



**NORTH WESTERN  
TORONTO**

Ontario Health Team

# NWT PCN Orientation

Welcome to NWT PCN!



# Table of Contents

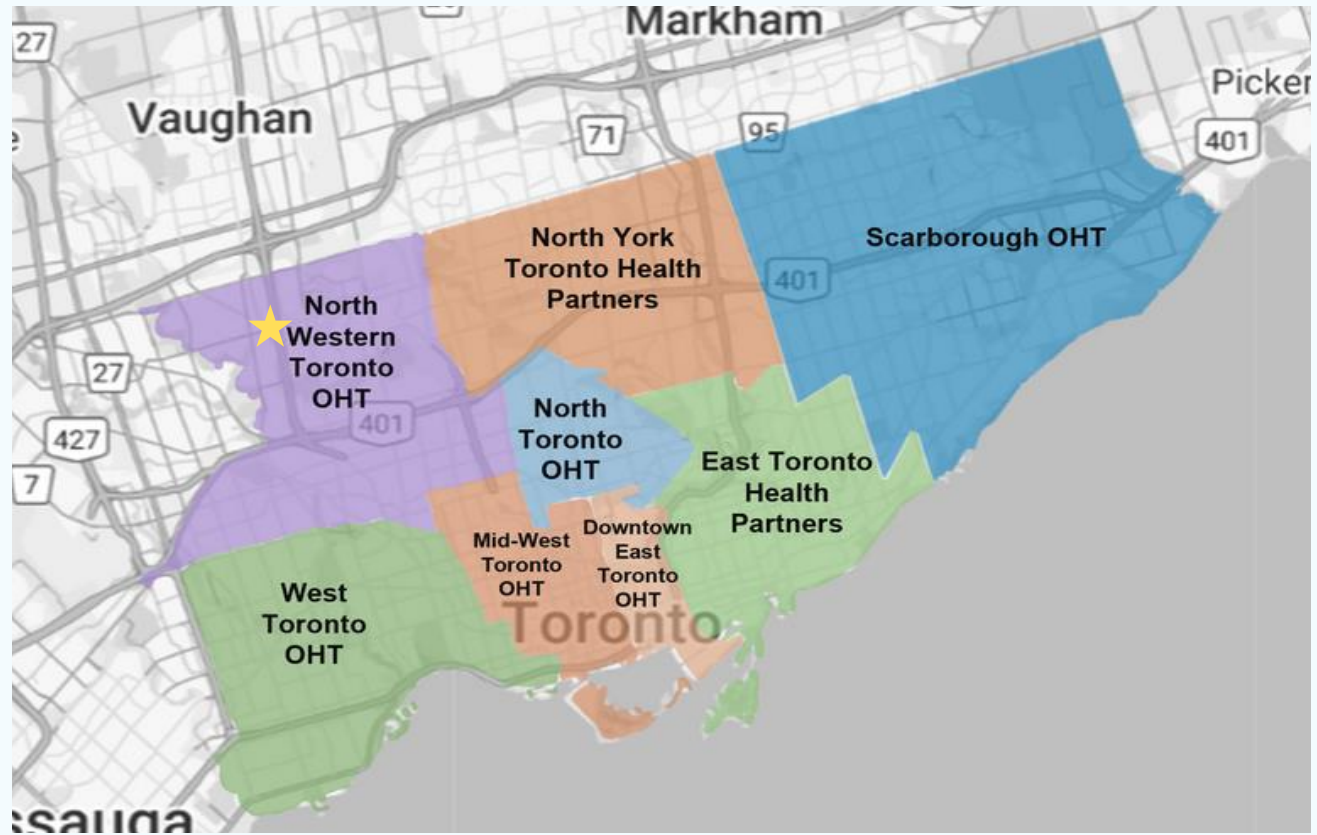
1.0 Overview of the North Western Toronto Ontario Health Team	Page 3
2.0 NWT OHT FY24-27 Strategic Plan	Page 8
3.0 Overview of the North Western Toronto Primary Care Network	Page 12
4.0 Understanding the NWT OHT Community	Page 19

