

Changing the Way We Work Community of Practice for Ontario Family Physicians October 17, 2025

Infectious Disease and Managing Nutrition

**Resources are current as of October 17, 2025 – subject to change due to frequently updated guidance.*

Community of Practice past sessions and resources: <https://dfcm.utoronto.ca/changing-way-we-work-community-practice>

Infectious Disease

- [Public Health Ontario: SARS-CoV-2 Genomic Surveillance in Ontario, September 29, 2025](#)
- Order free rapid antigen tests & supplies for PCR testing through the PPE Supply Portal
 - To set up an account, email sco.supplies@ontario.ca
 - For returning users - <https://www.ppesupply.ontario.ca/signin.html?vid=20201001001>
- [OCFP: Respiratory Illness – Tools and Resources for Doctors](#)
- [Canadian Guidelines for Post Covid-19 Condition: Clinical interventions for PCC](#)
- [Canadian Respiratory Virus Surveillance Report](#)
- [Ontario Respiratory Virus Tool](#)
- [Public Health Unit Locator](#)

Managing Nutrition

- [Diabetes Canada: Glycemic Index Guide](#)
- [Portfolio Diet](#)
- [Sodium Calculator](#)
- [Dr. Sco's Nutrition Guides](#)
- [Low FODMAPs Guide](#)
- [American Heart Association: Vitamin K Guide \(for patients on Warfarin\)](#)
- [University of Wisconsin Family Medicine Nutrition Guides](#)