Family & Community Medicine
UNIVERSITY OF TORONTO | **UPLEARN**
University of Toronto Practice- and Community-
Based LEarning And Research Network

UPLEARN UPDATE

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HIGHLIGHTS

- **IDEAS TO PROPOSAL (I2P) COURSE: SPOTLIGHT ON I2P WINNERS (PART 2 OF 3)**

The DFCM Research Program and UPLEARN are proud to continue to feature more detail on each of the three winning proposals from the 2025 I2P Course. For our second spotlight this month (in no particular order), a summary of the following project:

'**Leveraging machine learning to improve identification of patients at risk of alternate level of care**', presented by Amy Li (Sinai Health System)
Alternate Level of Care (ALC) designates hospitalized patients who no longer require the same level of care; prolonged hospitalization increases social isolation, cognitive and functional decline, nosocomial adverse events, and healthcare costs. To address the paucity of post-acute care evidence, we will undertake a retrospective cohort study of all patients aged ≥65 admitted to HBH from 2020–2025 to develop, validate, and compare multivariable logistic regression and machine learning models for predicting ALC status. Our goal is to equip healthcare providers and administrators with timely information to be proactive and guide targeted interventions, personalizing patient care and catalyzing future research.

Congratulations again to Amy, and please stay tuned for more I2P winning proposal details!

- **THANK YOU TO UPLEARN PATIENT PARTNERS AND STAY TUNED!**

As a new academic year has begun as of July 1, 2025, we would like to thank all UPLEARN patient partners for their contributions this past year and attendance at our monthly UPLEARN Site and Community Council meetings. Your insights have provided investigators who have presented their emerging projects with valuable considerations for project design, clinical relevance, participant recruitment, community engagement, and more. As we hope to expand our patient partner membership and provide more ways for partners to

be meaningfully involved in UPLEARN, please stay tuned for details about a research-focused session for patient partners. Organized with the Patient and Family Advisory Committee (PFAC), this session will also review patient partner feedback and invite reflections on UPLEARN involvement to inform how we can evaluate UPLEARN's successes and areas for opportunity with patient engagement.

ANNOUNCEMENTS

- **FACULTY WRITING ACCELERATOR**

We would like to draw your attention to a cohort-based program supporting faculty writing offered by the Centre for Research & Innovation Support (CRIS). The **Faculty Writing Accelerator: 12 Weeks to Publication 2025** program is designed to support faculty writing through a sustained series of discussions that focus on the practice of writing, improving abstracts and titles for higher rates of acceptance in scholarly journals, and that foster opportunities to learn from interdisciplinary peers across the tri-campus. By the end of the 12 weeks, you'll have a complete article ready for submission! Please visit this page for more information and to register. Applications close August 8, 2025.

HOW TO GET INVOLVED

- Do you have a project or proposal you would like to submit for UPLEARN support and partnership? Please go through the UPLEARN intake process to submit your request!
- Have other questions about UPLEARN and how to get involved? Please get in touch with Jamie Wang, Research Project Coordinator (jamie.wang@utoronto.ca).

UPLEARN Team
University of Toronto Practice- and Community-Based Learning and Research Network
Department of Family & Community Medicine
Temerty Faculty of Medicine, University of Toronto

500 University Avenue
Toronto, ON M5G 1V7
https://dfcm.utoronto.ca/uplearn

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