



Family & Community Medicine
UNIVERSITY OF TORONTO

UPLEARN
University of Toronto Practice- and Community-
Based Learning And Research Network

UPLEARN UPDATE

In this issue: Highlights – How to Get Involved

As we kick off a new year, we extend a warm seasonal greeting to our community and celebrate an exciting milestone: one full year of our newsletter's circulation. Thank you for your continued engagement and support.

HIGHLIGHTS

- **Launch of the Ideas to Proposal (I2P) 2026 Course**

On January 19, 2026, we proudly launched the Ideas to Proposal (I2P) course, a dynamic hybrid learning program designed to empower early-stage researchers with the skills and tools to transform a primary care research concept into a distinct research question and develop it into a competitive proposal.

This year, we were excited to welcome a new cohort of thirteen learners, bringing with them a remarkable breadth of research interests and experiences across our community. The on-site launch of Module One set an energizing tone for the program, featuring inspiring reflections from last year's award recipients and insightful talks by Drs. Peter Selby, Shelley McLeod, and Andrew Pinto. Their sessions offered practical guidance on proposal components, research question development and refinement, building effective research teams, and an introduction to UPLEARN, our own Practice- and Community-based Learning and Research Network. Learners engaged enthusiastically in discussions and expressed strong appreciation for the program's rich opportunities for collaboration, networking, and mentorship.

The upcoming modules will be delivered online, with a sequenced release of recorded lectures covering key topics, complemented by virtual office hours to facilitate continued interaction with speakers and peers. The course will conclude in March, when two outstanding proposals will receive monetary awards generously supported by the Waddington Family Funds.

HOW TO GET INVOLVED

- Have a project or proposal you would like to submit for UPLEARN support and partnership? Please use our [UPLEARN intake form](#) to get started.
- Questions about UPLEARN or how to get involved? Please get in touch with Jamie Wang, Research Project Coordinator at jamie.wang@utoronto.ca.

UPLEARN Team

University of Toronto Practice- and Community-based Learning And Research Network
Department of Family & Community Medicine
Temerty Faculty of Medicine, University of Toronto

500 University Avenue, 3F
Toronto, ON M5G 1V7

<https://dfcm.utoronto.ca/uplearn>



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