

COVID-19 Community of Practice for Ontario Family Physicians – March 25, 2022

COVID Recovery

*Resources are current as of March 25, 2022 - subject to change due to frequent updated guidance. Any updates to resource list, along with the session recording, slides and Q&A can be found here - <https://www.dfc.utoronto.ca/covid-19-community-practice/past-sessions>

COVID-19 CoP Resources

COVID 19 CoP resources and past session recordings - <https://www.dfc.utoronto.ca/covid-19-community-practice/past-sessions>

Confused about COVID? Series <https://dfcm.utoronto.ca/confused-about-covid>. This series offers patients and the public trustworthy advice about protecting their health and how family doctors can help. This set of resources to address the most common questions from the public about symptoms, safety, testing and more. This series of downloadable PDFs are also available in *Farsi, French, Korean, Spanish, Traditional and Simplified Chinese*.

COVID-19 CoP self-learning program - <https://dfcm.utoronto.ca/covid-19-community-practice/past-sessions>

COVID-19 Vaccination in Canada: An educational series for primary care professionals - Self-learning E-modules - <https://www.dfc.utoronto.ca/covid19-vaccination-modules>

General Vaccine Resources:

COVID-19 Community of Practice for Ontario Family Physicians - <https://www.dfc.utoronto.ca/covid-19-community-practice>

Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/covid-19>

Centre for Effective Practice - <https://cep.health/clinical-products/covid-19-vaccines/>

Shared Resources

Ontario Health host the Primary Care and COVID-19 Support Monthly Sessions where sessions will focus on practical tips that can be used to enhance your practice with the latest primary care clinical guidance and new primary care initiatives. Next Session will be April 13, 2022

<https://zoom.us/meeting/register/tJUpd-Ggpz0jGNIL8XczVe3jupgatgmZxGu>

Recommendations for equitable COVID-19 pandemic recovery in Canada: Nav Persaud et al CMAJ December 13, 2021 193 (49) E1878-E1888; DOI: <https://doi.org/10.1503/cmaj.210904>
<https://www.cmaj.ca/content/193/49/E1878>

Ontario's Reopening Plan: Ministry of Health: Living with and Managing COVID-19 (March 9, 2022)

<https://files.ontario.ca/moh-living-with-and-managing-covid-19-technical-media-briefing-en-2022-03-09-v2.pdf>

Ontario Science Table Dashboard. <https://covid19-sciencetable.ca/ontario-dashboard/>

Ontario Science Table: Update on COVID-19 Projections (March 17, 2022)

https://covid19-sciencetable.ca/wp-content/uploads/2022/03/Update-on-COVID-19-Projections_2022.03.17_English-1.pdf

Ministry of Health: COVID-19 Guidance: Acute Care (Version 7 February 16, 2022)
https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_acute_care_guidance.pdf

Ministry of Health: COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge (Version 3, March 9, 2022)
https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/contact_mngmt/management_cases_contacts_omicron.pdf

COVID-19 Guidance: Primary Care Providers in a Community Setting (Version 10; February 14, 2022)
https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_primary_care_guidance.pdf

MMWR: 71(6);212–216: Effectiveness of Face Mask or Respirator Use in Indoor Public Settings for Prevention of SARS-CoV-2 Infection: Andrejko et al; California, February–December 2021,
<https://www.cdc.gov/mmwr/volumes/71/wr/mm7106e1.htm>

Participant Shared Resource: The frustrating thing as mentioned in a Toronto Star article yesterday, is that the public thinks COVID is over. <https://www.thestar.com/opinion/star-columnists/2022/03/24/ontario-is-sprinting-into-a-new-wave-while-pretending-covid-is-over.html>

Lancet Vol 2, Issue 1, E13-22: Microbe: SARS-CoV-2, SARS-CoV, and MERS-CoV viral load dynamics, duration of viral shedding, and infectiousness: a systematic review and meta-analysis (January 1, 2021)
[https://www.thelancet.com/journals/lanmic/article/PIIS2666-5247\(20\)30172-5/fulltext](https://www.thelancet.com/journals/lanmic/article/PIIS2666-5247(20)30172-5/fulltext)

NIID: Active epidemiological investigation on SARS-CoV-2 infection caused by Omicron variant (Pango lineage B.1.1.529) in Japan: preliminary report on infectious period (January 5, 2022)
<https://www.niid.go.jp/niid/en/2019-ncov-e/10884-covid19-66-en.html>

medRxiv: Viral dynamics and duration of PCR positivity of the SARS-CoV-2 Omicron variant (Hay et al; January 14, 2022) <https://www.medrxiv.org/content/10.1101/2022.01.13.22269257v1.full>

medRxiv: Duration of viable virus shedding in SARS-CoV-2 omicron variant infection
<https://www.medrxiv.org/content/10.1101/2022.03.01.22271582v1.full.pdf>

Participant Shared resource: We are OSCAR ONTARIO Facebook group have custom queries to search for your missing vaccinations and A1C control : <https://www.facebook.com/groups/oscarontario/files>

