

Sunnybrook Health Sciences Centre Family Medicine Residency









Who are we?

- One of the first ever academic family medicine sites at UofT
- Geographically concentrated in/near Sunnybrook Health Sciences Center (SHSC) for R1 year and centered in Sunnybrook's Department of Family and Community Medicine (SB DFCM) throughout 2 years
- Sunnybrook Academic Family Health Team (SAFHT) located at SHSC is the core Family Practice Site (FHO, rostered system) but opportunities to work with community preceptors in their offices are also available
- Busy tertiary hospital with ER (65,000 visits/year), trauma, burn unit, GIM, mental health etc but it is also home to several thriving family medicine programs (Veteran's Center, Long Term Care Unit, Palliative Care Division, St. John's Rehab, Hospitalist Division)



Who are we?

- Medium to large sized residency site: 26 residents total 13-14 per year (CMG, IMG, IP3 and Visa trainees)
- 15 Family staff physicians at SAFHT = one-to-one preceptor match
- Preceptors have varied interests: research, policy, education scholarship, QI, obstetrics and women's health, care of the elderly, sleep medicine, hospitalist work, etc.
- Close connections to other divisions whose work is centered at SHSC allowing easy and priority access to (s)electives e.g. K3E
- Close connections to community programs and initiatives (local Community Health Center Addiction program, CHC prenatal and pap clinic, outreach programs at low income housing buildings, adolescent outreach)
- We value providing support to patients of the SAFHT and our community to achieve their best health and work toward equitable access while respecting diversity and being inclusive to all patients



Where are we?



- Close to Bayview & Lawrence Avenue intersection
- TTC buses from Davisville, Eglinton and Lawrence stations



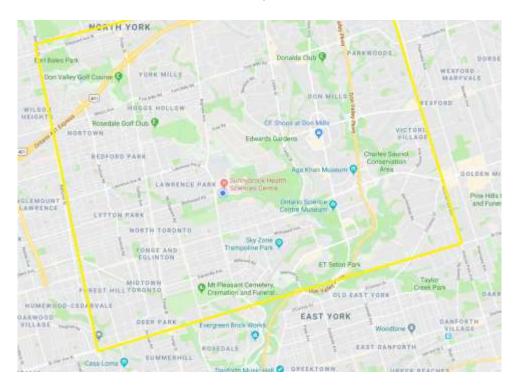
Where am I going to live?

- About a third of our residents live in Yonge & Eglinton area (ever expanding, thriving area with new condo and apartment builds allowing for local housing)
- Another third live downtown (there is a shuttle service between Sunnybrook and Holland Orthopedic and Arthritic Hospital (drop off very near downtown hospitals)
- The remaining third live north of Sunnybrook and even north of the 401



Who do we serve?

Sunnybrook Academic Family Health Team (SAFHT) serves
the communities in North-Central Toronto area and we belong
to the North Toronto OHT (catchment is bordered by St. Clair,
Bathurst, Finch, Victoria Park) – several vulnerable areas





Who do we serve?

- SAFHT treats patients across the lifespan and is known for resident experiences in low-risk obstetrical care, care for young families and complex care of the elderly
- We have onsite dietician, social worker, patient care navigator, diabetes education, pharmacists and nurse practitioner who provide additional services to vulnerable patients at important times in their health journey







What's the residency program like?

- Block program, with weekly clinical half-days in FM
- All residents are at the Family Medicine Teaching Unit (SAFHT)
- Family Medicine blocks and half-days on one of four close-knit clinical teams: Corridor, North and South and East





What's the residency program like?

- PGY1 rotations include Palliative, Medicine, OB-GYN and Psychiatry on-site as well as ER at North York General and Sick Kids Hospital
- PGY2 rotations are mostly self-directed (you choose where you want to do electives and selectives)
- Electives/selectives back-loaded (two in PGY1, eight in PGY2)

| PGY1 Residents | July 1 - July 27 | Black #2 July 28 - dug 24 | Block #3 dug 75+ Sept 21 | Block #4 Sept 22- Oct 19 | Block #5 Oct 20+ Nor 16 | Noe 17 - Dec 14 | Dec 15- lan 11 | Black #8 Jan 12 - Feb 8 | Block #9 Feb 9 - March # | March 9+ | Hock #11 April 6 - May 3 | May 4 - May 51 | Mock #13 June 1 - June 20 |
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What are our site's highlights?

Special clinical opportunities while on Family Block:

- Procedure clinic
- Shared Care with Psychiatry
- RAAM (Rapid Access Addictions Management) clinic
- Homebound Seniors house call program
- R2 opportunity to work second half day back in the community or doing a horizontal year
- Consistent exposure to family medicine based prenatal, labour, delivery and postpartum care via on call during block Family Medicine
- Embedded in family health team with IHPs



What are our site's highlights?

- Open Door policy in the Education Office
- Peer Support on site & confidential
- EDISAN (Equity, Diversity, Inclusion, Social Accountability) team
- Wellness team
- Flexibility of elective experiences
- Resident lounge that is a hub for rest, socialization, information and idea sharing
- Small team of highly dedicated teachers



Wellness at Sunnybrook

- Annual retreat
- Protected admin time during block FM rotation
- Resident Wellness and Social Rep
- Mix of Virtual/In-person Academic half days
- Annual Wellness Award
- Wellness Stipend





Who Can I Contact?

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