf)
- Vaccine Injury Support Program <https://vaccineinjurysupport.ca/en>
- CanTreat COVID – to refer your patients (patients may self-refer):
  - Phone: 1-888-888-3308 (Monday - Friday, 8 am to 6 pm ET)
  - Email: [info@CanTreatCOVID.org](mailto:info@CanTreatCOVID.org)
  - Website: [www.CanTreatCOVID.org/contact](http://www.CanTreatCOVID.org/contact)
  - FAQs: [www.dfc.utoronto.ca/sites/default/files/inline-files/CanTreatCOVID%20Study%20Info%20FAQ.pdf](http://www.dfc.utoronto.ca/sites/default/files/inline-files/CanTreatCOVID%20Study%20Info%20FAQ.pdf)
- COVID-19 Therapeutic Support Line [www.opatoday.com/covid19support/](http://www.opatoday.com/covid19support/)
- SHN VaxFacts [www.shn.ca/vaxfacts/](http://www.shn.ca/vaxfacts/)

### Management of Obesity

- World Obesity Federation <https://www.worldobesity.org/>
  - World Obesity Atlas, 2022 [https://s3-eu-west-1.amazonaws.com/wof-files/World\\_Obesity\\_Atlas\\_2022.pdf](https://s3-eu-west-1.amazonaws.com/wof-files/World_Obesity_Atlas_2022.pdf)
  - Men living with obesity <https://data.worldobesity.org/maps/?area=trends&group=M&year=2020>
  - Women living with obesity <https://data.worldobesity.org/maps/?area=trends&group=F&year=2020>
- Obesity Canada <https://obesitycanada.ca/guidelines/>
  - The Science of Obesity <https://obesitycanada.ca/guidelines/science>

- Adult Obesity Clinical Practice Guidelines: Assessment of People Living with Obesity <https://obesitycanada.ca/guidelines/assessment>
  - Obesity Quick Guide <http://obesitycanada.ca/wp-content/uploads/2020/11/CPG-Quick-Guide-English.pdf>
- WHO Cardiovascular Disease [https://www.who.int/health-topics/cardiovascular-diseases#tab=tab\\_1](https://www.who.int/health-topics/cardiovascular-diseases#tab=tab_1)
- EASO Milan Declaration A Call to Action on Obesity <https://easo.org/2015-milan-declaration-a-call-to-action-on-obesity/>
- European Commission Obesity Prevention [https://knowledge4policy.ec.europa.eu/health-promotion-knowledge-gateway/obesity\\_en](https://knowledge4policy.ec.europa.eu/health-promotion-knowledge-gateway/obesity_en)
- National Library of Medicine Clinical Trials <https://clinicaltrials.gov/>
- Constant Health <https://www.constanthealth.ca/doctor>
- Canada's Food Guide <https://food-guide.canada.ca/en/>
- Chronic Disease Education <https://chronicdiseaseeducation.ca/>
- Unlock Food <https://www.unlockfood.ca/>
- Diabetes Toolbox <https://diabetestoolbox.ca>
- Macklin Method Obesity <https://practitioner.macklinmethod.com/>
- Articles
  - Selection of Antiobesity Medications Based on Phenotypes Enhances Weight Loss: A Pragmatic Trial in an Obesity Clinic <https://doi.org/10.1002/oby.23120>
  - Triple Hormone Receptor Agonist Retatrutide for Obesity: A Phase 2 Trial <https://doi.org/10.1056/nejmoa2301972>
  - Daily Oral GLP-1 Receptor Agonist Orforglipron for Adults with Obesity <https://doi.org/10.1056/nejmoa2302392>

## Support for Family Physicians

- OCFP Supports for Family Doctors [www.ontariofamilyphysicians.ca/supports-for-family-doctors/](http://www.ontariofamilyphysicians.ca/supports-for-family-doctors/)
- OCFP Measles [ontariofamilyphysicians.ca/wp-content/uploads/2024/03/measles-Final-3.pdf](http://ontariofamilyphysicians.ca/wp-content/uploads/2024/03/measles-Final-3.pdf)
- OHIP INFOBulletin Registration <https://mailchi.mp/ontario/infobulletin-en>
- MyPHO Registraion <https://account.publichealthontario.ca/signup.aspx>
- PHO News <https://www.publichealthontario.ca/en/About/News>
- Simcoe Muskoka Public Health Updates <https://www.simcoemuskokahealth.org/JFY/HPPortal/ResourcesTools/RAVE-Collection-of-Contact-Information>
- Niagara Region Public Health Updates <https://www.niagararegion.ca/health/professionals/medical-advisories.aspx>
- Toronto Public Health Updates <https://www.toronto.ca/community-people/health-wellness-care/information-for-healthcare-professionals/archived-newsletters-for-health-professionals/subscribe-to-tph-updates/>
- Halton Public Health Update – email [doctors@halton.ca](mailto:doctors@halton.ca) to sign up for updates

## Participant Shared Links

- Clinical Frailty Scale <https://www.dal.ca/sites/gmr/our-tools/clinical-frailty-scale.html>
- Nutrition Prescriptions <https://nutrition-prescriptions.com>
- [SARS-CoV-2 Genomic Surveillance in Ontario](#), June 3, 2024