# 1.0 Overview of the North Western Toronto Ontario Health Team

# Toronto Region OHTs

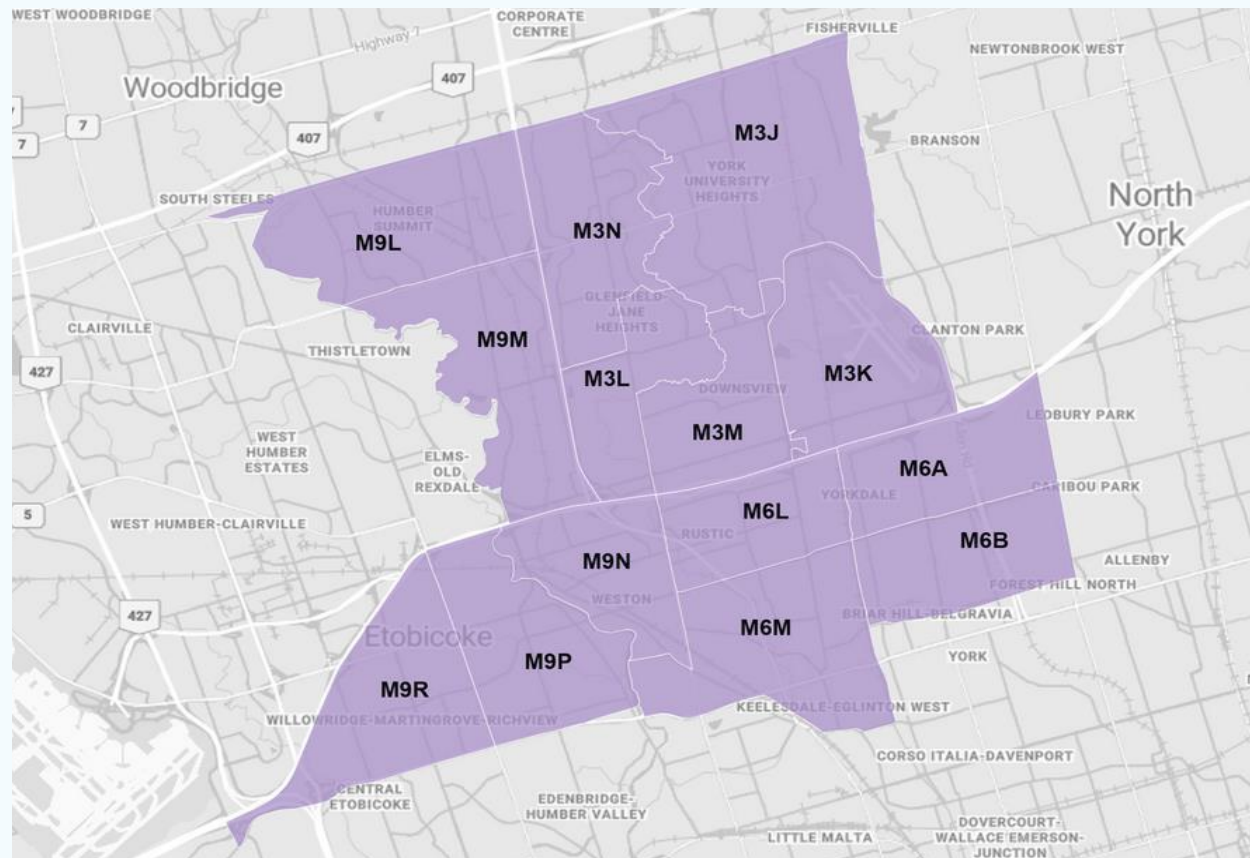
The North Western Toronto Ontario Health Team is a part of the Toronto Region. The Toronto Region is made up of **eight** Ontario Health Teams:

- Downtown East Toronto OHT
- East Toronto Health Partners
- Mid-West Toronto OHT
- North Toronto OHT
- **North Western Toronto OHT** ★
- North York Toronto Health Partners
- Scarborough OHT
- West Toronto OHT



# The North Western Toronto Ontario Health Team

The NWT OHT helps over 400,000 people in North Western Toronto through our partner organizations. Our attributed population is made up of people who interact with our network of providers. Our attributed population mostly resides in **North York, Etobicoke, and York Regions of Toronto.**



*FSAs where the highest concentration of our population resides.*

# The NWT OHT Partners

To deliver integrated and accessible care, the NWT OHT works with **partner organizations** that **either have agencies in our catchment area** or **serve residents from the area**. We have 39 partner agencies, across all sectors of the health care system.



# What is the OHT Secretariate Role?



- Runs the operations of the OHT and Primary Care Network
- Recruit patients, families, caregivers and community partners
- Help leads and prepare for meetings
- Provide project management and system planning advice, coordination and tools
- Apply for additional funding opportunities in alignment with strategic directions, where there is not existing support from committees to apply
- Ensure supporting documentation and approvals for projects
- Development of the collaborative Quality Improvement Plan based on committee workplans.

## 2.0 NWT OHT Priorities

# NWT OHT Approved Strategic Plan 2024-2027

## OUR VISION

Connected, empowered, and healthier communities in Northwestern Toronto.

## OUR MISSION

We will work together to create a more equitable and integrated healthcare system and advocate to meet the needs of our diverse community.

