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## HIGHLIGHTS

- **DFCM Research Symposium: Ideas to Action on Building Collaboration Across Sites**

On November 13, 2025, the Research Program at the Department of Family and Community Medicine (DFCM) hosted Part Two of its Research Symposium, following a successful May event focused on building research capacity and community. This session brought together faculty and funded researchers to strengthen connections and lay the groundwork for collaborative, team-based research initiatives.

The afternoon featured interactive discussions where participants identified priority research areas and worked in breakout groups to shape preliminary research proposals. Five key themes emerged:

- Optimizing primary health care systems
- Integrating AI into primary care
- Advancing equity-focused research (with emphasis on 2S/LGBTQIA+ health)
- Improving primary care clinical guideline development
- Addressing maternal care and pregnancy loss

Additional topics of interest were also identified, ranging from infectious diseases, palliative care, planetary health, patient education and empowerment to substance use.

Through dynamic discussions and collaborative whiteboarding, attendees explored research questions, methodological approaches, knowledge mobilization strategies, and opportunities for future funding. The symposium concluded with clear next steps toward developing team grant proposals that reflect the diverse expertise across DFCM sites.

This initiative underscores DFCM's commitment to fostering innovation and collaboration in primary care research - ensuring that emerging ideas translate into impactful projects for patients, providers, and communities.

## ANNOUNCEMENTS

- **Registration for the Ideas to Proposal (I2P) 2026 Course Extended to December 15, 2025**

We are pleased to announce that the registration deadline for the I2P Course has been extended to **Monday, December 15, 2025**.

The course runs from January 19 to March 23, 2026, and is designed for early-stage investigators. This hybrid program provides the knowledge and tools needed to transform a primary care research idea into a focused research question and develop it into a competitive proposal. In addition to skills-building, participants will benefit from mentorship and networking opportunities with peers and established research mentors.

The course is CPD-certified by the College of Family Physicians of Canada (CFPC) and offers two monetary prizes for the most outstanding proposals developed during the program. Registration is open until **Monday, December 15, 2025**. For more details, please visit [here](#). To register, please visit [here](#).

## HOW TO GET INVOLVED

- Have a project or proposal you would like to submit for UPLEARN support and partnership? Please complete the [UPLEARN intake form](#) to get started.
- Questions about UPLEARN or how to get involved? Please contact Jamie Wang, Research Project Coordinator at [jamie.wang@utoronto.ca](mailto:jamie.wang@utoronto.ca).

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**Learn more about UPLEARN, visit our [website](#).**

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