

Pain in Pregnancy

ECHO is an interactive online medical education program, connecting health-care providers with an interprofessional specialist team to advance learning and enhance clinical skills.

What you need to know

Cost: Free

Setting: Virtual – participate from anywhere through Zoom

When: On Thursdays from 12 to 1 p.m. EST between September 21 to November 9, 2023

Format: Sessions involve short didactic teaching and case discussions with an interprofessional

specialist team to help you problem solve tough cases. There will be an opportunity to

present patient cases for support and expert opinion.

Come join the ECHO community to learn about pain management during pregnancy together!

Sessions at a glance

Preconception counseling for those with chronic pain September 21 September 28 Pharmacotherapy during pregnancy and breastfeeding Cannabis use during pregnancy October 5 October 12 Opioid therapy during pregnancy/breastfeeding October 19 Non-pharmacological pain management October 26 Headache management during pregnancy November 2 Musculoskeletal issues during pregnancy November 9 Labour and delivery/postpartum pain management considerations

Scan the QR code or visit: mountsinai.on.ca/projectecho











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