## OUR VALUES

Equity, Accountability, Collaboration, Respect, Transparency

## Strategic Directions



Advance **racial equity** by embedding an anti-racism and anti-oppression approach in systems, policies, practices, and services



Strengthen the delivery and **coordination of services** across the care continuum



Grow, connect, and strengthen **community partnerships** and engagement

# NWT OHT Approved Strategic Plan 2024-2027

Strategic Direction	Strategic Objectives
<p><b>1) Advance racial equity by embedding an anti-racism and anti-oppression approach in systems, policies, practices, and services</b></p>	Reduce health disparities and improve population health
	Collect and evaluate, share, and use data to build accountability
	Empower our community through inclusion and engagement
	Build capacity to improve health equity and decrease anti-Black and anti-Indigenous racism
<p><b>2) Strengthen the delivery and coordination of services across the care continuum</b></p>	Reduce barriers to care delivery and care coordination across the care continuum for target populations (COPD, CHF, Lower Limb Preservation, Seniors, Substance Use, Palliative Care, etc.)
	Integrate digital health tools to improve population health outcomes, enhance patient and provider experience, reduce the costs of care and advance health equity
<p><b>3) Grow, connect, and strengthen community partnerships and engagement</b></p>	Increase, enhance, and sustain OHT participation to strengthen service delivery and relationships

# Operational Committees

## MENTAL HEALTH, SUBSTANCE USE & WELLNESS

Expanding access to **integrated supports** for mental health and substance use recovery.



## INTENSIVE CARE & SUPPORT

Improving **self-management** and access to the supports clients need throughout the span of their **chronic conditions**, including into **end-of-life**.



## SENIOR FRIENDLY CARE

Promoting **aging in place** with coordinated, person-centred care.



## SUPPORTING NEWCOMERS

Addressing **unique health and access barriers** for immigrant and refugee communities



## LEADING PRACTICES

Driving continuous improvement through **supporting the adoption of evidence- and practice-based standards**



## CARE CLOSER TO HOME

**Breaking down barriers to access** by strengthening our capacity to deliver a full spectrum of services to the **communities that need it most.**



## **3.0 Overview of the North Western Toronto Primary Care Network**

# North Western Toronto Primary Care Network

The North Western Toronto Primary Care Network (NWT PCN) is a collaborative initiative designed to connect and support all primary care providers—such as physicians, nurse practitioners, and interprofessional clinicians—within the North Western Toronto Primary Care sector. The PCN aims to **strengthen care delivery** and **coordination** while ensuring the **primary care sector has a voice in healthcare planning and decision-making**.

**What is a PCN?** In 2024, Ontario Health announced their support of collaboration and engagement with primary care in Ontario through the formation of Primary Care Networks (PCNs). Every OHT will include primary care providers organized in a Primary Care Network (PCN) to be part of decision-making and to improve access to care for patients. For more information, visit:

- [Your Health - A Plan for Connected and Convenient Care](#)
- [Primary Care Networks in Ontario Health Teams: Guidance Document](#)



# Ontario Health: Vision and Objectives of PCNs

## Vision

PCNs will connect, integrate, and support primary care providers within OHTs to improve the delivery and coordination of care for patient.

## Objectives

Within the OHT, PCNs will have two core objectives:

- 1. To organize the local primary care sector in OHT planning and provide a voice in OHT decision-making;**
- 2. To serve as a vehicle to support OHTs in the implementation of local and provincial priorities.**

## Functions

- 1. The PCN connects primary care within the OHT.**
- 2. The PCN serves as a vehicle for providing the local primary care sector's voice in OHT decision-making.**
- 3. The PCN supports OHT clinical change management and population health management approaches.**
- 4. The PCN facilitates access to clinical and digital supports and improvements for primary care.**
- 5. The PCN supports local primary care Health Human Resource planning within the OHT.**

# Benefits of Joining the PCN

**FREE**  
Digital Tools  
Clinical Workflow  
Supports  
Project Management

To be eligible to  
receive IPCT funding,  
you must be a  
member of the NWT  
PCN.



Enhanced workflows through **technology enablers** (Free access to Ocean Online Appointment Booking package, eConsult, EMR optimization support through NWT OHT Digital Lead, Project Management support for digital tool implementation)



**Continuing Professional Education** (StreamCast + Med Ed, Free and accredited tools and supports: Evidence2Practice and Academic Detailing in Chronic Disease)