Participant Shared resource: Here is a lovely reflection from Dr. Hota that captures many of the elements that Dr. Bakcko-Shannon is describing as the “science of happy”. <https://hospitalnews.com/from-the-front-lines-of-a-pandemic/>

Obesity Surgery: SARS-CoV-2 and Obesity: "CoVesity"-a Pandemic Within a Pandemic
<https://pubmed.ncbi.nlm.nih.gov/33479921/>

Diabetes Canada: Diabetes in Canada: Backgrounder
https://www.diabetes.ca/DiabetesCanadaWebsite/media/Advocacy-and-Policy/Backgrounder/2020_Backgrounder_Canada_English_FINAL.pdf

Diabetes Canada: New Data Shows Diabetes Rates and Economic Burden on Families Continue to Rise in Ontario
<https://www.diabetes.ca/media-room/press-releases/new-data-shows-diabetes-rates-and-economic-burden-on-families-continue-to-rise-in-ontario-->

Ministry of Health: Who is eligible for PCR or rapid POC molecular testing (updated March 21, 2022)
<https://covid-19.ontario.ca/covid-19-clinical-assessments-and-testing#who-is-eligible-for-pcr-or-rapid-poc-molecular-testing>

Ministry of Health: COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge (March 9, 2022)
https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/contact_mngmt/management_cases_contacts_omicron.pdf

Ministry of Health: Living with and Managing COVID-19 (March 9, 2022)
<https://files.ontario.ca/moh-living-with-and-managing-covid-19-technical-media-briefing-en-2022-03-09-v2.pdf>

OCFP: The Lifting of COVID Measures in Ontario: Implications for Primary Care (March 15, 2022)
<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/summary-lifting-of-covid-measures.pdf>

OCFP President Message: Lifting Restriction, Guidance for Practice and more (March 25, 2022)
<https://www.ontariofamilyphysicians.ca/news-features/family-medicine-news/~243-Lifting-restrictions-guidance-for-practice-and-more>

OCFP: Physician Wellness Resource <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/community-supports-special-populations/ocfp-mh-physician-resources.pdf>

OCFP: Patient Resources: Mental Health and Addiction: <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources>

OCFP: Balancing Demands: Considerations for Family Physicians (February 2022)
<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/clinical-care-office-readiness/covid-balancing-demands.pdf>

OCFP - Office Readiness - <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/clinical-care-office-readiness>

OCFP: Considerations for Family Physicians: Balancing in-person and virtual care (February 2022)
<https://www.ontariofamilyphysicians.ca/considerations-for-in-person-visits-aug2021.pdf>

OCFP: Patient Script: to remind your patients of your need to prioritize and that we will always provide the care they need when it's needed. <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/covid-clinic-message-treatments.pdf>

OCFP: Clinic sign to remind patients that abusive behaviour to clinic staff and doctors is unacceptable: Colour: <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/clinical-care-office-readiness/ocfp-behaviour-sign-colour.pdf>

Black and white: <https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/clinical-care-office-readiness/ocfp-behaviour-sign-bw.pdf>

Interim IPAC Recommendations for Use of Personal Protective Equipment for Care of Individuals with Suspect or Confirmed COVID-19 (PHO): <https://www.publichealthontario.ca/-/media/documents/ncov/updated-ipac-measures-covid-19.pdf?la=en>

Ontario Health: Post COVID-19 Condition: Guidance for Primary Care
https://www.ontariohealth.ca/sites/ontariohealth/files/2021-12/PostCovidConditionsClinicalGuidance_EN.pdf

Health Quality Ontario: Script to support staff in identifying patients who may be eligible for outpatient treatment (February 24, 2022)
<https://quorum.hqontario.ca/Portals/0/Project%20Resources/Script%20for%20primary%20care%20offices%20-%202022-02-23.pdf>

Ontario Science Table: (Version 10, February 23, 2022) Clinical Practice Guideline Summary: Recommended Drugs and Biologics in Adult Patients with COVID-19 <https://covid19-sciencetable.ca/sciencebrief/clinical-practice-guideline-summary-recommended-drugs-and-biologics-in-adult-patients-with-covid-19-version-10-0/>

Page 1: https://covid19-sciencetable.ca/wp-content/uploads/2022/02/Clinical-Practice-Guidelines_Update_20220223_page1-scaled.jpg

Page 2: https://covid19-sciencetable.ca/wp-content/uploads/2022/02/Clinical-Practice-Guidelines_Update_20220223_page2-scaled.jpg

CEP: COVID-19 Clinical Assessment Centers (CACs): <https://tools.cep.health/tool/covid-19/#CACAssess>
List of CACs distributing Paxlovid <https://tools.cep.health/tool/covid-19/#listCAC>
Outpatient Management of patients with COVID-19 <https://tools.cep.health/tool/covid-19/#outpatientpathway>

Ontario Health: COVID@Home remote monitoring programs <https://www.ontariohealth.ca/eligibility-criteria-and-referral-information-remote-covid-19-monitoring-programs>