**Transitions-to-Practice** (Early Career Supports for first five years in practice in partnership with DFCM)



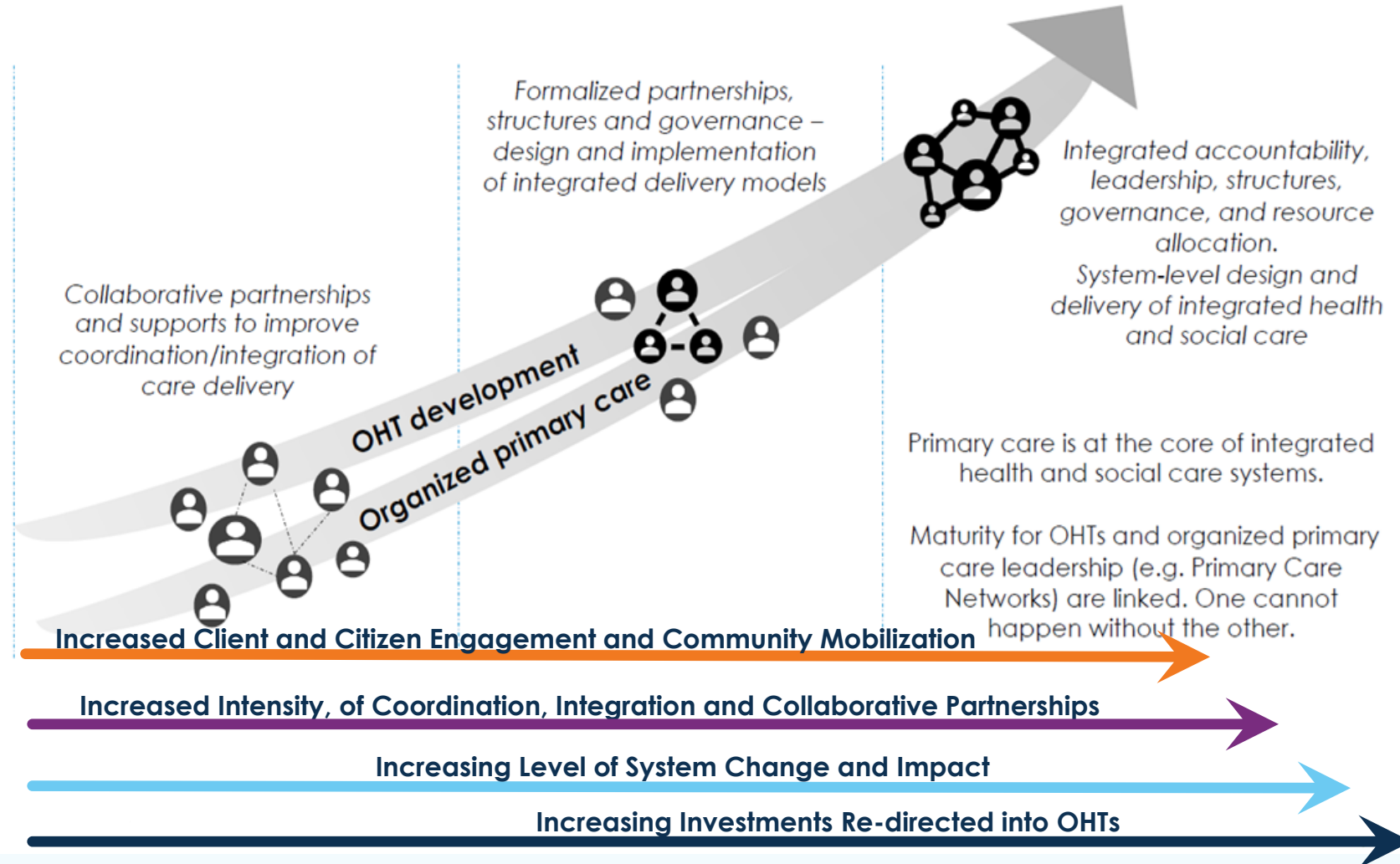
**Teaching, Research** and expanding your professional satisfaction (Education and Research Community of Practice in partnership with Humber River Health and DFCM)



**HHR Planning** for the NWT region to support retirement planning and **funding opportunities** including Project Management support for Interprofessional Primary Care Teams [IPCTs], Access and Attachment funding and more

# OHT and PCN Alignment

## Aligning OHT and primary care maturity to co-lead system change



# Meet the NWT PCN

## Co-Chairs

**Dr. Kunuk Rhee**



Chief of the Department of Family and Community Medicine and the Physician Site Lead of the Schulich FMTU.

**Dr. Ryan Banach**



Lead Physician, Norfinch FHO  
Lead, Family Medicine Early Career Supports,  
Office of Health System Partnership  
Department of Family and Community Medicine  
Temerty Faculty of Medicine, University of Toronto  
Tariff Committee Member, SGFP Section on  
General and Family Practice

## Steering Committee Members

**Dr. Allanah Li**  
Unison HCS

**Dr. Amita Mall**  
Rexdale CHC

**Dr. Art Kushner**  
Humber River FHO

**Dr. Clara Cheong**  
Rexdale CHC

**Daniel Ekpa, NP**  
Black Creek CHC

**Dr. Naomi Pliamm**  
Polyclinic FHG

**Dr. Neda Vujicic**  
Black Creek CHC

**Dr. Patrick Safieh**  
Finch Westin FHO

**Dr. Priya Sood**  
Humber River FHO

**Dr. Sandhya Singh**  
Northwest FHG

**Dr. Susana Huang**  
North Downsview  
FHO

**Zarna Patel, NP**  
Emery Keelesdale  
NPLC

# Interested in Joining the NWT PCN?

Complete the membership form if you're interested in joining the NWT OHT PCN. Visit

[https://forms.office.com/Pages/ResponsePage.aspx?id=klhoOPcUFUGORHokYjsEZF3uEW\\_GcO5OtEoxeC7pHnRUNDg5SIRPUE5ZV1VTTEZENIVMU0U4QVVOMy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=klhoOPcUFUGORHokYjsEZF3uEW_GcO5OtEoxeC7pHnRUNDg5SIRPUE5ZV1VTTEZENIVMU0U4QVVOMy4u).

Questions? Contact Victoria, NWT PCN System Planner, at [victoria.warwick@amplifycare.com](mailto:victoria.warwick@amplifycare.com).

## **4.0 Understanding the NWT OHT Community**



The Community We Serve  
**North Western  
Toronto**

**Our Population**

- Includes residents of the North York West sub-region as well as people served by our NWT OHT partner organizations
- The attributed population (400,489 people) - naturally occurring “networks” between patients, physicians and hospitals

**23%**  
Seniors  
Living Alone

**52%** <sup>1st\*</sup>  
Adults Without  
Certificate/  
Diploma/Degree  
(25-64yrs.)

**16%** <sup>1st\*</sup>  
Unemployed  
Population  
(>15 yrs.)

**60%** <sup>2nd\*</sup>  
Racialized  
Populations

**40%** <sup>1st\*</sup>  
Labour Force  
Non-Participation  
Rate(>15 yrs.)

**24%**  
Lone-Parent  
Families

**54%**  
Immigrants  
**7.5%** recent  
immigrants

**8%**  
Low Income

\* When comparing North Western Toronto OHT to the 7 other Toronto OHTs



# Understanding Our Community

Table 2: Summary of Population Growth (2016-2021 Census) and 10-15 Year Population Estimates

Neighbourhood Name	% growth Change (2016 vs 2021)	2021 (Base Year)	10-15 Year Population Estimates (Medium Scenario)	Estimated % change from 2021 Baseline
Downsview	17.40%	18,055	100,750	458%
Yorkdale-Glen Park	15.20%	17,055	35,170	106%
York University Heights	3.50%	28,560	44,200	55%
Beechborough-Greenbrook	3.70%	6,435	8,925	39%
Humbermede	9.10%	16,955	22,660	34%
Weston	5.10%	18,905	24,690	31%
Briar Hill-Belgravia	2.30%	14,580	18,930	30%
Humber Summit	-1.90%	12,195	15,110	24%
Humber Heights-Westmount	-22.00%	10,425	12,935	24%
Black Creek	-2.00%	21,300	24,845	17%
Oakdale-Beverley Heights	8.70%	21,395	24,365	14%
Glenfield-Jane Heights	-1.00%	30,200	32,615	8%
Maple Leaf	-1.00%	10,035	10,660	6%
Brookhaven-Amesbury	-1.20%	17,530	18,385	5%
Rustic	-4.10%	9,545	9,905	4%
Pelmo Park-Humberlea	6.20%	11,390	11,450	0%
<b>City of Toronto</b>	<b>2.30%</b>	<b>2,794,355</b>	<b>3,884,840</b>	<b>39%</b>

■ High Values  
■ Low values  
■ Mid values

Source: Ontario Community Health Profiles Partnership, extracted 2023; 2021 Census of Canada; City Planning Division, City of Toronto; Toronto Neighbourhood Estimates 2022

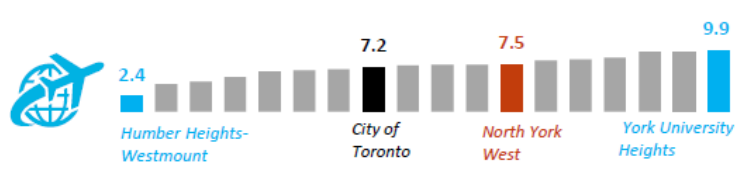
# Understanding Our Community

## Social Determinants of Health

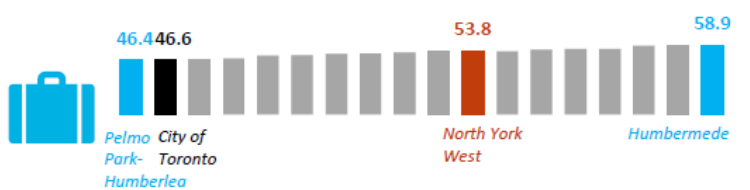
% Lone Parent Families (2021)



% Recent Immigrants (2021)



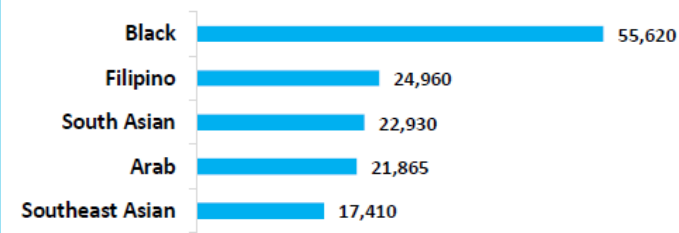
% Immigrants (2021)



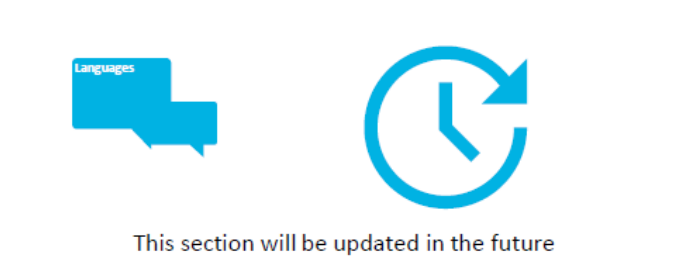
% No Knowledge of English or French (2021)



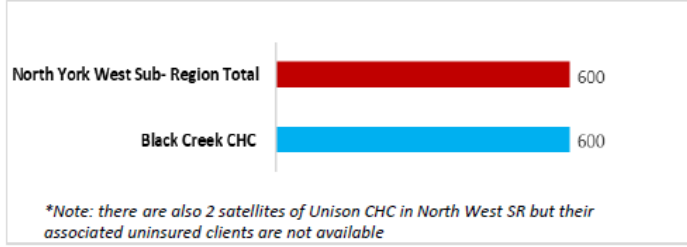
Top 5 Visible Minority Populations in North York west Sub-Region



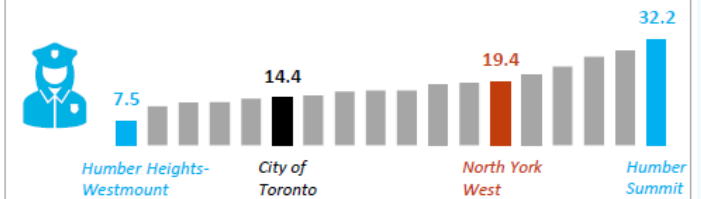
Top 5 Languages Spoken at Home in North York West Sub-Region



Number of Non-Insured Registered Clients in North York West Sub-Region CHCs (FY 2023/24)



Major Crimes - Annual Incidence Rate Per 1,000 population (2022)

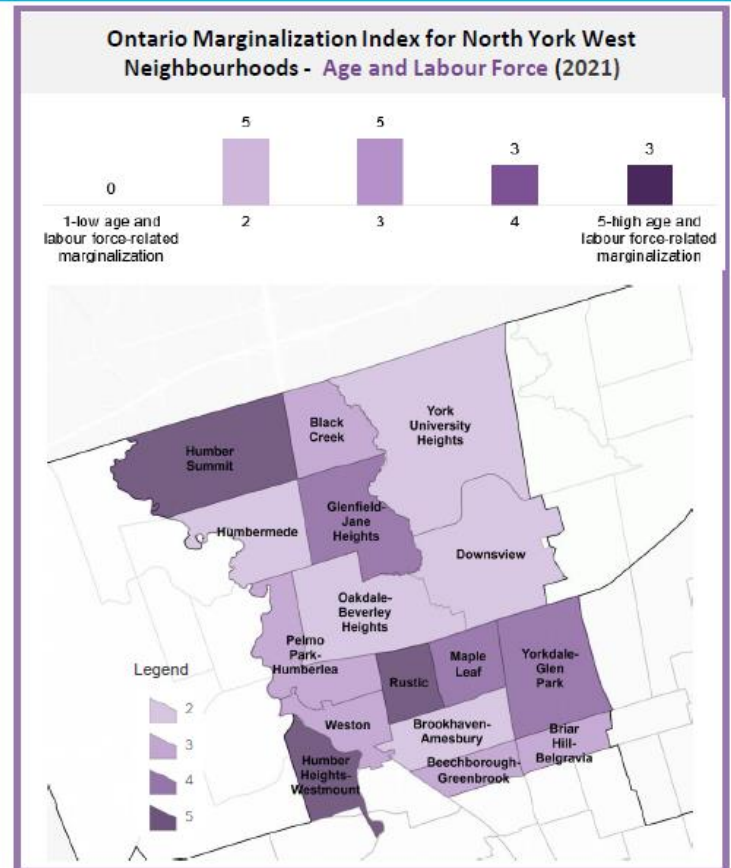
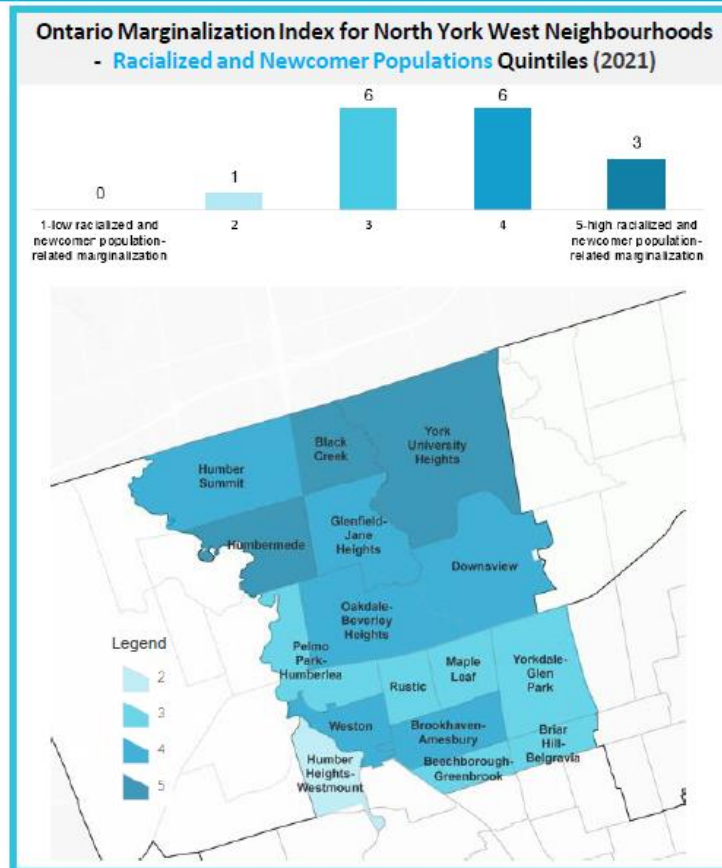
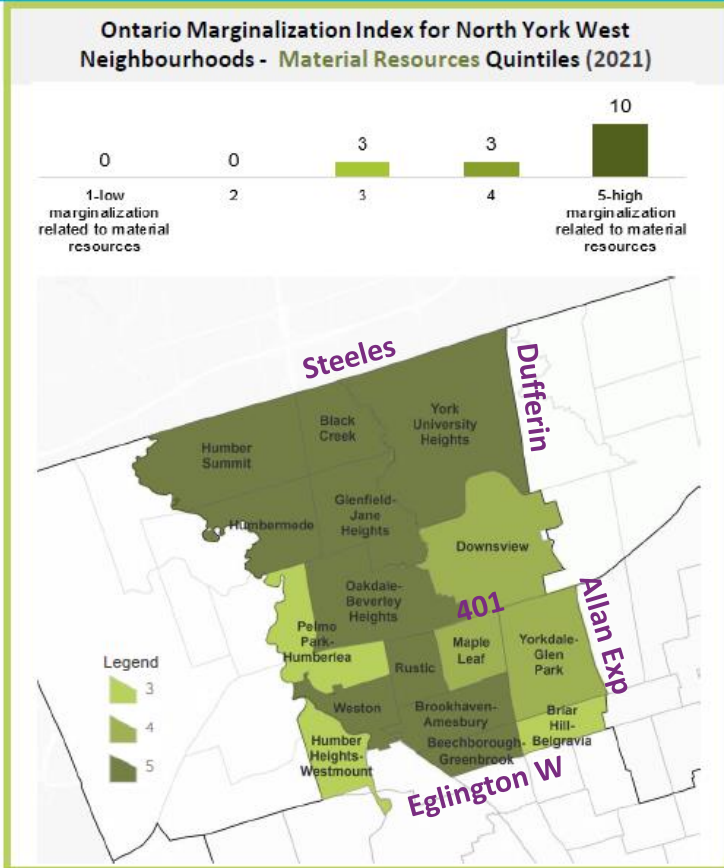


### Insights

- High socio-economic diversity among neighbourhoods
- 65% North York West residents identify as a **visible minority**, ranging from 32% in Humber Heights-Westmount to 84% in Black Creek. **Blacks** are the largest visible minority groups (32%). Depending on the neighbourhood between 47% to 59% are immigrants.
- **Major crime rate** for North York West was 35% higher than the city's crime rate at 19.4 per 1,000 population, ranging from a low of 7.5 in Humber Heights-Westmount to 32.2 per 1,000 in Humber Summit.
- In order to meet the needs of this population, health services should account for factors such as the relatively **higher prevalence of visible minorities and immigrants**, including recent immigrants in many neighbourhoods

# Understanding Our Community

## Social Determinants of Health

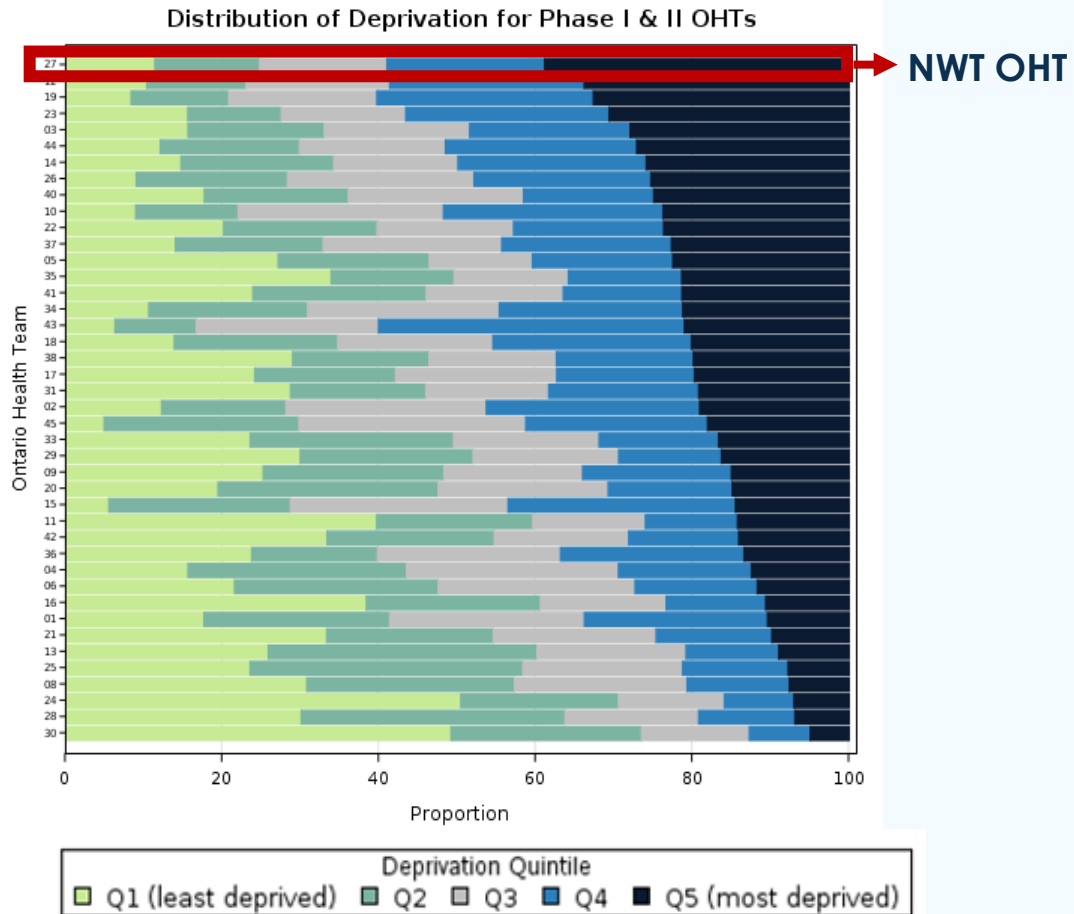


### Insights

- **10 out of the 16** neighbourhoods are among the **highest quintile for area level poverty**, while 3 are among the 2nd highest. No neighbourhoods are found among the more affluent communities (quintiles 1 and 2 of Material Resources). There is a **high concentration of racialized and newcomer populations** in more than half of the neighbourhoods and a **relatively smaller number of neighbourhoods with high concentrations of dependent populations**.

# Attributed Population Health Data

## PROPORTION OF OHT POPULATION ACCORDING TO NEIGHBOURHOOD MATERIAL DEPRIVATION



## Our Community

Although our community has many strengths there are challenges which include but is not limited to:



There is a low number of physicians surrounded by high primary care need (Source: IC/ES, 2018).



Greater prevalence of chronic conditions compared to Ontario (Source: Toronto Community Health Profiles Partnership, 2019).



Our community ranks in the lowest level of mental health providers in comparison to a very high level of mental health disorders (Source: Toronto Community Health Profiles Partnership, 2019).



Our community experiences housing instability and challenges with attaining basic needs (59%) (Source: Ontario Marginalization Index).



# NORTH WESTERN TORONTO

Ontario Health Team

## Thank You

 [nwttoht.ca](https://nwttoht.ca)

 [@NWTorontoOHT](https://twitter.com/NWTorontoOHT)

 [@North Western Toronto  
Ontario Health Team](https://www.linkedin.com/company/nwttoht)

 [@nwttoht](https://www.instagram.com/nwttoht)